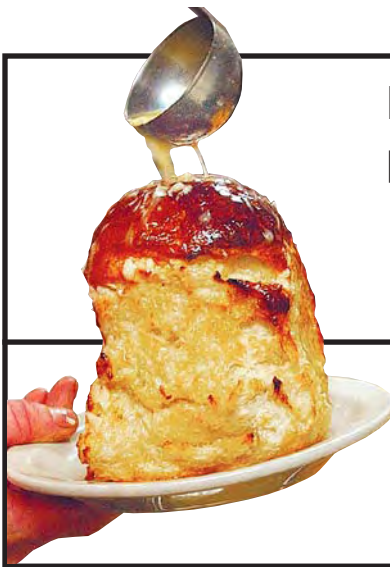


THE DOMINION Post



Food
Pasta and plenty more

Puglioni's serves it up fresh.
Page 1-C

Local
Animal shelter gets 300 complaints

Cat lovers appalled by Preston policy.
Page 1-B

Sports
Trinity triumphs

Boys team beats Liberty High.
Page 8-B

Entertainment
The Killers creating 'Hot Fuss'

Group gets Grammy nods for hit album.
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Morgantown, West Virginia

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Newsstand: 50 cents

WEDNESDAY

Feb. 9, 2005

TODAY'S WEATHER



Cloudy with a bit of rain.
High 49 **Low 28**

Your complete forecast
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Obituaries

BEZJAK, Mary Trompak
BROWN, Shelby
HOOTON, Martha L.
LAWRENCE, Josephine W. 'Jo'
SIMCOE, Elizabeth Mary 'Betty'
TRUSIO, Dorothy Sante

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Markets

↑ DOW + 8.87
↑ NASDAQ + 4.65
↑ S&P 500 + .58

Page 3-B

Posluszny nixes Angels

Power hitter will bedevil Big East.
Page 5-B

Iraq roundup

Numbers:

Soldiers killed in action since the beginning of the war: **1,107**
Soldiers killed in action since the war officially ended: **998**

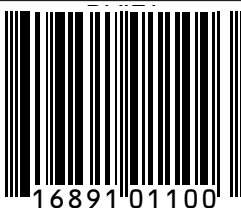
Highlights: Suicide bomber kills 21 Iraqis at recruiting center. Two Kurdish politicians gunned down.

More Iraq news,
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10 candidates file for Morgantown City Council

Two incumbents face challengers in election

BY ERIC BOWEN
The Dominion Post

One 6th ward resident came in under the wire to contend for a spot on City Council on Tuesday, making a total of 10 candidates who have been certified to run for seven seats.

According to City Clerk Linda Little, two incumbents will have some opposition April 26. Ron Bane in the 1st ward is opposed by Brent Eastwood of Rose Street; and Bill Byrne has two opponents,

Tony Antonini of Wade Street and Kelly Palmer of East Brockway Avenue.

Since candidates also can file their papers by mail, Little said other candidates could be certified during the next few days.

1st Ward

Incumbent Bane, 39, of Globe Avenue, said he wanted to continue to give back to the community by being a voice for his constituents on the council. Bane said he wanted to see Morgantown continue to focus on improving roads and other infrastructure.

We need to "continue to position ourselves to have smart

Important dates

Feb. 22: Deadline for candidates to withdraw from the race
March 1: Drawing for ballot order

April 6: Last day to register to vote for the election
April 6-23: Early voting
April 26: Election Day

growth, working with not only the municipal government here, but also the county," Bane said. "We've got to continue to make Morgantown a great place to live, play and stay."

A former journalist and army officer, Eastwood, 34, is an instructor of international relations in the political science department at

WVU, and is working on his Ph.D. Eastwood, who lives on Rose Street, said he wants to serve the community of Morgantown because he owes the country service after leaving the military because of medical problems.

"I think I would be a good addition to the council," he said. "My smart growth ideas would fit in with their

ideas, especially with traffic and walkable communities."

2nd Ward

Incumbent Jim Manilla, 55, who lives on Park Street, said he is running for his third term on the council because he would like to see through some of the projects the council has started in the past four years. He said that among the most important are crosswalks, trash and economic development, but the most important is roads.

"There's no question the biggest issue is the traffic," Manilla said. "That is the number one issue that

SEE COUNCIL, 2-A

Demolition for The Square at Falling Run begins



Ron Rittenhouse/The Dominion Post

Contractor Morgantown Excavating razes a former apartment house on Falling Run Road, the first of three houses taken down Tuesday. The demolition is part of the first phase of a \$250 million construction project, called The Square at Falling Run, that is scheduled to be completed during the next few years.

Houses on old stadium loop the first to go

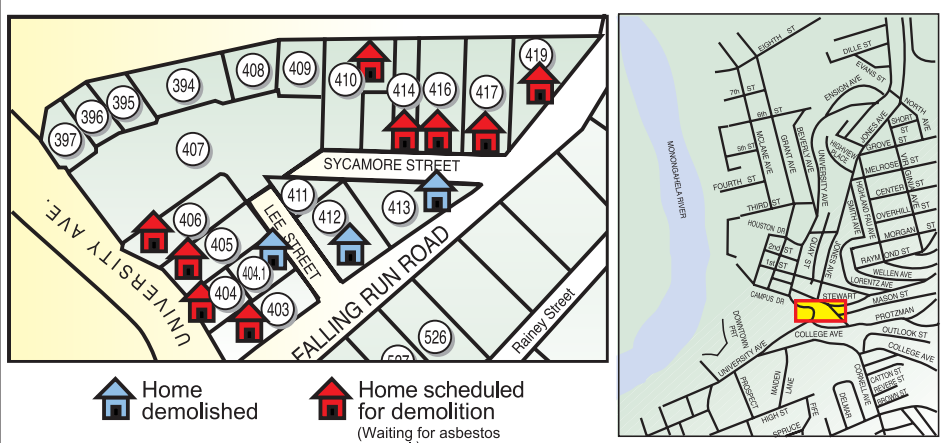
BY ERIC BOWEN
The Dominion Post

With a loud crack of breaking wood and a piercing squeal of torn aluminum, the roof of 285 Falling Run Road crashed into the rubble of the building it used to crown Tuesday, marking the beginning of demolition of several apartment houses in the old stadium loop.

Three houses were taken down Tuesday, and another four are planned for demolition next week, according to Rob Seese, general manager of Morgantown Excavation. Five houses along Yoke Street will come down, at the latest, by the end of March. Seese said the debris from the houses likely will be removed by Saturday.

According to C.J. Cira, owner of Cira and Associates Consulting, asbestos

The Square at Falling Run demolition



Eric J. Tomlinson / The Dominion Post

removal for the 12 buildings should be completed within three weeks. He said he has had crews taking out the material since last week, removing asbestos fibers and asbestos-laced windows.

Morgantown Mayor Ron Justice said the demolition is a major step forward in the Sunnyside area. He said tearing down the properties and building a complex is

SEE DEMOLITION, 2-A

What's next?

- Four houses along University Avenue are set to be razed next week.
- Five houses along Yoke Street will come down during the next few weeks.

Lawmakers: Bush budget a 'curve ball' for W.Va.

BUSH PROMOTES his budget, pressures Congress to back it. **Page 3-A**

Associated Press

CHARLESTON — With cuts to such programs as Medicaid in his federal spending proposal, President Bush likely has complicated the already toilsome process of crafting West Virginia's budget, lawmakers say.

"It's another curve ball getting thrown at us," House Speaker Bob Kiss, D-Raleigh, said Tuesday. "It's something we can get through, but it's not going to be pleasant." From highways to health care, the fed-



eral government has helped fund West Virginia state agencies and programs to the tune of \$2.7 billion this year.

In proposing that the federal government spend a total \$2.57 trillion during the budget year that begins Oct. 1, Bush plans more than \$137 billion in cuts for that year as well as the next decade.

The proposed cuts include \$60 billion from Medicaid, the federal-state health

SEE BUDGET, 2-A

Byrd assails cuts in VA medical programs

The Dominion Post

President Bush has sent to Congress a plan that requires veterans to dig much deeper into their pockets to pay for a doctor's visit at their local Veterans Administration medical clinic, and many will have to pay a \$250 annual fee just for the privilege of using VA facilities, U.S. Sen. Robert C.

