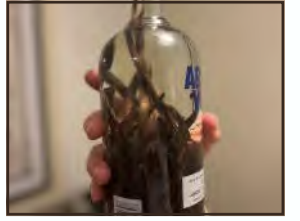




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MONEY

Federal funds go to projects across state

DPNews@DominionPost.com

U.S. Sen. Shelley Moore Capito (R-W.Va.), a member of the Senate Appropriations Committee, announced resources from several federal agencies for projects that will bolster health services, economic development, infrastructure, academic and defense research, park improvement efforts and energy projects across West Virginia.

Grants came from the U.S. Department of Health and

Human Services, the Federal Highway Administration, the Appalachian Regional Commission, among other agencies.

"From cancer detection to primary care, I was excited to secure resources from HHS that will bolster the health care infrastructure in West Virginia," Capito said. "Through my position as the top Republican on the Labor-HHS Appropriations Subcommittee, I am able to advocate for our state's needs and bring funding to support projects that will help West

Virginians access the medical care they need."

Funding is also coming from the U.S. Department of Energy for research that will help support the development of the domestic hydrogen industry at West Virginia University through the Infrastructure Investment and Jobs Act (IIJA) and other energy innovation resources.

"As a lead negotiator of the IIJA, I knew that WVU would play a critical role in the energy innovation of the future and I am

excited to see them taking on this challenge in hydrogen production," Capito said. "These projects will support advancements in energy and I look forward to seeing the results from researchers at WVU and other research leaders in Morgantown."

Funding for the area

■ \$400,000 in HHS National Cancer Institute Small Business

SEE FUNDS, A-2

This week in West Virginia history



Submitted photo

Baseball great Lewis Robert "Hack" Wilson.

Significant events that took place in the Mountain State

WV Humanities council

CHARLESTON — The following events happened on these dates in West Virginia history. To read more, go to e-WV: The West Virginia Encyclopedia at wvencyclopedia.org.

■ April 21, 1908: Traditional musician Phoebe Cottrell Parsons was born in Calhoun County. Parsons's traditional clawhammer banjo style, unaccompanied ballad singing, riddles and storytelling influenced

countless numbers of younger musicians.

■ April 21, 1936: President Franklin Roosevelt established the Jefferson National Forest. The West Virginia portion of this forest includes nearly 20,000 acres in Monroe County.

■ April 22, 1908: Marshall "Little Sleepy" Glenn was born in Elkins. Glenn coached basketball at West Virginia University from 1934-38 and football from 1937-40. He was inducted into the WVU Sports Hall of Fame in 1992.

■ April 22, 2003: Activist Judy Bonds, a Raleigh County native, received the Goldman Environmental Prize for her fight against mountaintop removal

mining. Her efforts inspired thousands and turned a local issue in West Virginia into a national cause.

■ April 23, 1857: Andrew S. Rowan was born in Gap Mills, Monroe County. Rowan, a military officer, was chosen as the messenger when President William McKinley wanted to send a message to Cuban Gen. Calixto Garcia during the Spanish-American War. The 1899 pamphlet A Message to Garcia made the incident famous.

■ April 24, 1865: McNeill's Rangers surrendered to Union troops at New Creek (now Keyser). The Confederate guerrilla force probably never numbered more than 100 men at any

time but managed to inflict regular damage on Union operations.

■ April 25, 1863: About 1,500 Confederate soldiers under Gen. William "Grumble" Jones advanced through Greenland Gap, a deep pass through New Creek Mountain in present Grant County. The Confederates encountered 87 Union soldiers who held off several assaults before finally surrendering.

■ April 25, 1923: Union leader Arnold Ray Miller was born at Leewood on Cabin Creek in Kanawha County. In December 1972 he defeated Tony Boyle to become president of the United Mine Workers.

SEE HISTORY, A-2

EDUCATION

Undergraduates to design robots for Appalachia's challenges

At WVU summer research program

WVU Today

Starting this summer, undergraduate students will perform hands-on, cutting-edge robotics research that solves real-world problems in Appalachia while working in the five robotics labs at West Virginia University.

The WVU Research Experience for Undergraduates program is funded by a \$454,000 grant from the National Science Foundation and is accepting applications from undergraduates in the U.S. through May 10.

Participants in the 10-week program, which starts May 20, will perform experimental research that responds to several challenges of using mobile robotics for field applications within rural environments like Appalachia's dense forests and harsh terrains.

Mentored by faculty members from the robotics program within the WVU Benjamin M. Statler College of Engineering and Mineral Resources, the undergraduates will conduct independent research in areas such as drone navigation in forests, using autonomous blimps to monitor a farm or helping robots make decisions when driving on forest trails.

"This project aims to open opportunities for participants, largely from the Appalachian region, to use robotics as a tool to enable change," said Jason Gross, principal investigator, REU site director, and associate professor and chair of the Department of Mechanical, Materials and Aerospace Engineering.

"As an NSF Research Experience for Undergraduates site, we'll be investigating practical questions that must be addressed to enable the use of robotics in rural settings like much of Appalachia. We are excited that the project focuses on robotics application domains that are relevant to the state and region and that we have this opportunity to explore how robotics can better contribute to the WVU land-grant mission."

Students from institutions in Appalachia are especially encouraged to apply.

SEE DESIGN, A-2



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EVENT

Pierpont applied design students attend decorating weekend

DPNews@DominionPost.com

Students in Pierpont Community and Technical College's applied design program recently traveled to The Greenbrier Resort to attend the 8th Annual Dorothy Draper Decorating Weekend.

The event celebrates the life and legacy of late American designer Dorothy Draper. Draper is responsible for the iconic décor that fills West Virginia's Greenbrier Resort, as well as the Carlyle Hotel and Hampshire House in New York City and the Camellia House Restaurant at the Drake Hotel in Chicago, among many others around the United States and beyond.

The experience offered attendees, like Pierpont applied design student

Olivia Mckisic, an opportunity to create connections and build on design knowledge through workshops, historical tours and presentations.

"This was my first time attending the Dorothy Draper Decorating Weekend and staying at The Greenbrier Resort," said Mckisic. "I was able to converse and network with amazing designers who work there, as well as other people just as passionate about design as I am. It was a wonderful experience and pushed me outside of my comfort zone."

Mckisic recommends the event to anyone interested in the history of Draper's elegant, distinct designs.

"This experience taught me more about design, such as how to be bold with pat-

terns, make spaces cohesive but not matching, and what makes something a good design. I would tell anyone considering attending the event to do so — you will not regret it," she said.

Dorothy Draper & Company Inc. was founded in 1925 by Draper and is America's oldest continually operating interior design firm. Draper led the company from the 1920s through the 1960s before renowned American designer Carleton Varney took the helm in the 1970s. Varney, affectionately known to many as "Mr. Color," upheld Draper's timeless legacy until his passing in 2022. His son Sebastian now leads the iconic brand and was in attendance during the event to speak with

the group. "Sebastian Varney, accompanied by Dorothy Draper & Company Design Director Rudy Saunders and the Head of Design for Greenbrier Interiors Merriweather Franklin, welcomed our students warmly and invited them into extensive conversation," said Applied Design Program Coordinator Rachel Beach.

Beach has attended the event several times and emphasized the benefit to students.

"The students have the opportunity to see the style of Dorothy Draper and Hollywood Regency, meet other designers and decorators, listen to industry speakers, network with other clientele, and experience a resort stay that adds to their understanding of hospitality design."

Pierpont's team joined over 120 individuals from across the country in celebrating Draper's influential contributions to the interior design world.

WORLD

Israeli strikes on Gaza city of Rafah kill 22, mostly children, as U.S. advances aid package

Associated Press

RAFAH, Gaza Strip — Israeli strikes on the southern Gaza city of Rafah overnight killed 22 people, including 18 children, health officials said Sunday, as the United States was on track to approve billions of dollars of additional military aid to Israel, its close ally.

Israel has carried out near-daily air raids on Rafah, where more than half of Gaza's population of 2.3 million has sought refuge from fighting elsewhere. It has also vowed to expand its ground offensive against the Hamas militant group to the city on the border with Egypt despite calls for restraint, including

from the U.S.

"In the coming days, we will increase the political and military pressure on Hamas because this is the only way to bring back our hostages and achieve victory. We will land more and painful blows on Hamas — soon," Prime Minister Benjamin Netanyahu said in a statement. He didn't give details.

The first Israeli strike in Rafah killed a man, his wife and their 3-year-old child, according to the nearby Kuwaiti Hospital, which received the bodies. The woman was pregnant and the doctors saved the baby, the hospital said. The second strike killed 17 children and two women from an extended family.

MEDICINE

WVU researchers unite in search of new drug to treat lung cancer

WVU Today

Science is a team sport, and a group of West Virginia University researchers with differing expertise and approaches are joining forces to seek a drug for non-small cell lung cancer (NSCLC).

The group, assembled by Lori Hazlehurst, associate director of basic research at the WVU Cancer Institute, has been awarded a one-year, \$840,091 Team Science Supplement to an existing IDeA Networks of Biomedical Research Excellence (INBRE) grant. The supplement and the INBRE are funded by the National Institute of General Medical Sciences.

NSCLC comprises 85% of

lung cancers. It often develops slowly and causes few or no symptoms until it has advanced. Because of this, only an approximate 25% of NSCLC cases are discovered at stages 1 or 2.