SEE BYRD, 2-A

Cease-fire declared in Mideast

Abbas, Sharon reach deal to end violence

Associated Press

SHARM EL-SHEIK, Egypt — Israeli Prime Minister Ariel Sharon and Palestinian leader Mahmoud Abbas declared Tuesday that their people would stop all military and violent attacks against each other, pledging to break a four-year cycle of bloodshed and get peace talks back on track.



Mahmoud Abbas

With their national flags whipping in the wind, Sharon and Abbas met face-to-face at a Mideast summit, smiling broadly as they leaned across a long white table to shake hands. In one sign that the talks went well, Egypt and Jordan announced afterward that they would return their ambassadors to Israel after a four-year absence — possibly within days — and the Israeli foreign minister said other Arab countries might follow.



Ariel Sharon

But the Palestinian militant group Hamas immediately called the deal into question, saying it would not be bound by the cease-fire declarations and was waiting to see what Israel would do next.

As part of the deal, Israel will hand control of five West Bank towns to the Palestinians within three weeks and immediately release 500 Palestinian prisoners.

Scientist gets license to conduct medical human cloning research

Associated Press

LONDON — The British government Tuesday gave the creator of Dolly the Sheep a human cloning license for medical research.

It is the second such license approved since Britain became the first country to legalize research cloning in 2001.

The Human Fertilization and Embryology Authority, which regulates such research, approved the license for Ian Wilmut, who led the team that created Dolly at Scotland's Roslin Institute in 1996.

He applied in September to Britain's fertility authority for a human cloning license to study how nerve cells go awry to cause motor neuron disease.

The first license was granted in August to a team at Newcastle University that hopes to use cloning to create insulin-producing cells that could be transplanted into diabetics.

Such work, called therapeutic cloning because it does not result in a baby, is opposed by abortion foes and other biological conservatives because researchers must destroy human embryos to harvest the cells.

LOTTERIES

WEST VIRGINIA
Daily 3: 4-7-2
Daily 4: 1-4-8-6
Cash 25: 4-6-8-14-18-23

Pick 3: 9-4-0
Pick 4: 5-0-3-3

MARYLAND
(evening)

Pick 3: 3-8-8
Pick 4: 2-6-5-2
Bonus Match 5: 01-03-11-12-39
Bonus Ball: 30
(afternoon)

PENNSYLVANIA
(midday)

Daily Number: 4-2-4
Big 4: 1-7-0-9
Cash 5: 04-16-23-25-39
Match 6: 05-07-08-16-25-39
(evening)
Daily Number: 1-2-8
Big 4: 5-1-0-4

BUDGET

FROM PAGE 1-A

insurance program for the poor and disabled. Of that, \$15 billion would come from the program's projected growth over those 10 years.

Medicaid covers nearly one in four West Virginians, or more than 321,000 people. The state has been able to draw down \$3 in federal funds for every dollar it budgets toward the

program. For the budget year that ends June 30, the state has allotted \$239 million for Medicaid.

But as medical costs rise and more people qualify for the program, funding Medicaid has become an increasingly difficult prospect for state lawmakers. They reduced the state's share by \$14 million for this year's budget, even while costs increase by an estimated \$25 million annually.

BYRD

FROM PAGE 1-A

Byrd, D-W.Va., said Monday.

"We have more than 150,000 men and women in battle in Iraq. Today's soldiers are tomorrow's veterans. When those men and women get home, they'll have the thanks of a grateful nation. And they'll have a bigger bill for their medical care," Byrd said. "The Bush Administration ought to stick up for veterans instead of sticking them with a bigger health care bill."

The President on Monday sent to Congress his federal budget for the coming fiscal year. Included in that budget is a doubling of the copayment for monthly prescriptions and a \$250 "user fee" for vet-

erans who the Administration classifies in "lower-priority categories."

In January 2003, the Bush Administration made the decision to start turning away hundreds of thousands of these "lower-priority" veterans from service at VA hospitals, he said.

"West Virginia veterans who receive their health care from the Clarksburg VA Medical Center are not immune from these significant hikes in fees and copayments," Byrd explained.

"Veterans paid for their health care at Iwo Jima, at the Mekong Delta, at the Chosin Reservoir, and at Fallujah. They shouldn't be expected to pay yet again for the benefits which they were promised and that they earned," Byrd stated.

DEMOLITION

FROM PAGE 1-A

indicative of the cooperation the city has had with private developers to improve the city's image.

"I think the people in Morgantown will see a big difference when those buildings come down," Justice said. "I think it will be one of the first projects to reshape Sunnyside."

The demolition of the houses is part of a redevelopment of the stadium loop area called The Square at Falling Run. The \$250 million project is envisioned to encompass retail shops, office buildings and residential homes.

The destruction of the apartment houses in the triangle near University Avenue and Falling Run Road will make way for a parking garage that will provide the base for The Square at Falling Run development.

According to City Manager Dan Boroff, once the buildings are taken down, the next step in the process will be for developers to build the first apartment building for the project called The Augusta. Boroff said he expects that project to begin this year and finish in 2006, ending the first phase of construction for The Square at Falling Run project.

Once The Augusta gets started,

Boroff said, the city will be able to finance a bond to purchase more property adjacent to where the buildings are now under demolition. Plans call for a 1,700-space parking garage with an urban square sitting on top of it.

"Symbolically, I think this is the best example of the progress in Morgantown," Boroff said of the buildings' demolition. "Those houses have been a blight for a generation."

A few passersby stopped to watch the destruction of the houses.

WVU students Brad Janoske said he lived up the street from the houses and had been keeping an eye out for when they would be taken down. He said that though he might not be able to take advantage of the new development, he thought others would benefit.

"I think it's going to be nice," Janoske said. "Then again, you're tearing down houses when students are looking for places to live."

Dave Bonasso stopped to look on his way to class. Though he was somewhat disappointed with the way the houses were taken down, he said that getting rid of decrepit housing would be beneficial for the city.

"I was hoping they would do an implosion or fireworks," he joked. "I think The Square will be definitely a nice thing for the downtown."



Ron Rittenhouse/The Dominion Post

Rob Seese, general manager of Morgantown Excavating, sprays water on a demolished building on Falling Run Road on Tuesday in order to reduce dust from the debris.

COUNCIL

FROM PAGE 1-A

needs to be addressed."

3rd Ward

Frank Scaffella, who lives on Virginia Avenue, has filed to run for his eighth term on council. The former mayor and retired professor could not be reached for comment by press time Tuesday.

4th Ward

Teresa Miller, 52, has been a member of council for 10 years and said she wants to continue to help the city through its period of strong growth. Miller, who lives on Fairlawn Avenue, said her main issues deal with the growing pains of traffic and roads. She said the state needs to help the city through its problems.

"I think each one of us has projects that we start to work on and want to see them through," she said. "I am always concerned about public safety. That includes the fire department, the police department, crosswalks and sidewalks."

5th Ward

Mayor Ron Justice, 42, is running unopposed for his eighth term on council. Justice, a resident of Johnson Avenue, echoed other council members' statements in saying that finding the money for new roads should be the city's top priority. "That will be the biggest thing I will push in the next two years, if elected, will be the road issues," he said. "I don't think there has been a priority in the Morgantown area for roads by the highway department."

6th Ward

Attorney and administrative law

judge Bill Byrne, 59, said that he would like to continue on council because of unfinished business he wants to pursue. A council member since 1999, Byrne, a resident of South Hills Drive, said growth has been a blessing and a challenge for Morgantown, and the city has to work with other communities to deal with long-term problems.

"Some of the sprawl issues outside of town are going to continue to be a problem," he said. "I think it's going to be a challenge for us in the future to see that that happens."

Tony Antonini, 21, is a student at Fairmont State University, studying secondary education. A lifelong resident of Morgantown on Wade Street, he said he has always been politically active and would like to help solve some of the city's longtime problems of traffic and infrastructure.

"I understand these aren't easy issues, and the solution isn't going

to be easy," he said. "I think it's going to take more effort to get the job done that needs to be done." Kelly Palmer of East Brockway Avenue was not available for comment Tuesday.

7th Ward

Don Spencer, 68, said he was running for re-election to his second term on council because he has not met all of the goals he had set for his tenure, and would like to continue to pursue issues that are important to him. Spencer, a resident of Harvard Avenue, said the city has to do better planning for growth and maintaining city services.

"I'm particularly concerned with the neighborhoods," he said. "The residential areas have not received as much attention as they need to keep up with the economic growth that we've experienced in the last few years."

CLARIFICATIONS

The Dominion Post strives to publish balanced, accurate, responsible and fair information. If a factual error occurs, however, a correction or clarification will be published in this space. Errors should be brought to the attention of Editor Geri Ferrara, 291-9425, as soon as possible following publication.

The Rock Forge senior citizens will meet at 11 a.m. Feb. 18 at the Rock Forge Neighborhood House. They will not meet Feb. 11 as stated in the Senior News on Monday.

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West Virginia
Wild and Wonderful

Bush promotes his budget, pressures Congress to back it

President defends cuts in domestic programs

Associated Press

DETROIT — President Bush on Tuesday promoted his entire domestic agenda — from a massive Social Security overhaul to a new, austere budget — as changes needed for faster job growth and a solid economic expansion.

Bush addressed the Detroit Economic Club but aimed his comments as well at Congress, where some of his proposals face bipartisan resistance. He defended the cuts and restraints in the \$2.57 trillion proposal he sent to Capitol Hill on Monday.

“Now Congress needs to join with me to bring real spending discipline to the federal budget,” Bush said. “It is essential that those who spend the money in Washington adhere to this principle: A taxpayer dollar ought to be spent wisely or not spent at all.”

Speaking in the manufacturing center of Detroit, Bush ran through his list of domestic priorities, pressing Congress to make past tax cuts permanent, add private accounts to Social Security, curb lawsuit awards to plaintiffs, allow small businesses to pool health insurance purchases, approve his energy plan, create a guest worker program for illegal immigrants, require testing of high school students, and simplify the tax code — all to help make the country more competitive on the global marketplace.

“We’re moving forward with an ambitious agenda to ensure that our economy remains the freest, the most flexible and the most prosperous in the world,” he said.

Though the economic recovery has become more firmly entrenched and America’s payrolls are growing, the nation’s job market is improving only at a sluggish pace.



AP Photo
President Bush addresses the Detroit Economic Club in Detroit on Tuesday, one day after sending a \$2.57 trillion federal budget proposal to lawmakers on Capitol Hill.

“**Leaders in Congress and in the business sector have expressed their concerns about federal spending, and I’ve listened.**”

George W. Bush
U.S. president

But with his re-election won and job-creation numbers finally in positive territory during his time in office, the president has moved from the defensive to the offensive on the topic. He portrayed his spending plan as a centerpiece of his prescription for prosperity.

“Leaders in Congress and in the business sector have expressed their concerns about federal spending, and I’ve listened,” he said.

Priest guilty of felony sex charge involving high school student

Associated Press

PHILADELPHIA — A priest who taught at a Roman Catholic high school for boys pleaded guilty Tuesday to having a sexual relationship with a student in the late 1970s.

The felony plea by the Rev. James J. Behan, 61, an Oblate priest who now lives in Childs, Md., marks the first criminal plea involving priest sexual abuse in Philadelphia Court of Common Pleas, a prosecutor said.

Behan performed oral sex on the teenager dozens of times from 1978 to 1980 when he taught at Northeast Catholic High School, Assistant District Attorney Maureen McCartney said.

The victim, who was 15 when the abuse started, had thoughts of becoming a priest and spent considerable time with Behan, who had the trust of the boy’s deeply religious family, she said.

The sex acts took place at rectories and on overnight trips, but apparently not at the high school, McCartney said.

Behan faces up to 25 years in prison at his May 25 sentencing for involuntary deviate sexual intercourse and corruption of minors.

The plea came after rulings last year by two city judges who waived the statute of limitations because Behan, a Philadelphia native, left the state in 1980 to take a parish job in North Carolina.

“This is a person that was a priest. He taught at the same school, he took this student under his wing, and then he abused him,” McCartney said.

Behan unexpectedly entered the plea at a status conference. His lawyer did not immediately return a phone call from The Associated Press.

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EDITORIAL

Budget plan just a starting point

Lawmakers get their turn at latest spending proposal from president

Ladies and gentlemen, sharpen your pencils. President Bush sent Congress a \$2.57 trillion budget plan Monday that, outside defense, homeland security and mandatory programs like Social Security, seeks a 0.5 percent overall spending cut — the first such proposed cut since the Reagan administration. Of 23 major agencies, 12 would see their budget authority reduced in the next fiscal year. In addition, Bush's budget would cut 150 federal programs. We don't agree with each, but this is a starting point. And keep in mind, these cuts barely nibble at the edges of our government. So should we expect a principled, constructive discourse on what works and what doesn't; what's waste and what's worthy? Hardly. Nevertheless, we urge our lawmakers, who want to protect a program, to simply show it works. That's a start. Just because it's a government program doesn't mean it's indispensable.

Lawmakers must justify spending — convince us we need it. Clearly, it will spark debate; but most things worth fighting for are subject to debate. Our representatives should also be looking at ways to cut waste as well as preserve what's important. It'll take tough decisions — on entitlements, tax policy, spending across the board — to balance the budget. Some of the proposed cuts are probably necessary and seem daring. It may be reasonable to even call them sticking your head in a lion's mouth, but that hasn't discouraged Bush.

We are not referring to his proposed cuts in education, environmental programs and health services to veterans. No, we refer to seeking to scale back agricultural subsidies by almost 10 percent and targeting long-protected military weapons systems. You're talking powerful constituencies. And the early response, from Democrats and Republicans, is not reassuring. Democratic leaders have referred to the proposal as a "hoax" because it omits future costs of the wars in Iraq and Afghanistan and there's no mention of the billions that will be needed for Bush's No. 1 domestic priority, overhauling Social Security. Bush's proposal to cut subsidies to farmers by \$5.7 billion over a decade at first blush looks like it deserves consideration. But this proposal may never see the light of day because the GOP chair of the Senate Appropriations Committee, already opposes it. And though the Pentagon will enjoy a 4.8 percent increase in funding its priorities appear sensible. It expands the Army and Marines and adds counterterrorism commandos, but it cuts back funds for a new fighter jet, reduces Navy shipbuilding and slows spending on a missile defense system. White House budget-makers appear to be drawing a line in the sand here at home while waging a war in foreign lands, all the while cutting taxes. But if the numbers don't add up, something's got to give — and take.

Metro-government might rip state's rural fabric

According to my information, some politicians from my area and other larger counties and cities around the state are hoping to get metro-government made legal in West Virginia. For those unfamiliar with the term, it is the consolidation of the city governments within a county with the county government itself to form a single governing body for that county.

Though this is being touted as move toward efficiency, I believe it is just an attempt by some politicians to broaden their power base. I also believe that the results will be higher taxes, poorer service and countywide expansion of zoning, building and health codes.

Considering that these same people are talking about making it easier for large well-financed counties to "absorb" smaller struggling counties, it seems obvious to me that small counties and cities should beware any such changes to our state laws.

I hope that your newspaper and your readers take a stand against this movement that could destroy the rural fabric that gives our state its atmosphere and our lives their freedom.

**Steve Dye
Parkersburg**

Social Security cure worse than the problem

The editorial (DP-Feb. 4) is right in stating that "The cure can be worse than the problem."

It repeats Bush's statement of the problem that in 13 years benefits will exceed pay into the system, but nothing is said about payments into the system exceeding benefits, as they have for the last 20 years.

It would seem to make sense to save/invest this surplus to cure the problem anticipated to begin in 2018. This is exactly what the Social Security Trust Fund, invested in government bonds, was set up to do and, under reasonable assumptions, it should have no problem for about 40-50 years. And indeed, under the economical assumptions being used to make the private accounts look good, some

LETTERS TO THE EDITOR



economist say the fund would cover the present plan for more than 75 years.

Is there a real problem? Yes, the federal deficit is too large. The SSTF has been and continues to be used to make the federal deficit look smaller.

The record federal deficit last year of more than \$400 billion would have been closer to \$600 billion without the camouflage provided by the SSTF. Over the last 20 years, the SSTF has accumulated a surplus approaching \$2 trillion, while the federal government has accumulated a multi-trillion dollar debt. It is going to be a problem when the SSTF needs to cash in its bonds to meet benefit payments; becoming a drain on the treasury rather than the usual source.

Will the proposed private personal accounts help with this problem? No, it will indeed make the system worse by forcing the government to borrow both what is required to replace any needed funds from the SSTF, and money needed to get the personal accounts started.