"We've got a diverse set of expertise that's going to come together to try to solve one problem — how to develop inhibitors and place them clinically for targeting Erol-," Dr. Hazlehurst, co-leader of the Alexander B. Osborn Hematopoietic Malignancy and Transplantation at the WVU Cancer Institute and professor of pharmaceutical sciences at the WVU School of Pharmacy, said.

Hazlehurst found that high expression of an enzyme called Erol- is a poor

prognostic indicator of survival in lung cancer. Enzymes act as catalysts, increasing the rate of chemical reactions within cells. She hypothesizes that decreasing the activity of Erol- will make a tumor more susceptible to immunotherapy and that, as such, Erol- is a promising target for new drug development.

But first, the target needs to be validated. That's a crucial step in the drug discovery process, and it ensures that the substance being evaluated is directly involved in a disease mechanism, and that modulating it is likely to have some therapeutic effect.

Robust target validation is accomplished in differ-

ent ways — genetically, pharmacologically, pathologically — and to this end, Hazlehurst has assembled the following team of experts:

- Medicinal chemist Werner Geldenhuys
- Thoracic oncologist Dr. Mohammed Almubarak
- Surgical oncologist Dr. Brian Boone
- Pathologist Dr. Matthew Smoklin
- Biostatistician Sinjin Wen

The team is taking a three-pronged approach to validating Erol-'s role in lung cancer. The first aim is to genetically validate the target. Hazlehurst, a cancer pharmacologist, will use

genetic editing to knock out Erol- in tumor cells in mice, and then test whether the tumors are more susceptible to immunotherapy.

"That gives you a real cause and effect," Hazlehurst said, "but genetically knocking it out is probably not a tractable clinical strategy. So, the second aim is to see if we can pharmacologically validate the target."

Geldenhuys will use structure-based drug design methods to develop specific, potent chemical inhibitors of Erol-. Hazlehurst will then test the most promising inhibitor in the tumor cells of the mice.

Hazlehurst's findings suggest that high Erol- levels in a tumor may predict a poor response to immunotherapy, but "looking at cell lines doesn't always replicate

what you find in patients," she said.

For the third aim, Almubarak, Boone, Smolkin and Wen will use tumor tissues from primary lung cancer patients living in West Virginia to test the extent to which levels of Erol- in a tumor predict response to immunotherapy. The hope is that it may be a useful tool to help determine lines of treatment.

"We are trying to put the pieces together for a roadmap to develop inhibitors," Hazlehurst said, noting that the diversity of expertise in the team will allow for a wide range of training possibilities for INBRE-eligible students, and that data from the project will position the team for grants that can further support their collaboration.

HISTORY

FROM PAGE A-1

■ April 26, 1816: Gen. Alexander Welch Reynolds was born in Lewisburg. He served in both the U.S. and Confederate armies. After the war, Reynolds accepted a commission as a colonel in the forces of the khedive of Egypt, which ruled Egypt under the Ottoman Empire.

■ April 26, 1900: Baseball great Lewis Robert "Hack" Wilson, whose 1930 single season run-batted-in record stands

today, was born in Pennsylvania. He started his pro career with the Martinsburg Blue Sox. He returned to Martinsburg after his retirement and is buried at Rosedale Cemetery.

■ April 27, 1978: An accident at the Willow Island Power Station on the Ohio River killed 51 men. The scaffolding that had been erected for use in the construction of a new cooling tower collapsed, sending the workers plunging to the ground.

DESIGN

FROM PAGE A-1

Application reviews will start immediately and positions will be filled on a rolling basis.

According to Gross, participants will study how a drone can fly through vegetation, how to track GPS under a forest canopy and how robotics can adapt swarming behaviors from models found in nature, among other topics critical to building robots that can function in remote, mountainous regions.

For example, Gross explained, "Flying drones is complicated under forest canopies because the availability and quality of the Global Navigation Satellite System are hindered by the signal attenuation of dense forests. On the other hand, this presents an interesting

problem, because GNSS is not completely unavailable for use — it can be made available when going above tree cover. Since the nature of tree cover is that some light shines through, students who work on this problem will explore solutions like pairing a fisheye camera with GNSS signals to predict signal quality."

Guilherme Pereira, associate professor in the Department of Mechanical, Materials and Aerospace Engineering, is co-principal investigator and associate director of the REU site. Pereira pointed to the fact that although important management and preservation activities in Appalachian forests rely on surveying large areas to detect invasive species, fires and tree diseases, current surveying approaches are limited.

"Surveying of our forests

is limited in scale by human resources," Pereira said. "It's limited by safety when it's done with manned airplanes and it's limited by accuracy when we rely on satellite imagery. To overcome these limitations, the use of drones flying under the canopy of the forests has been suggested — but flying in a forest is challenging both due to the large number of unmapped obstacles that need to be avoided and the presence of small flexible obstacles like leaves and twigs that can trap the drone."

"Our student researchers will solve this problem by developing a resilient, intelligent drone that can collide with obstacles to classify them. Once the objects are classified, the drone can deal with them by avoiding or pushing them away."

All students receive a

\$700 weekly stipend in addition to coverage of their lodging, meals, travel and training. The program will host 10 students a year over the summers of 2024, 2025 and 2026.

Applicants will have the opportunity to specify their research interests and to be assigned to work with mentors.

"The undergraduates who join us this summer will conduct independent research on problems with significant societal impact," Gross said. "They'll participate in panel discussions, weekly research presentations, a research symposium, and many other activities — but most of all they will advance the state of the art of mobile robotics."

The program application can be found at <https://etap.nsf.gov/award/7033/opportunity/9512>

CLARIFY

The Dominion Post strives to publish accurate information. If a factual error does occur, notify: Editor Pam Queen by calling 304-291-9425 or e-mail editor@dominionpost.com

CONTACT

Newsroom: 304-291-9425
Classified: 304-291-9420
 8:30 a.m.-5 p.m. weekdays
Circulation: 304-292-6301
 7 a.m.-3:30 p.m. weekdays

USPS 159680

VOL. 60 NO. 278

The Dominion Post is published daily and Sunday by the West Virginia Newspaper Publishing Co., Greer Building, Morgantown, WV 26505. Periodicals postage paid at Morgantown, WV. Single Copy \$2 daily and \$3 on Sunday. Home Delivery \$4.80 per week.

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FUNDS

FROM PAGE A-1

Innovation Research Grant funding to Sostos LLC, in Morgantown, for cancer detection and diagnosis research.

■ \$228,000 in National Institute of Environmental Health Sciences funding to WVU for validation of a military burn pit surrogate generator and aerosol exposure system.

■ \$54,711 in National Institute of General Medical Sciences funding to

WVU for Pharmacology, Physiology and Biological Chemistry Research.

■ \$9,300,000 in IJJA funding for WVU for developing a microwave-assisted heating process for continuous sintering of solid oxide electrolyzer cells, with the goal to decrease processing time and save energy compared to conventional sintering technologies.

■ \$4,500,000 in IJJA for WVU for increasing the technology readiness level of proton-conducting solid oxide electrolyzer systems

by simultaneously addressing the major fundamental barriers to higher-performance cells while increasing cell size and manufacturing scalability.

■ \$6,700,000 in IJJA for WVU in partnership with the University of Maryland for developing a continuous manufacturing process for solid oxide electrolyzer cells.

■ \$150,000 in DOE funding for U.S. Research Impact Alliance Corp., in Morgantown, to develop an entrepreneur in residence program to support inventors.

■ \$144,000 DOT FAA AIG Grant funding for Fairmont Muncipal-Frankman Field Airpor.
 ■ \$574,732 NSF grant to

WVU to support a project titled, "CAS: Functionalization of Earth-Abundant, Molecular Group 4 Photosensitizers for Photochemical Applications."

■ \$299,999 NSF grant to WVU to support a project titled, "EAGER: Private Blockchain-Enabled Federated Learning Framework for Distributed Manufacturing Networks."

■ \$50,000 NSF grant to WVU to support a project titled, "I-Corps: Translation Potential of a Medical Device for Early Detection of Sleep Apnea."

■ Up to \$600,000 in DOD DEPSCoR funding to WVU to pursue science and engineering research relevant to DOD.

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RECOGNITION

2023 Professor of the Year announced

DPNews@DominionPost.com

The Faculty Merit Foundation announced that Professor Erin Goodykoontz, of West Virginia University, is the winner of the foundation's 2023 Professor of the Year award.

The foundation presented the award April 10, during a banquet in the Great Hall of the Culture Center in Charleston. Four Professor of the Year finalists also were recognized: James J. Broomall, associate professor of history at Shepherd University; Leighann Justice Davidson, associate professor of criminal justice at West Virginia State University; Donna J. Long, professor of humanities at Fairmont State University; and Zelideth Marie

Rivas, professor of modern languages at Marshall University.

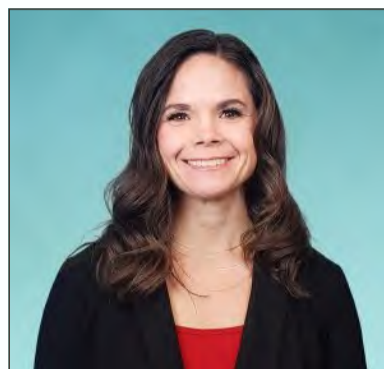
Goodykoontz is a teaching professor at WVU's School of Mathematical and Data Sciences. In 2001, she earned bachelor's degrees in mathematics and computer science from Wheeling Jesuit University.

Goodykoontz received her master's degree in mathematics as well as her doctoral degree of education from WVU in 2003 and 2008, respectively.