Even White House figures estimate that \$754 billion will need to be borrowed over 10 years to cover Bush's plan to

Tell us what's on your mind

Mail letters to:

Letters to Editor
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1251 Earl L. Core Road
Morgantown, WV 26505

E-mail letters to:

opinion@dominionpost.com.

Please include your name, address and telephone number for confirmation purposes.

Letters should not exceed 300 words. The Dominion Post maintains exclusive rights to submitted material in its print and online editions.

allow workers to shift 4 percent of their payroll-tax contribution to private accounts. Ruling out any increase in payroll taxes, Bush's actual fix appears to be proposing that traditional benefits be cut for some by up to 40 percent.

This may "fix the crisis" by essentially defaulting on a portion of the SSTF, but it is certainly risky to count on personal market accounts making up for the damage such cuts would make to our vital Social Security safety net.

If we could get past the ideology that big government programs are always bad and free markets are always good; then it should be possible to agree on a

sensible program that allowed the SSTF to invest some of the current excess funds in something like a total market index fund. This would force any administration to recognize the set aside of these funds and some diversity would be good for long-term investments.

If any further adjustment in the Social Security formula is required, it would make sense to raise the upper bound on which the payroll tax is imposed, since it is those at the top who have gained the most from recent tax cuts made possible by the SSTF surplus hiding a big part of the deficit.

**William S. Lewellen
Morgantown**

'Hotel Rwanda' replays in most recent slaughter in Sudan

WHILE WORLD LEADERS gathered at the barbed wire and crematoriums of Auschwitz 60 years after the liberation of that Nazi death camp, Oscar nominee Don Cheadle gathered with members of Congress on Capitol Hill to try to stop another genocide.

In a crowded House hearing room, the star of "Hotel Rwanda" faced a firing squad of television cameras with Reps. Ed Royce, R-Calif., Barbara Lee, D-Calif., Jim McDermott, D-Wash., and Diane Watson, D-Calif., last week to talk about their recent fact-finding mission to the strife-ridden Darfur region of Sudan.

More than 70,000 innocent civilians are believed to have died and more than 1.8 million forced from their homes in a deadly ethnic cleansing campaign by "janjaweed" militia backed by the Sudanese government.



CLARENCE PAGE

The victims are ethnic Africans. The janjaweed and the Sudanese government are ethnic Arabs. Yet, the United Nations and others quibble over whether the barbarism constitutes genocide and they keep on quibbling while the killing goes on.

"Hotel Rwanda" relives a similar atrocity. Similar diplomatic foot-dragging, hairsplitting and finger pointing in 1994 by the U.N., the Clinton administration and others let more than 800,000 ethnic Tutsis to be slaugh-

tered by ethnic Hutus in Rwanda.

The movie shows that horror through the life of one man, Paul Rusesabagina, a real-life Hutu hotel manager and husband of a Tutsi (beautifully played by fellow Oscar nominee Sophie Okonedo). Inspired by his love for his own family, he uses his wits, a lot of bribes and a lot of courage to help save 1,200 other people whom the rest of the world did not find important enough to rescue.

In one unforgettable scene, "Colonel Oliver," commander of the woefully undermanned U.N. force in Rwanda, played by Nick Nolte, explodes with rage when international forces arrive only to rescue the Europeans.

"You should spit in my face," he rages at the patiently proper hotel manager, after a couple of shots of good booze. "You're dirt. We think

you're dirt, Paul ... The West, all the superpowers ... They think you're dirt. They think you're dung ... You're not even a nigger. You're African!"

Scenes like that one, bloodless yet filled with emotional power, left me, my family and the rest of the audience leaving our neighborhood theater asking ourselves more questions than anyone else could ever answer for us, questions like, Is Colonel Oliver right? Are we in the rest of the world that indifferent to Africa?

Nolte's character appears to be based on Gen. Romeo Dallaire, a Canadian left embittered by his experience. He told a PBS Frontline interviewer last year that the outside world cared less for human Rwandans than it does for the rare mountain gorillas of northwest Rwanda that Dian Fossey made famous in "Gorillas in the Mist."

"People saw the film and said, 'Wow, that's terrible. What happened? Wish I had known,'" Cheadle told reporters. "Now you know."

Indeed, the same quibbling over whether "genocide" should be applied to the Rwandan slaughter is recounted in the movie and replayed this week. A U.N. commission investigating violence in Darfur reported Jan. 31 that it had found mass killings, forced displacement of civilians and other "criminal" atrocities, but refused to use the G-word to describe the situation.

As an internal Clinton-era memo said, calling the Rwanda crisis "genocide" would obligate the United States and the U.N. to do something.

The Bush administration has been calling the Sudan situation genocide since last fall, but the African Union force of 1,000 on the ground there

has been no more effective at stopping Darfur violence than the inadequate force the U.N. put into Rwanda.

The Bush administration and the U.N. are feuding over where Sudan's war criminals should be tried. At the same time, Russia and China have blocked U.S. efforts to impose sanctions against Sudan's government.

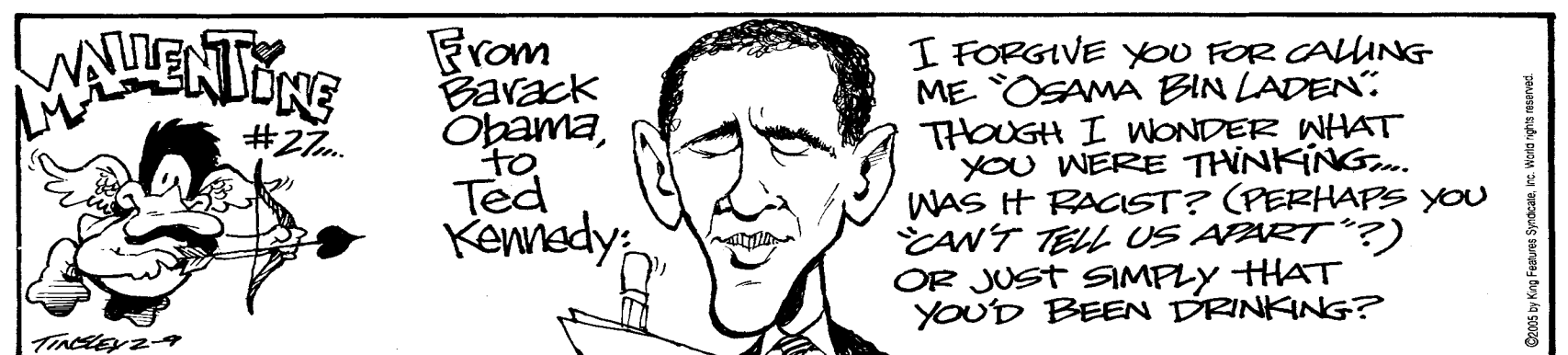
Clinton has since apologized to Rwandans and the rest of the world for allowing so many people to be killed in just three months before taking action to stop it. The Bush administration under Secretary of State Colin Powell has tried to take more decisive action. Yet the killing continues.

As Cheadle said, now we know. But, what are we going to do about it?

CLARENCE PAGE writes a column for the *Chicago Tribune*.

BY BRUCE TINSLEY

MALLARD FILLMORE



DOONESBURY



BY GARRY TRUDEAU

THE DOMINION
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OBITUARIES

Dorothy Sante Trusio

Our beloved mother, Dorothy Sante Trusio, passed away quietly on Sunday, Feb. 6, 2005, in the wonderful Madison Center.



Dorothy Trusio

She lived at 34 Derrick Ave., Uniontown, Pa., with her late husband Pat C. Trusio.

Dorothy was born May 21, 1913, daughter of Mr. and Mrs. Luis Sante (Santangelo) in Uniontown.

She is survived by two daughters, Georgia Trusio of Atlanta, Ga., and Darlene Trusio Dunn and husband, Jim, of Morgantown, W.Va., and a son, Patrick Trusio of San Diego, Calif. She also leaves her loving grandsons, Marc Trusio of Atlanta, Michael Trusio of Los Angeles, Calif., and Riley Dunn of Morgantown. Jeff Dunn of Morgantown was also considered as a loving grandson. Also surviving are two loving sisters, Rose DeMarco of Connellsville, Pa., and Theresa Capranica of Uniontown, and several nieces and nephews.

In addition to her parents, she was preceded in death by brothers and sisters, Lena Carolla, Tony Sante, Josephine "Jay" Tresky, Angelina Sante, Joe Sante, all formerly of Uniontown, and Minnie Traficanty formerly of Connellsville.

Friends will be received from 2-4 and 7-9 p.m. on Wednesday, Feb. 9, and until 9 a.m. Thursday, Feb. 10, when a Blessing Service will be held, at the Thomas M. Dolfi Funeral Home, 136 North Gallatin Ave., Uniontown, Pa. A Mass of Christian Burial follows at 9:30 a.m. in Saint Therese de Lisieux Roman Catholic Church, Mill Street, Uniontown, with the Rev. Father Kenneth G. Zaccagnini, V.F., and the Rev. Father Donald X Higgs of St. John's Parish as Celebrants.

St. Therese Altar Society and CD of A Court 505 of Uniontown will recite the Rosary at 7:30 p.m. Wednesday.

Burial will follow in Sylvan Heights Cemetery, Uniontown.

Shelby Brown

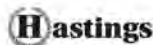
Shelby Brown, 63, of Brockway Avenue, Morgantown, passed away Saturday, Feb. 5, 2005, at Sundale Nursing Facility.

Shelby enjoyed traveling and had lived in several different states. He pursued many different occupations, and had served as a minister while living in Tennessee. He was very active in the local Alcoholics Anonymous Chapter and was considered a gentle man, always being kind and considerate of others.

He is survived by one son, Jeff Brown, and one daughter, Catherine Williams.

Cremation Services will be provided by Hastings Funeral Home.

A Memorial Service will be held at 7:30 p.m. on Friday, Feb. 11, at Potters Cellar in Newman Hall, at St. John's Catholic Church.



Josephine W. 'Jo' Lawrence

Josephine W. "Jo" Lawrence, 78, of Point Marion, Pa., died Monday, Feb. 7, 2005, at Rolling Meadows Nursing Home, Waynesburg, Pa.

Born April 25, 1926, at Morgantown, W.Va., she was a daughter of the late Raymond R. and Mary Lucinda Stimmell Nuce.

She was a faithful member of the Lake Lynn Chapel, where she sang in the church choir and enjoyed helping with church dinners.

Jo was retired after 27 years as a seamstress with the Morgan Shirt Co., in Morgantown, and was a member of the Amalgamated Union, Local 347.

Surviving are three children, Norma Jeanne Noakes of Point Marion, Robert Lawrence of Lake Lynn, Pa., and Franklin Dewey Lawrence of Carmichaels, Pa.; seven grandchildren, and 12 great-grandchildren.

She was preceded in death by her husband, Robert E. Lawrence on March 29, 1997, and by a half-brother, Lloyd E. Stimmell.

The family will receive friends from 10-11 a.m. on Thursday, Feb. 10, the hour of Memorial service conducted by the Rev. Reba Thurmond, in the Lake Lynn Chapel.

Private burial will be in Evergreen Memorial Park, Point Marion.

Arrangements are in the care of the Richard R. Herod Funeral Home of Point Marion, Pa.

In lieu of flowers, memorials may be offered to the Lake Lynn Chapel, c/o Sharon Sweder, Treasurer, P.O. Box 94, Lake Lynn, PA 15451.

ALL OBITUARIES can be directed to obits@dominionpost.com.

Mary Trompak Bezjak

Mary Trompak Bezjak, 74, of Morgantown, passed away Tuesday, Feb. 8, 2005, at her residence.



Mary Bezjak

She was born June 14, 1930, in Morgantown, W.Va., a daughter of the late John and Bertha Soroco Trompak.

She was a member of St. Mary's Byzantine Catholic Church in Sabraton and former member of the Ladies Guild. She also attended the Riverside Apostolic Church.

She owned and operated a Reflexology Business for over 20 years on Listravia Avenue in Sabraton.

Before opening her business in Sabraton, Mary had been employed with WVU Television.

She is survived by her husband Joseph "Joe" Bezjak of Sabraton; two daughters and spouses, Rose and Bruce Barker of Mannington, W.Va.; Mary and Kevin Clark of Morgantown; one brother and spouse, Charlie and Margaret Trompak of Morgantown; 11 grandchildren, Sarah and spouse Matthew Lynch, Bruce Allen Barker II and spouse Deb, Joshua and spouse Amanda Barker, Seth Barker, Ray Bezjak, Sheri Bezjak, Joe Bezjak, Rebekah Gribble, Jonah Clark, Shanna Clark and Taylor Clark; five great-grandchildren, Hannah, Joseph and Elizabeth Lynch; and Abigail and Grace Barker; and her special friends and family, Paul and Lil Bezjak, Dorothy Brownlee and Peter and Patty Billie.

She was preceded in death by two sons, Mark and Joe Bezjak and two brothers John and Mike Trompak.

Family and friends will be received from 4-8 p.m. Wednesday, Feb. 9, at Hastings Funeral Home, 153 Spruce St., Morgantown, and from 9 a.m. until time of funeral service at 11 a.m. Thursday, Feb. 10, conducted by the Rev. Dr. David M. Hudson and at the funeral home.

Burial will follow at East Oak Grove Cemetery.

In lieu of flowers, donations may be made in Mary's name to Hospice Care, 3363 University Ave., Morgantown, WV 26505.



Elizabeth Mary 'Betty' Simcoe

Elizabeth Mary "Betty" Simcoe, 77, of Eastern Avenue, Morgantown, W.Va., died Sunday, Feb. 6, 2005, at Mon General Hospital.

Friends will be received from 3-5 and 7-9 p.m. on Wednesday, Feb. 9, at McCulla Funeral Home.

Funeral Services will be held at 11 a.m. Thursday, Feb. 10, at McCulla's, with Father Victor Educhukwu as celebrant.

Burial will follow at Beverly Hills Cemetery.

Martha L. Hooton

Martha L. Hooton, 83, of Denver Avenue, Morgantown, passed away Tuesday, Feb. 8, 2005, at Monongalia General Hospital.

She was born April 3, 1921, at Booth, W.Va., the daughter of the late George and Mary McClean Corple.

She was employed at Morgan Shirt Factory and protestant by faith.

She is survived by two sons, Ira F. Hooton Jr. of Philippi, W.Va., and Warren Hooton of Morgantown.

She was preceded in death by her husband, Ira F. Hooton Sr., three brothers and five sisters.

At Mrs. Hooton's request there will be no visitation or funeral services.

Cremation services provided by Fred L. Jenkins Funeral Home.

DAILY REPORT

Star City Police Department Arrests

LEMASTER, Raymond A., 38, of Morgantown, shoplifting, Foodland on Monongahela Boulevard, Feb. 7; Chief Forbes.

Morgantown Police Department Arrests

CALVERT, Christopher G., of Morgantown, second-offense driving on a revoked license and violation of a protective order, Grand Street, Feb. 6; Officer Trejo.

YOUNG, Justin N., of Morgantown, violation of a family protective order, Beechurst Avenue, Feb. 7; Officer Wolfe.

Incidents

BATTERY, a person battered another person on Harding Avenue; Feb. 7.

HIT AND RUN, a vehicle was damaged on Smith Avenue; Feb. 7.

Preston Magistrate Court Dispositions

BRANDT, Billy J., 25, Route 1, Box 369, Bruceton Mills; hunting from motor vehicle, \$173.50; Conservation Officer 1st Class Gary Johnson.

NICKLOW, Heather Lynn, 27, Route 1, Box 107, Newburg; four counts forgery, four counts uttering, waived preliminary hearing, forwarded to Circuit Court, \$80 fees; Trooper J.G. Daugherty.

PIERCE, Rose A., 57, 203 Pleasant Ave., Kingwood; obtaining goods under false pretenses, dismissed by state, investigation continuing; former Assistant Prosecutor Paul Estep.

MITTER, Virginia M., 39, Route 1, Box 140A, Newburg; battery, found innocent by jury; Sheriff's Sgt. Robert L. Baylor.

TEETS, Jimmy Marvin, 22, 500 Shaffer Ave., Terra Alta; fugitive from justice, forwarded to Circuit Court for extradition hearing, \$10 fee; Deputy T.N. Tichnell.

WELCH, David Wayne, 42, 104 East Washington St., Terra Alta; fugitive from justice, forwarded to Circuit Court for extradition hearing, \$10 fee; Terra Alta Officer Daniel Hauger.