She began her career at WVU as a teaching assistant professor and teaching associate professor. In her first two roles, she taught Introduction to Math Concepts and Applied Calculus and was the coordinator for both courses,

responsible for researching, altering and updating the curriculum. As teaching professor, Goodykoontz serves as lead instructor for the Applied Calculus course and maintains her position as course coordinator for Introduction to Math Concepts.

Goodykoontz is an active participant in institutional committees at WVU. She is the faculty associate for the STEM Learning Community, which she was tasked to create and organize, and has been awarded the distinction to maintain this role for the last four academic years. She also serves on the university's Calculus Advisory Committee; Communication Committee; Assessment Committee; and Work-Life



Submitted photo

Professor Erin Goodykoontz

Balance Committee.

In 2020, Goodykoontz was elected a representative of WVU's Faculty Senate.

Goodykoontz has been pub-

lished in a variety of conference proceedings and education-based publications.

She has been awarded numerous grants over the years to promote and encourage the pursuit of mathematics.

In addition to the 2023 Professor of the Year honor, Goodykoontz has been presented with the WVU Foundation's Outstanding Teacher of the Year award (2023) and the WVU Eberly College Outstanding Teacher award (2022).

The Faculty Merit Foundation was created in 1984 to provide a means to recognize and reward innovation and creativity among the faculties of West Virginia's public and private colleges and universities. A \$10,000 cash award is given to the candidate selected as Professor of the Year, with smaller awards to the other finalists.

DIY: Vanilla extract



Submitted photo, courtesy of Aldona Bird

Vodka is a great option for making vanilla extract, because it is neutral and doesn't compete with the flavor.

An easy recipe for a classic kitchen staple

BY ALDONA BIRD
DPNews@DominionPost.com

Vanilla is an essential ingredient in many baking recipes. It can also be expensive to buy at the grocery store. But it is easy to make at home, and only requires a couple of ingredients and a little bit of time.

To make your own vanilla extract you will need:

- vanilla beans
- vodka, or other spirits
- scissors or knife
- a clean jar
- label (sticker or tag) and pen or marker

You can order vanilla beans online. Look for a reputable source of high quality beans. Beans are an initial investment, but the resulting extract will be cheaper than buying

it ready made.

There are different varieties of vanilla beans, including Madagascar, Tahitian, Ugandan and Mexican. They have different flavor profiles.

Madagascar Bourbon is a popular choice, but if you can order different types and compare flavors you can find your own favorite.

Vanilla beans will come dried. To make extract, cut them in half with clean scissors or a knife. If some of the vanilla bean sticks to the scissors of knife, scrape it off into the jar — don't waste any.

For an eight-ounce batch of extract, use six beans. If you want to make a larger batch, simply scale up the ratio. You can experiment with this ratio, adding more beans for a deeper flavor, and fewer for a lighter flavor.

Using a glass salad dressing jar is a nice size and shape for vanilla extract. But you can also use a can-

ning jar, or just about any glass jar. If the vanilla beans are too long to fit in the jar you can cut them in half, or fold and tuck them into the jar.

Vodka is a great option for making vanilla extract, because it is neutral and doesn't compete with the flavor. However, you could also infuse rum, bourbon or other spirits. These can be especially nice for using in recipes like eggnog.

Cover the beans with your chosen alcohol.

Let the extract sit for two months or longer. The longer it sits, the better the flavor will get. As it sits, the color will darken. Shake it every once-in-a-while.

To keep track of your extract, label it with the type of beans, alcohol and when you made it or when it will be ready.

You can save all your extract for yourself, or it makes great gifts for friends and family.

IN THE KNOW

Champagne for SANEs to hold annual fundraiser



PAM QUEEN

APRIL IS SEXUAL ASSAULT AWARENESS MONTH. The goal of marking the month is to raise public awareness about sexual violence and educate on how to prevent it.

According to the National Sexual Violence Resource Center, nearly 1 in 5 women in the United States have experienced rape or attempted rape some time in their lives, and 1 in 67 American men have experienced rape or attempted rape.

If you think about it, that means one in five of your friends, coworkers or family members may have been assaulted.

I probably know many, but only one has told me personally of her own assault. That was more than 30 years ago and I didn't know what I could do for her.

Today, I know there are organizations that can help.

This week, we can help one of those groups — Sexual Assault Nurse Examiners (SANEs).

The annual Champagne for SANEs fundraiser will be 4-9 p.m. Wednesday at Table 9 on the Wharf, 40 Donley Street, Morgantown.

The fundraiser is hosted by the WVU Council for Gender Equity in support of WV FRIS (WV Foundation for Rape Information and Services).

There will be dinner specials and signature cocktails just for the event. Plus, you can bid on auction items and learn about the cause. You can also get takeout.

Funds — 100% of the proceeds — are used to train nurses and provide workshops for SANEs who conduct sexual assault evidentiary exams for victims of sexual assault in West Virginia.

WVFRIS — West Virginia's state sexual assault coalition — was established in 1982 and works with rape crisis centers and other allied professionals to develop and strengthen intervention and prevention programs in the state that address sexual violence and stalking.

Find help locally through the Rape and Domestic Violence Center, 304-292-5100.

PAM QUEEN is editor of The Dominion Post. Contact her with comments and suggestions at Editor@DominionPost.com.

TRAGEDY

Woman shot and killed at Delaware State University

Associated Press

DOVER, Del. — An 18-year-old woman died after she was shot on the campus of Delaware State University on Sunday, authorities said.

Dover police said officers responded at about 1:40 a.m. to a report of shots on the campus.

Police said an 18-year-old Wilmington woman who was not a registered student was found with a gunshot wound to the upper body near Warren-Franklin Hall, which the university describes as a freshman dorm.

The victim was provided aid and rushed to Bayhealth Kent Campus, where she was pronounced dead, police said. Her name wasn't immediately released pending notification of her family. No other injuries were reported and no description of a suspect was immediately available.

A university statement provided by police said the campus was closed Sunday with no visitation permitted, all events canceled and police patrols increased.

Delaware State University said counseling services would be available in the Tubman Laws Hall housing office and said it would "continue to take all necessary actions to ensure the health and well-being of our campus community."

Dover police and Delaware State University police are investigating the case, which was classified as a homicide, police said.

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GUEST EDITORIAL

USC valedictorian earned the right to speak. Let her

In 2022, at the University of Southern California commencement, valedictorian Adam Karelin delivered a stirring poem against Russia's invasion of Ukraine. In 2021, valedictorian Tianna Shaw Wakeman spoke of living in a world rife with racial injustice.

In 2020, valedictorian Isabella Hauptman spoke about COVID, which we seem to remember was a bit political. In 2019, valedictorian Ivana Giang spoke about diversity, equity and inclusion.

No one knows what 2024 valedictorian Asna Tabassum's speech would say. Tabassum says she hadn't written it yet. But that didn't stop USC from canceling the address by the pro-Palestinian, Muslim senior who was chosen by a faculty committee from among 200 candidates with very high grade point averages, in a process that's supposed to honor a student who has made major contributions to the university community, who has submitted a high-quality essay and who can deliver a short, high-quality speech.

USC's provost, Andrew Guzman, insists that Tabassum is being denied the podium not because of what she might have said, but only because discussion surrounding her selection has "taken on an alarming tenor." He says it has "nothing to do with freedom of speech" and everything to do with security.

By that standard, if enough people get angry enough about anyone set to speak anywhere on campus, the heckler's veto will carry the day, and USC, a supposed haven of free inquiry, will be reduced to only inviting those who deliver anodyne remarks about topics that upset no one. (Do such topics still exist?)

No, Tabassum doesn't like Israel. A group called Trojans for Israel says her social media bio links to "a curated media page" that calls Zionism a "racist settler-colonial ideology" and "advocates for the 'complete abolishment' of Israel." Tabassum advocates for a one-state solution to include Arab Palestinians and Israeli Jews and put an end to the world's sole Jewish state.

Her position is not anything close to ours, but it's one she has a right to voice.

For many years now, the right-wing media has insisted that it's "woke," "snowflake" left-wingers who engage in "cancel culture" because they can't stomach hearing challenging ideas, or letting others hear them. Liberals are illiberal, goes the broken-record charge; they're against freedom.

The College Fix built a database to track what it considered an "assault against freedom of speech and association as well as faith, academic discourse, open inquiry, the arts, unpopular or controversial ideas, and much more."

There's no doubt that many if not most conservatives — Donald Trump and Florida Gov. Ron DeSantis among them — are more than happy to engage in equally illiberal tactics when it suits their political objectives.

In 2016, then-President Barack Obama delivered the commencement address at Howard University and said: "There's been a trend around the country of trying to get colleges to disinvite speakers with a different point of view or disrupt a politician's rally. Don't do that — no matter how ridiculous or offensive you might find the things that come out of their mouths. Because as my grandmother used to tell me, every time a fool speaks, they are just advertising their own ignorance. Let them talk. ... If you don't, you just make them a victim."

Let Asna Tabassum talk.

THIS EDITORIAL first appeared in the New York Daily News. This commentary should be considered another point of view and not necessarily the opinion or editorial policy of The Dominion Post.

Jan. 6 case will test the Supreme Court's hypocrisy

LAST TUESDAY, THE SUPREME COURT'S CONSERVATIVE MAJORITY APPEARED SKEPTICAL THAT PROSECUTORS COULD USE THE SARBANES-OXLEY ACT TO GO AFTER JAN. 6 RIOTERS. It's a closely watched case in part because Special Counsel Jack Smith also cited this statute in his criminal charges against former President Donald Trump.