WEAVER, James Roy, 28, Route 1, Box 179, Independence; breaking and entering, found probable cause to forward to circuit court, \$10 fee; State Police Sgt. R.L. Monroe.

TURNER, Jay J., 18, Route 1, Box 431, Kingwood; obstructing an officer, \$193.50 and 12 hours; Deputy J.E. Haas.

TAYLOR, Arnold Samuel, 18, P.O. Box 565, Masontown; third-offense sexual abuse, dismissed on prosecutor's motion, complaint fails to set forth probable cause for crime charged; Trooper Isaac Harmon.

GOINES, Jeremy, 30, 492 Tyrone Avery Road, Morgantown; fraudulent schemes, dismissed on prosecutor's motion at request of arresting officer; State Police Cpl. John Wyatt.

Worthless Checks

ALLEN, Melissa S., 1291 Lazzelle Union Road, Maudsville; three dismissed by state, will be charged again.

PASE, George J., Route 1, Box 116, Tunnelton; dismissed prior to hearing, paid in full, totals \$282.43, \$396.43, \$302.08 checks and costs.

World's smallest baby goes home

MAYWOOD, Illinois (AP) — A baby born weighing less than 9 ounces and believed to be the smallest ever to survive went home Tuesday after nearly six months in the hospital.

Rumaisa Rahman's prognosis "is very good," and she is expected to have normal physical and mental development, said Dr. Jonathan Muraskas, who provided care for the tiny girl and her larger twin sister, Hiba, after their births Sept. 19 at Loyola University Medical Center outside Chicago.

Rumaisa weighed 8.6 ounces at birth and measured just 9.5 inches long. She is now 5 pounds, 8 ounces, and almost 17 inches long.

She still requires around-the-clock oxygen — common for premature babies with underdeveloped lungs — but will be gradually weaned from the oxygen tank, said Loyola spokesman Stephen Davidow.

Davidow said the parents, Mahajabeen Shaik and Mohammed Rahman of Hanover Park, wanted a low-key departure Tuesday for Rumaisa rather than the media fanfare of when they introduced the babies to the world in December.

Hiba, who weighed 1 pound, 4 ounces, and was 12 inches long at birth, now weighs 8 pounds, 8 ounces and is 19 inches long — about the size



AP Photo

Mohammed Abdul Rahman holds his daughter, Rumaisa, believed to be smallest baby ever to survive as they prepare to leave the Loyola University Medical Center in Maywood, Ill., on Tuesday. Rumaisa weighed 8.6 ounces at birth and measured just 9 1/2 inches long, more than an ounce less than the previous smallest baby, born at Loyola in 1989 at 9.9 ounces. She is now 5 pounds, 8 ounces, and almost 17 inches long.

of a full-term newborn. She went home from the hospital Jan. 9.

The babies were delivered by Caesarean section 14 weeks early

at just 26 weeks' gestation after their mother developed pre-eclampsia, involving dangerously high blood pressure.

Who are the area's 'Most Influential?'

The Dominion Post

The Dominion Post is preparing to put together its annual "Top 100 Most Influential" list. And we'd like to hear from you.

Do you know movers and shakers who are making an impact in Monongalia, Preston or Marion counties?

It might be someone prominent. It might be someone behind the scenes, or even someone who makes a difference through the routine deeds of everyday life.

If you would like to nominate a candidate for our Top 100 list, please e-mail dbear@dominionpost.com, or send a written nomination to Top 100 Nominee, The Dominion Post, 1251 Earl L. Core Road, Morgantown, WV 26505.

Please provide us with a name and contact information for your nominee. Nominations must be e-mailed or postmarked by Feb. 15. Please do not phone in nominations.



AP Photo

Muppets take Harvard

Muppet Grover visits Harvard's Cambridge, Mass., campus in cap and gown Tuesday for a news conference announcing a new Harvard Graduate School of Education course, Informal Learning for Children, which began Tuesday.

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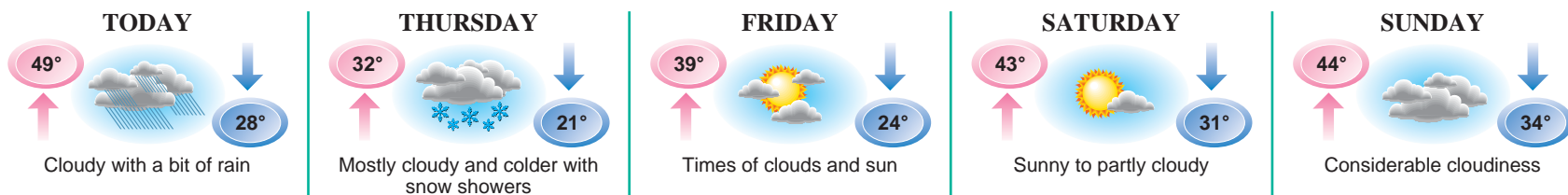
Can't make it this month? Call us for other presentation dates or for a personal tour.

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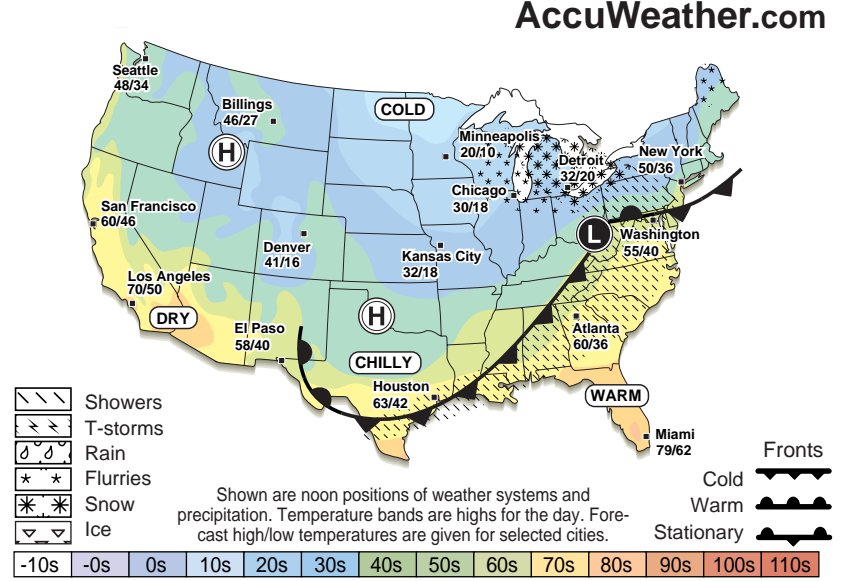
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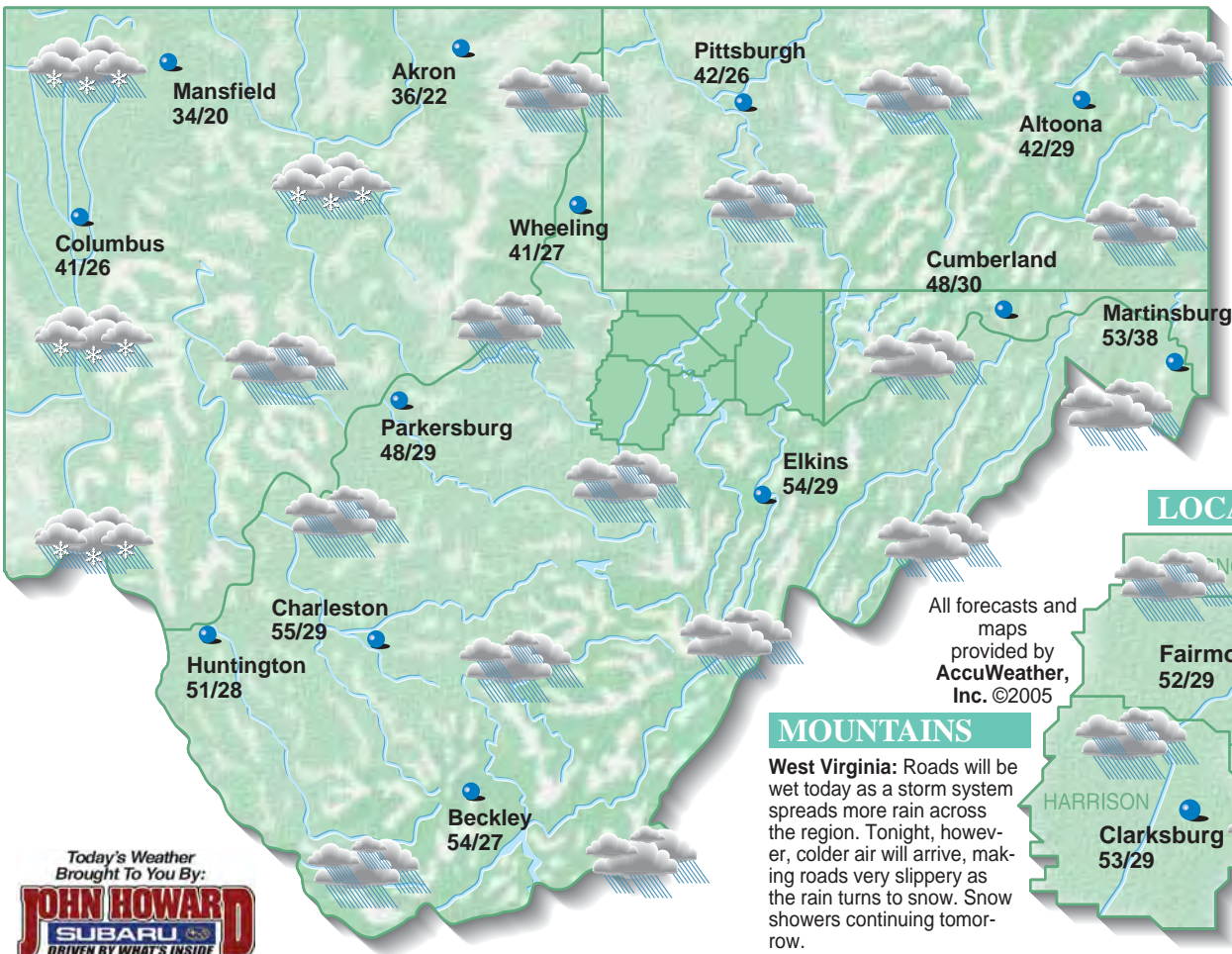
FIVE-DAY FORECAST FOR MORGANTOWN