As a matter of statutory interpretation, it would be plausible to say that the relevant part of the statute shouldn't apply to Trump or the rioters: it is part of the Sarbanes-Oxley Act and was originally aimed at preventing the destruction of documents to thwart criminal investigation.

The problem is that the court's conservatives are officially textualists. That is, they believe a statute's purpose shouldn't matter — only its literal language should count. If they nevertheless read the law not to cover the hundreds of Jan. 6 rioters and Trump, they will be demonstrating the utter bankruptcy of textualism as a theory — not to mention looking hypocritical for violating their own principles of statutory interpretation.

The law in question, 18 USC 12(c), first says it's a crime to "corruptly" alter or destroy a document "with the intent to impair the object's integrity or availability for use in an official proceeding." That's the part that tells you the main purpose of the statute, along with the history of Sarbanes-Oxley, passed in the aftermath of the Enron scandal and aimed at assuring effective oversight of companies. No one thinks this part of the law applies to the Jan. 6 rioters.

Then, the second part of that same section punishes anyone who "otherwise obstructs, influences, or impedes any official proceeding, or attempts to do so." This is the language used by federal prosecutors to go after Trump and hundreds of Jan. 6 offenders,

including Joseph Fischer, the one whose case is before the Supreme Court right now.

The basis for charging Jan. 6 rioters under the statute is that they clearly were trying to obstruct, influence, and impede an official proceeding, namely the congressional certification of the presidential vote. Indeed, they succeeded in impeding that proceeding. If you read the words of the statute in their plain and obvious meaning, they clearly include the Jan. 6 scenario.

If you are a textualist when it comes to statutory interpretation, as all the court's conservatives claim to be, that should be the end of the matter.

According to the textualist position associated with the late Justice Antonin Scalia, legal words mean what they say. If Congress says it's a crime to obstruct or impede an official proceeding, that's what the crime is. That's how the conservatives should be voting here if they have a shred of commitment to their preferred theory of statutory interpretation. (Justice Amy Coney Barrett, who clerked for Scalia and is generally loyal to his principles, did seem like she realized this in her questions.)

To reach an alternate conclusion, you really have to look at the statute's legislative purpose — the other leading theory of statutory interpretation, espoused especially by retired Justice Stephen Breyer, who made this issue the centerpiece of his newly published book. The purpose of the law can reasonably be read as restricted to the destruction of

documents. Seen through the lens of purpose, the extension of the statute to cover Jan. 6 goes too far.

The problem for the conservative textualist justices is that they can't admit they're looking at purpose. So in the oral argument, several belabored the theory that the word "otherwise" in the law's second section points back to the first part of the law, and therefore textually limits the extension of the law. In this view, the word "otherwise" shows you that the drafters intended to cover as-yet-unimagined methods of altering a document that might not count as impairing its "integrity or availability."

Maybe so — if purpose were allowed to be part of the analysis. But that kind of interpretation is the polar opposite of what textualism teaches.

Justice Samuel Alito sought to emphasize how broad the statute would be if it extended to any interference with a federal proceeding, hinting it would impinge on First Amendment freedoms. But that is true of other criminal laws, and the way we usually deal with it is by saying they don't apply when they limit freedom of speech or assembly, not by saying they don't apply to core criminal conduct.

Trump is also charged with other crimes on Jan. 6, as are the rioters. There will be other ways to punish anyone convicted of crimes that day. What's at stake, therefore, is the good name of textualism — and the good name of the court's self-professed textualists.

There are some forms of self-contradiction that threaten the reputation of legal theories and the judges who wield them. This case is one.

NOAH FELDMAN is a Bloomberg Opinion columnist and a professor of law at Harvard University.



How can Africa shake its 'coup contagion'?

IN A REFRESHING TWIST ON WHAT HAD BEEN STARTING TO LOOK LIKE A DEPRESSING U-TURN TO THE DAYS WHEN COUP D'ETATS WERE ALL TOO PRESENT IN POSTCOLONIAL AFRICA, 80 political parties and nongovernmental organizations in Mali joined forces this week to demand new elections after nearly four years of rule by a military junta.

Still, the "coup contagion" lurks on Africa's political horizon, as a recent foiled attempt in South Sudan shows. A spate of other coup attempts in African states over the last several years have conversely been successful. This scenario has again led experts to opine about a "coup contagion" on the continent, one that has seen 214 coup attempts since 1960, 106 of them successful. The tragedy of the most recent spate of coups is that, as recently as 2018, their occurrence had hit an all-time low.

In recent years, however,

Africa has been vexed by a violent coup attempt in Sierra Leone, which took place in November. In addition, a similarly brutal series of clashes in Guinea-Bissau late last year led to the dissolution of that nation's legislature.

Prior to these, Africa has seen leaders toppled in Gabon and Niger because, in the case of the former, ex-President Ali Bongo was removed after a disputed reelection, and in the case of the latter, the country's military establishment proactively removed Mohamed Bazoum, who had been seen as failing to supply basic services to the public.

And there have been others as well. Back-to-back coups in Mali in 2020 and 2021 have left the country in political flux until now.

In sum, this reversion to old stereotypes has been tough on Africans because we had until recently been moving in a more

democratic direction.

My family foundation's research underscores how powerful the demand for a democratic future truly is.

As we have seen in the groundbreaking African Youth Survey — that the Ichikowitz Family Foundation is now conducting across 16 countries for the third round — our continent's rising generation is determined, to quote Nelson Mandela, to be master of their own fates and captains of their own destinies.

It is a lesson that undemocratic leaders would do well to remember in the coming months and years.

While 1 in 5 respondents polled in the 2022 survey still see a military coup as a viable alternative to a repressive ruler clinging to power despite the odds, our surveys have found that Africa's youths are losing their patience with repressive

and delaying tricks.

Almost two-thirds of our young people disapprove of military rule. There is a strong appetite for democracy on the continent; 74% of Africa's youths believe it is the best form of government.

Importantly, a substantial majority of respondents agree that the form of democracy that will prevail on this continent is not the often-sclerotic and frequently venal form of government bequeathed by the West, but an indigenous, more responsive form of government.

There is no question that a veneration for age in Africa is hardwired into the psyche of all of us who have grown up on this continent. But this is a respect that is sometimes abused and certainly not reciprocated by a cohort of heads of state either on or well past their retirement date.

It is an attitude that is both

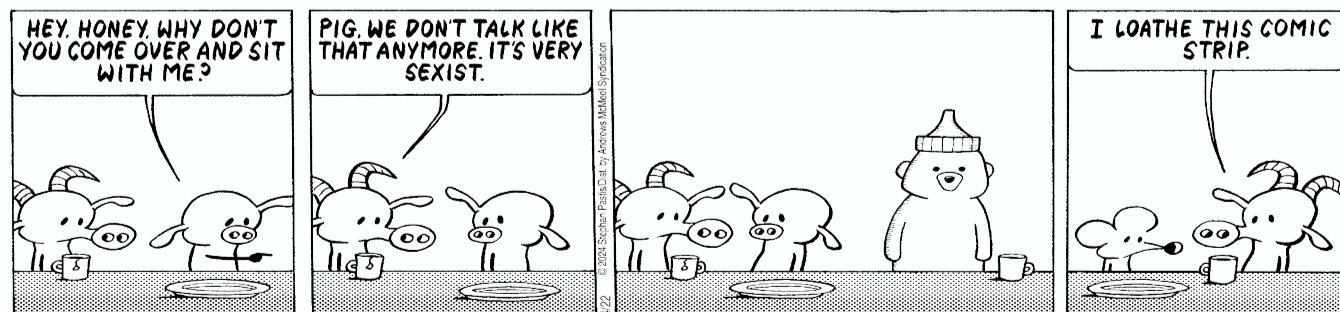
short-sighted and ultimately self-defeating because the continent has the youngest population in the world and that growing demographic is not afraid to make its voice heard — nor its will felt.

Young Africans want a new style of democracy that meets the realities and challenges of the continent. They demand a democratic system that will foster economic growth and true inclusivity, nation to nation, across Africa — ensuring greater representation of Africa's youths, in most cases making up the largest demographic of their country, to avert military intervention and so as to allow popular-based civilian rule to grow and thrive.

Mark my words — to break the cycle and put the threat of a "coup contagion" firmly back in the past, we need to listen more carefully to our rising generation.

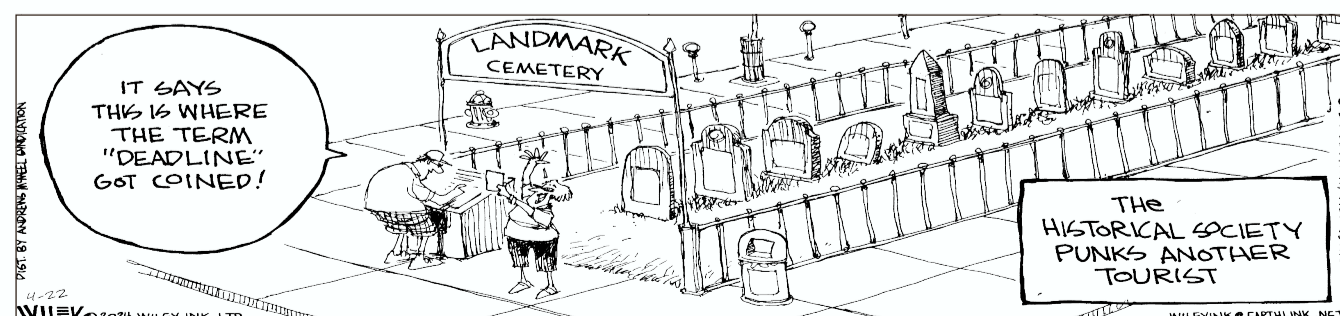
IVOR ICHIKOWITZ is an African industrialist and philanthropist. He chairs the Ichikowitz Family Foundation, which created and funds the African Youth Survey.

PEARLS BEFORE SWINE



BY STEPHAN PASTIS

NON SEQUITUR



BY WILEY

The Dominion Post

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COLLEGE BASEBALL

Texas Tech sweeps doubleheader, series against WVU

Sports@DominionPost.com

West Virginia's roller coaster of a season took another down swing Sunday, and this one came at a really bad time.

Texas Tech was all about the broom inside Rip Griffin Park in Lubbock, Texas. The Red Raiders swept a doubleheader to finish off a series sweep of the No. 22 Mountaineers.

Texas Tech won Sunday's games 6-4 and 3-1, as WVU hitters struck out a combined 21 times and left 22 runners stranded in both games.

It's the first time WVU (23-16, 11-7 Big 12) has been swept this season, but it came at a time when the Mountaineers entered the weekend series tied for first

place in the conference with Oklahoma.

That's out the door at the moment, as the Sooners swept BYU over the weekend.

There are still four Big 12 series left in the regular season, but WVU now finds itself in a three-way tie along with Oklahoma State and Texas for second place, with the Red Raiders (29-13, 12-9) just a half-game back of that trio.

As for Sunday's doubleheader, Texas Tech chased WVU starter Derek Clark after just 5 2/3 innings. Clark had pitched nine innings in each of his last four starts.

He took his first loss of the season, as Texas Tech's Gavin Kash had four hits, including

three doubles and drove in three runs. Cade McGee added two more hits, including a solo home run.

In the ninth inning of the first game, WVU left the bases loaded, as pinch hitter Ellis Garcia flied out right to end the game.

In the second game, McGee hit a solo home run in the second inning to tie the game 1-1, before Kash's ground ball scored Damian Bravo to give Texas Tech a 2-1 lead.

Kevin Bazzell added an insurance run in the eighth inning with a solo home run.

Tyler Switalski took the loss in the second game. He didn't record an out in the second inning before being relieved by

Hayden Cooper.

Cooper and Maxx Yehl went a combined seven innings, allowing just one more run, but Texas Tech starter Kyle Robinson was dominant over seven innings.

Robinson gave up five hits, one run and struck out nine and two Texas Tech relievers pitched scoreless innings in the eighth and ninth to put a cap on the sweep.

WVU will try to rebound Wednesday, when it travels to Penn State for a midweek game. The Mountaineers host Baylor for a three-game series beginning at 6:30 p.m. Friday.

MEN'S HOOPS

WVU adds Illinois transfers Harris and Hansberry

BY KEENAN CUMMINGS
Sports@DominionPost.com

West Virginia is in the process of rebuilding the basketball roster and took a step towards doing that with a commitments a pair of from Illinois transfers in guard Sencire Harris and forward Amani Hansberry.

Both players were former top 100 recruits in their respective classes and give the Mountaineers high-upside transfer additions with three years of eligibility remaining in their careers.

The pair immediately moved onto the West Virginia radar when they entered the transfer portal due to new associate head coach Chester Frazier. It was Frazier that recruited both players to Champaign and they developed a strong connection that proved to be a critical factor in their decisions.

West Virginia hosted both players on official visits to campus over the weekend and that was enough to secure their commitments and gives the Mountaineers a nice jolt in their current roster construction.

Harris, 6-foot-4, 170-pounds, spent two years with the Illini basketball program but entered the transfer portal in mid-April after spending last season redshirting. That decision was made in order to work on adding strength to his frame and to develop his overall game.

But Harris proved productive during his first year with Illinois as he played in all 33 games and even started seven of those while averaging 3.7 points and 2.1 rebounds per game. He also shot 43-percent from the field and 31-percent from three during that campaign. Known as a defensive specialist, the Ohio native possesses excellent length and plays the game with a high energy level that fits what head coach Darian DeVries wants.

A native of Canton, Ohio, Harris averaged 20.1 points, 5.7 rebounds, 3.9 assists and 3.8 steals as a senior for St. Vincent-St. Mary. He led his team to consecutive Ohio Division II state championships. He was rated as the No. 64th best player in the country in the class of 2022 according to Rivals.com.

Hansberry, 6-foot-8, 240-pounds, spent only one season with the Illini where he appeared in 19 games while averaging 2.4 points and 2.1 rebounds in just seven minutes per contest. He shot 45-percent from the field and has a strong pedigree considering he was a consensus four-star prospect out of high school.

SEE TRANSFERS, B-2



Amani Hansberry



Sencire Harris

NASCAR

Reddick steals win at Talladega

Associated Press

TALLADEGA, Ala. — Tyler Reddick stole a NASCAR Cup victory at Talladega Superspeedway when front-runner Michael McDowell, swerving up and down the track trying to block Brad Keselowski, wound up crashing with the finish line in sight Sunday.

It was another wild Talladega finish — and set off a raucous celebration on pit road with one of Reddick's team owners, Basketball Hall of Famer Michael Jordan.

"This is like an NBA playoff game," Jordan said in Victory Lane. "I'm so ecstatic."

McDowell, the pole-sitter, dominated the closing laps and was in position to give Ford its much-needed first victory of the year. But his topsy-turvy efforts to block Keselowski — another Ford driver — wound up costing them both.

McDowell spun out, Keselowski had to check up and Reddick sped by to claim his sixth career Cup victory by 0.208 seconds.

A pile of cars behind them was taken out, as well. Corey LaJoie's No. 7 machine slid across the finish line on its side, pinned against the wall in front of the massive grandstands.

Reddick climbed out of his No. 45 car and scurried up the fence like Spider-Man.

"That was crazy, fans," he screamed. "Chaos. Typical Talladega."

Keselowski settled for the runner-up spot, failing again to pick up his first win since 2021 at



Tyler Reddick celebrates his win at a NASCAR Cup Series auto race at Talladega Superspeedway, Sunday, April 21, 2024, in Talladega, Ala.

this 2.66-mile trioval in east Alabama.

"We went to make a move and Michael covered it," Keselowski said. "We went the other way and had nowhere to go when Michael came back down. It's just the way this stuff goes."

Reddick's victory redeemed a botched strategy that knocked out a bunch of Toyota contenders, including his team co-owner, Denny Hamlin.

All three Toyota teams pitted in tandem with 37 laps to go,

going with a strategy that would've allowed them to push the pace on the rest of the fuel-saving field — with an idea of drafting all the way to the front for the checkered flag.

Unfortunately, they couldn't keep their cars straight.

Just four laps later, with the Toyota train running at a blistering, single-file pace and chasing down the lead pack, John Hunter Nemechek appeared to get into the bumper of Bubba Wallace's No. 23 machine, which

clipped Erik Jones and sent him smashing hard into the outside wall.

Nemechek then slid down the track and took out Hamlin, as well.

"We had a plan," Wallace said. "We just didn't execute it as well as we should have. I hate it. It doesn't make us look good at all."

Jones took the brunt of the blow, a crash that would've been

SEE REDDICK, B-2

PRO BASEBALL

Red Sox complete sweep of reeling Pirates with 6-1 victory

Associated Press

PITTSBURGH — Wilner Abreu had three hits and drove in two runs and the Boston Red Sox beat the Pittsburgh Pirates 6-1 on Sunday to complete a three-game sweep.

Abreu's RBI single off Martín Pérez (1-1) in the third gave the Red Sox the lead for good. He added another RBI single in the sixth as Boston continued its strong play away from Fenway Park. Reese McGuire added a pinch-hit two-run single for the

Red Sox, who improved to 10-3 on the road so far this season.

Boston bounced back after a bumpy homestand by keeping the Pirates in check yet again. Justin Slaten (1-0) worked two scoreless innings in relief to earn the victory as the Red Sox's road ERA dropped to 1.45.

Perhaps just as importantly, Boston found a way to take care of the Pirates without third baseman Rafael Devers and outfielder Tyler O'Neill. O'Neill is on the injured list and Devers didn't play in the series while

nursing a bone bruise in his knee, forcing the Red Sox to rely even more on players such as the 24-year-old Abreu.

Asked how his team has responded despite having so many key players unavailable, manager Alex Cora just shrugged.

"Youth, to be honest with you," he said. "They don't know any better. Some of them, you know, they just show up every day, willing to work."

Ke'Bryan Hayes had two of Pittsburgh's seven hits and drove

in the Pirates' only run with a first-inning sacrifice fly. Pittsburgh has dropped six straight to fall to .500 (11-11) for the first time this season.

"It was a sloppy game," Pirates manager Derek Shelton said. "We didn't play well. You can point out multiple things that we need to clean up. In certain situations, guys are trying to do a little too much. In certain situations, we just played sloppy."

SEE PIRATES, B-3

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PRO GOLF

Scottie Scheffler builds 5-shot lead at Hilton Head. Rain forces a Monday finish

Associated Press

HILTON HEAD ISLAND, S.C. — Turns out only the rain can stop Masters champion Scottie Scheffler.