NATIONAL WEATHER TODAY



REGIONAL WEATHER



ALMANAC

Morgantown through 4 p.m. Tuesday

Temperature
 High/low 52°/44°
 Normal high/low 41°/23°
 Record high 66° in 2001
 Record low -8° in 1972

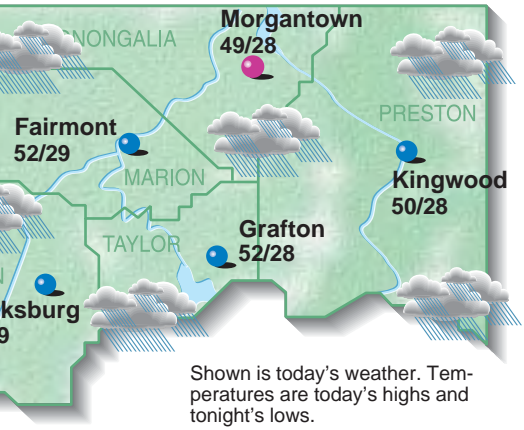
Precipitation
 24 hrs ending 4 p.m. Tuesday 0.10"
 Month to date 0.22"
 Year to date 6.14"

SUN AND MOON

Sunrise today 7:19 a.m.
 Sunset tonight 5:49 p.m.
 Moonrise today 8:08 a.m.
 Moonset today 6:54 p.m.

Feb 15 Full
 Feb 23 Last
 Mar 3 New
 Mar 10 First

LOCAL WEATHER



MOUNTAINS

West Virginia: Roads will be wet today as a storm system spreads more rain across the region. Tonight, however, colder air will arrive, making roads very slippery as the rain turns to snow. Snow showers continuing tomorrow.

ALMANAC

Associated Press

Today is Wednesday, Feb. 9, the 40th day of 2005. There are 325 days left in the year. This is Ash Wednesday. This is the Chinese New Year of the Rooster.

HIGHLIGHT IN HISTORY:
IN 1943, the World War II battle of Guadalcanal in the southwest Pacific ended with an American victory against Japanese forces.

ON THIS DATE:
IN 1773, the ninth president of the United States, William Henry Harrison, was born in Charles City County, Va.

IN 1950, in a speech in Wheeling, W.Va., Sen. Joseph McCarthy, R-Wis., charged the State Department was riddled with Communists.

IN 1964, The Beatles made their first live American television appearance on "The Ed Sullivan Show" on CBS.

TODAY'S BIRTHDAYS:
 Actress Kathryn Grayson is 83. Singer-songwriter Carole King is 63. Actor Joe Pesci is 62. Singer Barbara Lewis is 62. Author Alice Walker is 61. Actress Mia Farrow is 60. Singer Joe Ely is 58. Actress Julie Warner is 40. Country singer Danni Leigh is 35. Actor Jason George is 33. Actress Camille Winbush ("The Bernie Mac Show") is 15.

Wife won't be a part of hubby's road show

DEAR ABBY: My husband, "Wilmer," and I are in our mid-50s. We've been married 35 years, and for the most part we have gotten along great. However, for about the last 12 years, Wilmer has been on this kick that when we're on a road trip, he wants me to "flash" truckers. At times, he has even tried to get me to show everything.

He says I'm not getting any younger and I'll regret it someday. Last weekend, we were on the road again, and he wanted me to do the trucker thing. When I refused, I got the silent treatment.

After we returned home, Wilmer and I were in our hot tub, and he said another trip had been "wasted" because I wouldn't cooperate.

I am not a prude. I enjoy sex with my husband, but I'm not an exhibitionist. I have thought about talking to my pastor, but Wilmer would just say he's on my side because I believe in God and my husband is an atheist. — UNDERCOVER WIFE IN S.C.

DEAR UNDERCOVER WIFE: What your husband is suggesting could cause a fatal accident. Please remind Wilmer that indecent exposure is a crime and that he is going to have to get his kicks somewhere other than Route 66.

DEAR ABBY: I'm 16 and a junior in high school. For the past year and a half, I have been taking ballroom



JEANNE PHILLIPS

dancing lessons and was assigned a teenage dance partner. To make a long story short, I fell for him.

A few months ago, he finally decided to date me. It didn't last long. After six weeks we broke up. It turned out that he didn't really like me. We have sort of gone back to being friends.

Is there any way I can get over him quicker? I have to ballroom dance with him every week, and it hurts to waltz with someone you know doesn't reciprocate your feelings. — TAKES TWO TO TANGO

DEAR TAKES TWO: The obvious answer would be to ask your teacher to assign you a different partner. You'll have to readjust the way you think about the young man. When you go to the dance floor, take a mental step backward. Tell yourself he is your business partner. I'm not saying it will be easy to do. But it might give you a different perspective — and that's a "step" in the right direction.

JEANNE PHILLIPS writes "Dear Abby" under the pseudonym Abigail Van Buren.

TV LISTINGS

Time	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
BROADCAST CHANNELS	CBS 2 News (S) (CC) 73444	CBS Evening News (S) (CC) 1828	The Insider Plastic Surgery (N) (S) (CC) 828	Entertainment Tonight (N) (S) (CC) 996	Lost Homecoming: Claire returns with no recollection of anything since the plane crash. (N) 9272538	(9:01) Allias Nocturne. (N) (S) (CC) 9542422	The King of Queens Gym Neighbors. 6731	The King of Queens Dugan Groupie. 6731	CSI: NY Blood, Sweat and Tears. (N) (S) (CC) 6606	News (S) (CC) 6979441	Late Show With David Letterman 42039335	
CABLE CHANNELS	A&E City Confidential 254847	Amer. Justice 985170	Amer. Justice 901118	San Fran. Vice 981354	Airline (10:45) "Forget Paris" (1995) 6360248	106 & Park: Top 10 Live 471248	Access Parkers	Girlfriends Parkers	Club Comic 430731	News 106 & Park		

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BRIEFS

OSHA safety training begins today

An OSHA-authorized safety training for construction companies is being offered from 8 a.m.-4 p.m. today and Thursday, at the WORKFORCE West Virginia Business Center, 300 Scott Ave., Morgantown.

The program will include an introduction to OSHA and will address topics such as fall protection, scaffolding, cranes and rigging, excavation, personal protective equipment, hazard communication, confined space entry, electrical and record keeping.