Scheffler holed a difficult pitch for eagle on his second hole Sunday and turned the RBC Heritage into another rout. A storm system with heavy rain stopped play for 2 1/2 hours, forcing a Monday finish.

U.S. Open champion Wyndham Clark made a furious charge early in the round at 8 under through 11 holes, only to lose ground with a double bogey in the trees. He posted a 6-under 65 and finished at 15-under 269.

Scheffler was 20 under and has three holes remaining when the final round resumes at 8 a.m. Monday. He was on the verge of winning for the fourth time in five tournaments, the exception a runner-up finish in the Houston Open.

He was trying to become the first player since Bernhard Langer in 1985 to win the week after slipping on the Masters green jacket.

The dominance looked about the same, minus the flat, tree-lined terrain of Harbour Town and the peaceful vibe on this idyllic island a week after a high-pressure major.

Patrick Cantlay was tied for second at 15 under when he hit his approach to the



AP Photo

Scottie Scheffler watches his tee shot on the second hole during the final round of the RBC Heritage golf tournament, Sunday, April 21, 2024, in Hilton Head Island, S.C.

collar of the 18th green. He chose to mark his ball and return Monday to finish. J.T. Poston also was on the 18th hole and among the group at 15 under.

None had a chance of catching Scheffler unless the world's No. 1 golfer made a series of blunders in the morning, and that looked improbable.

Scheffler has not made worse than par since a dou-

ble bogey on the third hole Thursday. That was put to test on his final hole. He hit his second shot on the par-5 15th into the water, had to drop behind a row of trees and then hit his shot with enough spin on the rain-softened green to feed down the slope to 12 feet.

He holed the par putt, lightly pumping his fist, showing more emotion than when he made his

eagle on No. 2 or the two birdies that followed.

Tom Hoge elected to finish his round when the horn sounded to stop play. His tee shot sailed out-of-bounds. His fourth shot went into the native area and Hoge chopped his way to a quintuple-bogey 9. That gave him a 74, dropping him from a tie for sixth to a tie for 18th.

REDDICK

FROM PAGE B-1

much worse without the sturdy cars and foamy barriers.

"I'm a little sore, but I'm all right," Jones said after exiting the infield care center. "If you're gonna be dumb, you've got to be tough."

Reddick was at the front of the pack and avoided the crash.

In the end, he was able to celebrate an improbable win.

CLEAN RACING

Unlike the wacky finish, the first two stages were caution-free — the first time that's happened at Talladega since the stage system was instituted in 2017.

Many drivers were focused on saving fuel and there weren't many bold moves.

Finally, on lap 132, with the cars three-wide and tightly bunched in the middle of a huge train, the first occurred.

Justin Haley got a bump from behind and went spinning into Christopher Bell, whose car sustained heavy damage that left him with a last-place finish.

IMPRESSIVE KIWI

Shane Van Gisbergen turned in a strong run in the first oval race of his burgeoning NASCAR Cup career.

The stunning winner of the Chicago street race in his Cup debut last summer, Van Gisbergen showed the depth of his talent by lead-

ing laps and staying out of trouble at the harrowing 2.66-mile trioval until the very end.

Unfortunately for the 34-year-old from New Zealand, he got caught up in the final melee and didn't make it across the line. He finished 27th.

STARTING AT THE BACK

Season points leader Kyle Larson started the race with a huge disadvantage after his team was penalized for altering the roof rails on his No. 5 car on the way to the qualifying line Saturday.

Larson, who had won three straight poles, was barred from qualifying, forced to start from the back of the field and ordered to do a drive-

through penalty on the opening lap. He was least a half-lap behind the field by the time he got up to speed and, without anyone to draft with, was caught by the leaders on the 12th lap.

NASCAR also ejected Larson's car chief, Jesse Saunders, from the speedway.

Larson was able to work his way back into the mix but he wasn't a contender at the end. He finished 20th.

UP NEXT

The Cup series heads next Sunday to Dover Motor Speedway, where Martin Truex Jr. won the race a year ago.

TRANSFERS

FROM PAGE B-1

A skilled big, Hansberry has excellent mobility and is a crafty finisher around the rim. He scored eight points against Connecticut in the NCAA Tournament this past season.

Hansberry was rated as the No. 83rd rated player nationally by Rivals.com in the 2023 recruiting class and was named the 2023 Gatorade Maryland Player of the Year as a senior after averaging 15.3 points, 12.0 rebounds and 4.0 assists at

Mount Saint Joseph High School.

The pair joins Drake forward Tucker DeVries, the two-time Missouri Valley Conference Player of the Year, as transfer additions for the program this off-season. It's the third and

fourth additions overall with Memphis (Tn.) Cordova point guard KJ Tenner signing his letter of intent to join the Mountaineers this past week.

KEENAN CUMMINGS writes for Rivals.com

SCOREBOARD

CALENDAR

MONDAY, APRIL 22
HIGH SCHOOL BASEBALL

Spring Mills at University, 5 p.m.
Tygarts Valley at Clay-Battelle, 5 p.m.
Notre Dame at Trinity Christian, 6 p.m.
Grafton at Preston, 5:30 p.m.

HIGH SCHOOL SOFTBALL

Clay-Battelle at Magnolia, 5:30 p.m.
OVAC Semifinal
Trinity vs. Conotton Valley (Oh.), 5 p.m.

ON TV

MLB BASEBALL

1 p.m. MLBN — Oakland at NY Yankees
6:40 p.m. SNP — Milwaukee at Pittsburgh
7:30 p.m. FSI — Chicago White Sox at Minnesota
10:30 p.m. MLBN — Regional Coverage: Baltimore at LA Angels (9:35 p.m.) OR NY Mets at San Francisco (9:45 p.m.)

NBA BASKETBALL

7 p.m. NBA TV — Eastern Conference First Round Playoff: Orlando at Cleveland, Game 2
7:30 p.m. TNT — Eastern Conference First Round Playoff: Philadelphia at New York, Game 2
TRUTV — Eastern Conference First Round Playoff: Philadelphia at New York, Game 2 (BetCast)
10 p.m. TNT — Western Conference First Round Playoff: LA Lakers at Denver, Game 2
TRUTV — Western Conference First Round Playoff: LA Lakers at Denver, Game 2 (BetCast)

NHL HOCKEY

7 p.m. ESPN — Eastern Conference First Round Playoff: Toronto at Boston, Game 2
7:30 p.m. ESPN2 — Eastern Conference First Round Playoff: NY Islanders at Carolina, Game 2
9:30 p.m. ESPN — Western Conference First Round Playoff: Vegas at Dallas, Game 1
10 p.m. ESPN2 — Western Conference First Round Playoff: Los Angeles at Edmonton, Game 1

SOCCER (WOMEN'S)

6 p.m. CBSSN — Bundesliga: Werder Bremen at Bayern (Taped)

TENNIS

5 a.m. (Tuesday) TENNIS — Madrid-WTA Early Rounds
6 a.m. (Tuesday) TENNIS — Madrid-WTA Early Rounds

OVAC SOFTBALL TOURNAMENT

2024 OVAC Softball Championships

(All games at I-470 Fields in Wheeling)

Semifinals

Monday, April 22

Class 1A

No. 4 Trinity Christian (10-7) vs. No. 1 Connotton Valley (13-2), 5 p.m.
No. 3 Cameron (6-3) vs. No. 2 Madonna (14-6), 7 p.m.

Class 2A

No. 4 River (Oh.) (7-5) vs. No. 1 Caldwell (Oh.) (10-2), 5 p.m.
No. 3 Shadyside (Oh.) (10-5) vs. No. 2 Frontier (Oh.) (9-2), 7 p.m.

Tuesday, April 23

Class 3A

No. 3 Barnesville (Oh.) (13-3) vs. No. 2 Wheeling Central (14-2), 5 p.m.
No. 4 Fort Frye (Oh.) (7-5) vs. No. 1 Martins Ferry (Oh.) (9-2), 7 p.m.

Class 4A

No. 3 Cambridge (Oh.) (11-2) vs. No. 2 Indian Creek (Oh.) (13-4), 5 p.m.
No. 4 Weir (15-7) vs. No. 1 Edison (Oh.) (12-2), 7 p.m.

Wednesday, April 24

Class 5A

No. 4 Morgantown (13-7) vs. No. 1 Steubenville (Oh.) (9-3), 5 p.m.
No. 3 University (15-7) vs. No. 2 John Marshall (15-5), 7 p.m.

NBA

NBA Playoff Glance

All Times EDT
FIRST ROUND
(Best-of-7; x-if necessary)

Saturday, April 20
Cleveland 97, Orlando 83, Cleveland leads series 1-0
Minnesota 120, Phoenix 95, Minnesota leads series 1-0
New York 111, Philadelphia 104, New York leads series 1-0
Denver 114, L.A. Lakers 103, Denver leads series 1-0

Sunday, April 21
Boston 114, Miami 94, Boston leads series 1-0
L.A. Clippers 109, Dallas 97, L.A. Clippers leads series 1-0
Indiana at Milwaukee, 7 p.m.
New Orleans at Oklahoma City, 9:30 p.m.

Monday, April 22
Orlando at Cleveland, 7 p.m.
Philadelphia at New York, 7:30 p.m.
L.A. Lakers at Denver, 10 p.m.

Tuesday, April 23

Phoenix at Minnesota, 7:30 p.m.
Indiana at Milwaukee, 8:30 p.m.
Dallas at L.A. Clippers, 10 p.m.

Wednesday, April 24
Miami at Orlando, 7 p.m.
New Orleans at Oklahoma City, 9:30 p.m.

Thursday, April 25
Cleveland at Orlando, 7 p.m.
New York at Philadelphia, 7:30 p.m.
Denver at L.A. Lakers, 10 p.m.

Friday, April 26
Milwaukee at Indiana, 5:30 p.m.
L.A. Clippers at Dallas, 8 p.m.
Minnesota at Phoenix, 10:30 p.m.

Saturday, April 27
Cleveland at Orlando, 1 p.m.
Oklahoma City at New Orleans, 3:30 p.m.
Boston at Miami, 6 p.m.
Denver at L.A. Lakers, 8:30 p.m.

Sunday, April 28
New York at Philadelphia, 1 p.m.
L.A. Clippers at Dallas, 3:30 p.m.
Milwaukee at Indiana, 7 p.m.
Minnesota at Phoenix, 9:30 p.m.

NHL

NHL Playoff Glance

All Times EDT
FIRST ROUND
(Best-of-7)
(x-if necessary)

Sunday, April 21
Florida 3, Tampa Bay 2, Florida leads series 1-0
N.Y. Rangers 4, Washington 1
Colorado at Winnipeg, 7 p.m.
Nashville at Vancouver, 10 p.m.

Monday, April 22
Toronto at Boston, 7 p.m.
N.Y. Islanders at Carolina, 7:30 p.m.
Vegas at Dallas, 9:30 p.m.
Los Angeles at Edmonton, 10 p.m.

Tuesday, April 23
Washington at N.Y. Rangers, 7 p.m.
Tampa Bay at Florida, 7:30 p.m.
Colorado at Winnipeg, 9:30 p.m.
Nashville at Vancouver, 10 p.m.

Wednesday, April 24
Boston at Toronto, 7 p.m.
Vegas at Dallas, 9:30 p.m.
Los Angeles at Edmonton, 10 p.m.

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PIRATES

FROM PAGE B-1

The Pirates have scored just nine runs during their slide and did little against five Red Sox pitchers. Pittsburgh didn't help itself with a couple of baserunning mistakes to take away scoring opportunities. Hayes and Jack Suwinski were both thrown out at second — Hayes in the fourth, Suwinski in the sixth — trying to grab an extra base in hopes of sparking a struggling offense.

Pérez, labored through four-plus innings. The veteran left-hander, who had been sharp in his first four starts with the Pirates, gave up four runs in four-plus innings, with four walks and seven strikeouts. Pérez

left in the fifth after Abreu led off with a double and Connor Wong walked.

Pittsburgh reliever Ryder Ryan came on and gave up a flare to center by McGuire, a former Pirates prospect, that made it 4-1, more than enough considering Pittsburgh's current issues at the plate.

Josh Winckowski, a reliever these days, made his first start since last August and just his second since the end of the 2022 season for Boston. The right-hander worked 3 1/3 innings, giving up one run and three hits with a strikeout before being removed after 46 pitches. Winckowski is optimistic that what the starting pitchers have done without Lucas Giolito (elbow surgery) is

sustainable.

"People are saying we need help in the rotation and the rotation (stinks) and whatnot," Winckowski said. "So really happy for all the guys to be proving everyone wrong."

TRAINER'S ROOM

Red Sox: Placed 1B Triston Casas on the 10-day injured list with a left rib strain. Casas injured the rib while fouling off a pitch in the first inning on Saturday. Boston called up C Tyler Heineman from Triple-A Worcester to take Casas' spot on the roster. ... Cora said after the game he expects Devers and O'Neill to be available this week.

Pirates: C Yasmani Grandal (left foot), who is rehabbing at Triple-A Indi-

anapolis, will be evaluated by the team early in the week. Grandal general manager Ben Cherington said Sunday that Grandal could come off the injured list "not too long from now."

UP NEXT

Red Sox: Are off Monday before beginning a three-game series in Cleveland on Tuesday. The Guardians took 3 of 4 from Boston at Fenway Park last week.

Pirates: Welcome NL Central rival Milwaukee to PNC Park on Monday to start a four-game set. Rookie Jared Jones (1-2, 3.13 ERA) starts for Pittsburgh. Joe Ross (1-1, 4.91) is scheduled to start for the Brewers.



AP Photo

Boston Red Sox's Connor Wong, left, celebrates with Wilyer Abreu (52) after they scored on a single by teammate Reese McGuire off Pittsburgh Pirates relief pitcher Ryder Ryan during the fifth inning of a baseball game in Pittsburgh, Sunday, April 21, 2024.

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1)1.99% APR FINANCING UP TO 48 MONTHS AVAILABLE TO WELL QUALIFIED BUYERS THROUGH TOYOTA FINANCIAL SERVICES. 48 MONTHLY PAYMENTS OF \$21.69 FOR EACH \$1,000 BORROWED. NOT ALL BUYERS WILL QUALIFY. 2)CUSTOMERS CAN RECEIVE \$1,000 CASH BACK FROM TOYOTA OR CAN APPLY CASH BACK TO DOWN PAYMENT. 3)3.99% APR FINANCING UP TO 60 MONTHS ON 2024 RAV4 (EXCLUDES HYBRID AND PRIME MODELS), AND 2024 HIGHLANDER (EXCLUDES HYBRID AND GRAND MODELS) AVAILABLE TO WELL QUALIFIED BUYERS THROUGH TOYOTA FINANCIAL SERVICES. 60 MONTHLY PAYMENTS OF \$18.41 FOR EACH \$1,000 BORROWED. NOT ALL BUYERS WILL QUALIFY. 4)4.75% APR FINANCING UP TO 60 MONTHS ON 2024 CAMRY (EXCLUDES HYBRIDS) AND 2024 COROLLA (EXCLUDES HYBRID AND CROSS MODELS) AVAILABLE TO WELL QUALIFIED BUYERS THROUGH TOYOTA FINANCIAL. 60 MONTHLY PAYMENTS OF \$18.76 FOR EACH \$1,000 BORROWED. NOT ALL BUYERS WILL QUALIFY. TAKE RETAIL DELIVERY FROM NEW DEALER STOCK BY 4/30/24; SUBJECT TO VEHICLE AVAILABILITY. \$212.22 DEALER DOC & DMV FEES ARE EXTRA AND VARY BY DEALER. DEALER SET FINAL PRICE. OFFER MAY NOT BE COMBINED WITH OTHER OFFERS UNLESS SPECIFIED OTHERWISE. VEHICLE SHOWN MAY BE PROTOTYPE AND/OR SHOWN WITH OPTIONS. SEE PARTICIPATING CENTRAL ATLANTIC TOYOTA DEALER FOR DETAILS. OFFERS END 4/30/24. 5)TOYOTACARE COVERS NORMAL FACTORY SCHEDULED MAINTENANCE FOR TWO YEARS OF 25,000 MILES, WHICHEVER COME FIRST. 24-HOUR ROADSIDE ASSISTANCE IS ALSO INCLUDED FOR TWO YEARS AND UNLIMITED MILES. THE NEW VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET, OR A LIVERY/TAXI VEHICLE. SEE TOYOTA DEALER FOR DETAILS AND EXCLUSIONS. VALID ONLY IN THE CONTINENTAL U.S. AND ALASKA. ROADSIDE ASSISTANCE DOES NOT INCLUDE PARTS AND FLUIDS, EXCEPT EMERGENCY FUEL DELIVERY.

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<p>2022 TOYOTA COROLLA HYBRID LE</p>  <p>stk# 24050B 26K Miles Was \$24,250 Now \$20,500</p>	<p>2022 TOYOTA COROLLA CROSS XLE</p>  <p>stk# 24218A 21K Miles Was \$31,225 Now \$28,000</p>	<p>2019 TOYOTA 4RUNNER SR5 Premium</p>  <p>stk# 23533A 80K Miles Was \$34,600 Now \$30,500</p>	<p>2022 TOYOTA RAV4 XLE Hybrid</p>  <p>stk# 24234A 14K Miles Was \$35,850 Now \$33,000</p>	<p>2021 TOYOTA 4RUNNER Limited</p>  <p>stk# 23541A 57K Miles Was \$43,625 Now \$38,000</p>
<p>2021 TOYOTA SIENNA XSE AWD 7 Passenger</p>  <p>stk# 24241A 49K Miles Was \$49,775 Now \$43,500</p>	<p>2022 TOYOTA 4RUNNER Limited</p>  <p>stk# 63197A 22K Miles Was \$48,700 Now \$43,800</p>	<p>2022 TOYOTA 4RUNNER TRD Off-Road</p>  <p>stk# 24274A 16K Miles Was \$48,350 Now \$45,000</p>	<p>2022 TOYOTA SIENNA Limited AWD 7 Passenger</p>  <p>stk# 24268A 49K Miles Was \$56,350 Now \$48,000</p>	<p>2023 TOYOTA 4RUNNER 40th Anniversary Special Edition</p>  <p>stk# 64104A 12K Miles Was \$50,150 Now \$48,000</p>

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Eating in certain order helps control blood glucose

DEAR DOCTORS: Can you please talk about the idea that the order in which you eat your food has an effect on your blood sugar? I have a friend who never eats sweets unless she can also have some vegetables and protein. Does this really matter?



DRS. ELIZABETH KO & EVE GLAZIER

Dear Reader: Your friend has tapped into a fascinating area of research that has found that the order in which food groups are consumed during a meal can indeed have an effect on the degree to which blood sugar fluctuates. This discovery is important because repeated and sizeable swings in blood sugar are linked to an increased risk of developing insulin resistance.

and insulin levels were measurably higher than those who had eaten the white rice last. Conversely, when those same participants began by eating protein and vegetables, which are complex carbs, and saved the rice for last, their post-meal insulin and glucose levels were measurably lower.

Several studies have found that eating vegetables and protein before consuming simple carbohydrates had a beneficial effect on post-meal blood sugar. Researchers in Japan are among those who have explored the idea.

The speed at which food is consumed also appears to play a role in blood sugar control. Studies show that when people race through a meal, they have higher levels of blood glucose and insulin than when the same foods are eaten at a leisurely pace.

When participants began by eating a simple carbohydrate – in this case, white rice – their post-meal blood glucose

As for why this may be, it's all about the composition of the foods involved.

Monday, April 22, 2024

Use your imagination and skills to navigate your way forward. Using your skills to manifest opportunities and achieve goals that build confidence and the desire to conquer objectives you have shied away from in the past will make you realize your true potential.

TAURUS (April 20-May 20) — It's essential to recognize your talents and to concentrate on how to make your life better.

GEMINI (May 21-June 20) — Don't expect the same in return, but learn from experience and recognize who you can trust moving forward.

CANCER (June 21-July 22) — Avoid gifts or donations that compromise your integrity or take away your power.

LEO (July 23-Aug. 22) — Hone your skills, reinvent how to work with what you've got and discuss your plans with someone you can count on for good advice.

VIRGO (Aug. 23-Sept. 22) — Distance yourself from chaotic situations. Change your direction to complement what you are trying to achieve.

LIBRA (Sept. 23-Oct. 23) — Take care of your investments. An emotional



EUGENIA LAST

situation will help you decide what's best for you.

SCORPIO (Oct. 24-Nov. 22) — Fixing up your surroundings or spending time with someone you love will enhance your life and emotional well-being.

SAGITTARIUS (Nov. 23-Dec. 21) — Listen carefully, do your research and be willing to take a pass if something doesn't feel right.

CAPRICORN (Dec. 22-Jan. 19) — Stick close to home, rethink anything outdated or unused, and declutter your space.

AQUARIUS (Jan. 20-Feb. 19) — Consider your options and make changes that ease stress and give you hope for an independent future.

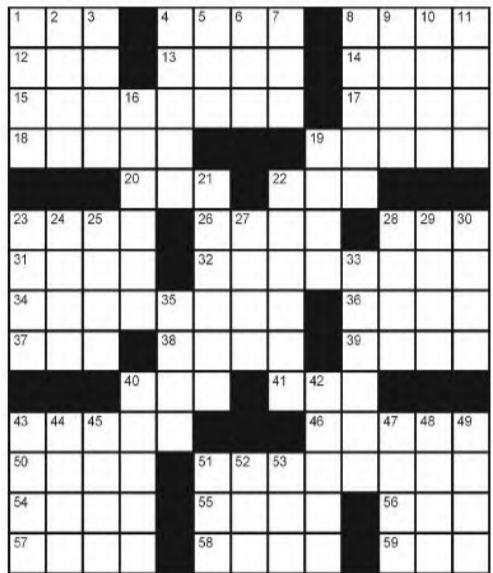
PISCES (Feb. 20-March 20) — Dedication to something you believe in will help you make a footprint that makes you proud.

ARIES (March 21-April 19) — Step outside your comfort zone and speak your mind. Upgrading your skills will give you the boost you need.

CROSSWORD

- ACROSS**
- 1 Young canine
 - 4 Famed ski resort
 - 8 Demonstrate
 - 12 "— if by land ..."
 - 13 Ancient Peruvian
 - 14 Rod
 - 15 Made more stable
 - 17 Ait
 - 19 Large crowd
 - 19 Work dough
 - 20 Biblical sufferer
 - 22 So-so grade
 - 23 Sweetheart
 - 26 Function
 - 28 Scary yell
 - 31 Rara —
 - 32 Loophole-free
 - 34 Reason for a party
 - 36 English river
- DOWN**
- 1 Swanky
 - 2 "Do — others ..."
 - 3 Equal
 - 4 Broadcast portion
 - 5 Black bird
 - 6 Apply frosting
 - 7 Youth
 - 8 Backbone
 - 9 Flexible tube
 - 10 — podrida

Answer to Previous Puzzle



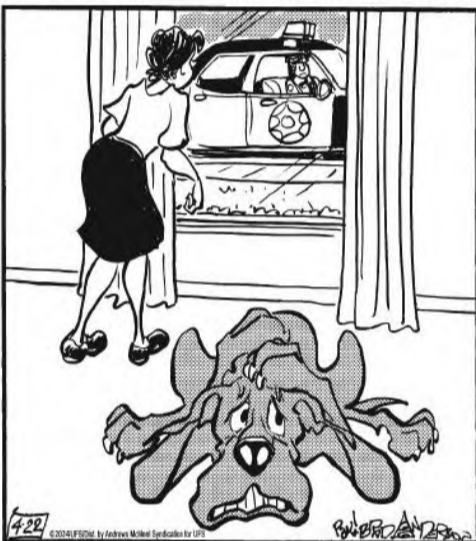
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CURTIS



BY RAY BILLINGSLEY

MARMADUKE BY BRAD & PAUL ANDERSON



"Uh-oh..."

SCRABBLE G.R.A.M.S.

4-22

PAR SCORE 95-105
BEST SCORE 167

FOUR RACK TOTAL
TIME LIMIT: 20 MIN

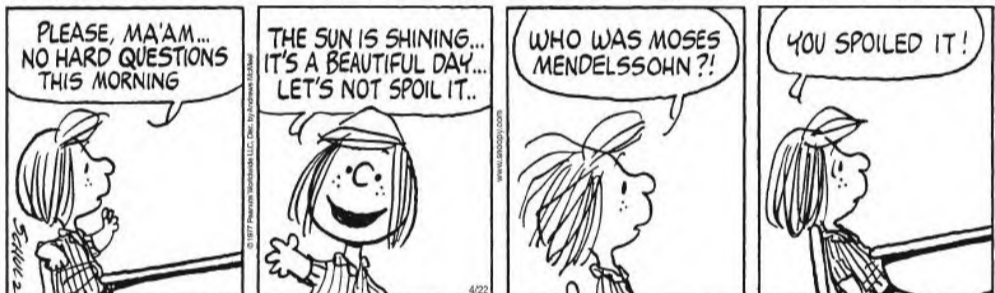
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blank" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com

04-22

Solutions — B-3

PEANUTS



BY CHARLES M. SCHULZ

GARFIELD

BY JIM DAVIS FAMILY CIRCUS BY BIL KEANE



THE GRIZZWELLS



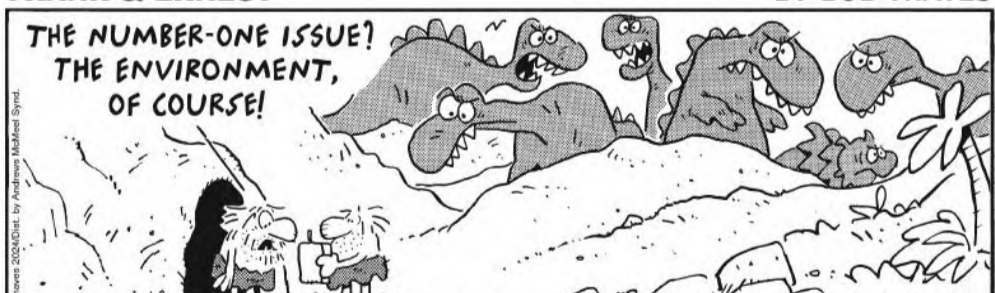
BY BILL SCHORR

BEEBLE BAILEY



BY GREG, BRIAN & NEAL WALKER

FRANK & ERNEST



BY BOB THAVES

BORN LOSER



BY ART & CHIP SANSON

HAGAR THE HORRIBLE



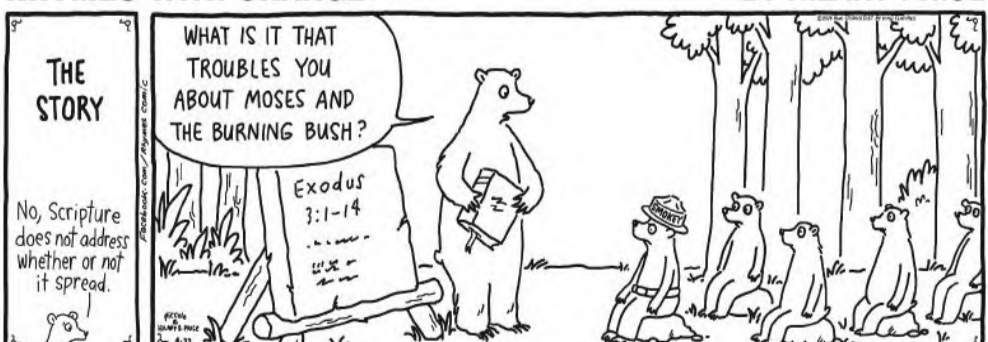
BY DIK BROWNE

BLONDIE



BY DEAN YOUNG & JOHN MARSHALL

RHYMES WITH ORANGE



BY HILARY PRICE

MUTTS



BY PATRICK MCDONNELL