Participants who complete the two-day course will receive a wallet-sized OSHA 10-hour certificate of completion.

Registration is \$25. Lunch is not provided.

Info, or to register: WVU SBDC at 293-5839.

WVU experts discuss neuromuscular problems

Two WVU experts will answer viewers' questions about neuromuscular problems in a live presentation of "Doctors On Call" at 8 p.m. Thursday on West Virginia Public Television, cable channel 8.

Dr. Laurie Gutmann is a neurologist and the director of the WVU electromyography lab. Her special interests include neuromuscular diseases and neurophysiology.

Dr. Maggie Jaynes is the section chief of pediatric neurology at WVU. Her special interests include attention deficit disorder.

"Doctors on Call," with host Dr. Bob D'Alessandri, is a joint production of the WVU Robert C. Byrd Health Sciences Center and West Virginia Public Broadcasting.

Students can apply now for summer NASA internship

A summer student internship program is being offered by NASA West Virginia Space Grant Consortium and TMC Technologies Inc., as part of the Aerospace Workforce Development Program.

College students from across the state will be recruited by WVU and placed at various West Virginia high-tech companies, including TMC in Fairmont.

The program is made possible by a \$67,000 grant from NASA and \$25,000 from other partners. TMC is providing \$10,000 in both mentoring and support for the students.

Recruitment for the NASA interns will begin in February, with placement this summer.

Info: John Dahlia at 368-1862 Ext. 14, 290-0267 (cell), john.dahlia@tmctechnologies.com; or Majid Jaraiedi at 293-4099 Ext. 3737 or majid.jaraiedi@mail.wvu.edu.

MEETINGS

Today
MONONGALIA COUNTY COMMISSION, 10 a.m., in commission office, Monongalia County Courthouse.

MORGANTOWN PARKING AUTHORITY, 3 p.m., at the Public Safety Center.

MONONGALIA COUNTY BUILDING COMMISSION, 5:30 p.m., in the County Commission chambers, Monongalia County Courthouse.

MONONGALIA COUNTY URBAN MASS TRANSIT AUTHORITY (also known as Mountain Line Transit Authority), 6 p.m., at the Garrett Street Bus Depot.

Thursday

MONONGALIA COUNTY DEVELOPMENT AUTHORITY, 7:30 a.m., in the conference room, Morgantown Municipal Airport.

MONONGALIA COUNTY SOLID WASTE AUTHORITY, 9 a.m., in its Walnut Street office, under PRT.

MORGANTOWN PLANNING COMMISSION, 6:30 p.m., Morgantown City Hall council chambers.

CHEAT LAKE VOLUNTEER FIRE DEPARTMENT BOARD, 7:30 p.m., Cheat Lake Fire Hall. Info: 594-1223.

WEST RUN PLANNING DISTRICT ADVISORY COMMITTEE, 6 p.m., Morgantown Airport Conference Room. Info: 291-9570, www.moncp.org.

Animal shelter gets 300 complaints

Cat lovers appalled by Preston policy

BY KATHY PLUM
The Dominion Post

KINGWOOD — Preston County Commissioners have gotten more than 300 e-mails from people appalled at the policy about cats at the county animal shelter.

The irony is that the policy isn't

“The county policy is we don't have a legal responsibility to address a cat problem.”

Vicki Cole
Preston County commissioner

followed, County Administrator/Grant Writer Jennifer Bonnette said Monday.

“The county policy is we don't have a legal responsibility to address a cat problem,” Commissioner Vicki Cole said Monday. “But (Animal

Control Officer) Bruce (Corley) has tried to handle them as humanely as possible.”

E-mails have come in from as far as England after a notice was apparently posted on an animal rights Web site and circulated

among cat lovers about the county policy, she said. Preston Animal Shelter, which is operated by the county, is set up to take dogs. Two weeks ago, Commission President Darwin Wolfe said the county policy is to euthanize cats as soon as they are brought to the shelter.

Corley has acquired some cat cages and keeps cats and kittens as long as possible before destroying them, Cole said. Preston's shelter is a “kill shelter,” meaning animals not adopted are eventually killed. Dogs are kept a minimum of five days.

“(Corley) keeps them as long as possible. It depends on the population,”

Commissioner Dave Price said Monday. “This is ultimately a kill shelter.”

Commissioners also received complaints last month, from a group of people who wanted to volunteer, about the shelter's lack of written policies. Price said an advisory group will be formed, hopefully by the end of the month, to recommend policies to the commission on volunteering and other aspects of shelter operations.

County Humane Officer Deputy Josh Bolyard, Sheriff Ron Crites, Price and Prosecutor Melvin C. Snyder III met last week to discuss the humane officer's duties.

ATV arrives for homeland security

Vehicle purchased with grant money

BY KATHY PLUM
The Dominion Post

KINGWOOD — An ATV may not be the first thing that comes to mind when you think of homeland security, but Preston County Sheriff Ron Crites had it on his list.

“It would have been handy on the homicide investigation there on Bull Run, to have something to run up and down the road on,” Sheriff Ron Crites said.

The department recently took delivery of a 2005 Polaris Ranger with cab, winch and four-wheel-drive. Purchased with part of a \$172,000 Homeland Security grant, Crites said the \$11,000 ATV will be used to reach inaccessible places for “extrication, rescues, bad weather rescues and eradication.”

“It's available to any department in the county that needs it, both police and fire department,” the

sheriff said. Preston Emergency Management/911 Director Duane Hamilton said the Ranger will be handy in



Jason DeProspero/The Dominion Post

Preston Sheriff Ron Crites stands next to the county's new Polaris Ranger 4x4 ATV.

Polaris Ranger 4x4

Hardest working features

- New Lock & Ride (TM) cargo system
- 1,500 pounds payload
- 1,000 pounds cargo capacity
- 13 cubic feet of cargo volume available
- 1,500 pounds towing capacity

■ 41 mph top speed

- On-Demand true four-wheel drive

Smoothest riding features

- New Polaris independent rear suspension
- 9 inches suspension travel
- 11 inches ground clearance

Source: Polaris Powersports Web site, www.polarispowersports.com

“search and rescue situations, even with this county decontamination team.” It also will see use during the Buckwheat Festival,

he predicted. “It's just one of those things that, when you need it, it's handy to have,” Hamilton said.

The sheriff's department also received laptop computers, new bulletproof vests for all police in the county who needed them and radios that will allow deputies in their cruisers to talk with surrounding counties.

None of this would be Crites' first choice for improving homeland security. If he had his druthers, he'd rather use the money to add deputies, but the federal government won't allow Homeland Security money to be spent on salaries.

“That would still be one of my things, that the best device we could have for Homeland Security would be eyes and ears,” Crites said.

“If we could prevent it, would be better than cleanup afterwards,” he said.

School board attempts to keep budget on track

Group says keep substitute teacher costs to minimum

BY ERIC SLAGLE
The Dominion Post

The board of education is urging Mon County Schools to use substitutes sparingly to keep the system's operating budget on track.

The recommendation came dur-

ing a mid-year review of the budget at the board's regular meeting Tuesday.

Midway through the process, the school system has received about 58 percent of its \$71.1 million budget for the 2004-'05 school year. The board expects to finish out the year on \$29.8 million.

That puts the budget in about the same place it was last year at this time in terms of spending,

said system Financial Director Terry Hawkins, who presented the review to the board. Hawkins said the system probably will finish the fiscal year with about \$500,000 to carry onto the next budget if history repeats itself this year.

Hawkins said substitute costs must be kept to a minimum for the remainder of the school year because the system already has

spent \$871,000 of the \$948,000 it budgets for such positions.

Hawkins said the recommendation doesn't mean students will be left unattended if their teacher gets sick or that teachers are less healthy than in previous years.

It's fairly typical for the system to overspend on its substi-

SEE **BUDGET, 2-B**

Preston city-style addressing deadline looms

Names must be entered in new system in 60 days

BY KATHY PLUM
The Dominion Post

KINGWOOD — The clock is ticking on a 60-day period for Preston Commissioners to put the names of roads into a new addressing software database.

West Virginia delegated counties to begin city-style addressing in 2001. Preston Commissioners Vicki Cole, Dave Price and Darwin Wolfe have worked sporadically since spring to name each of the roughly 8,000 segments of roads or driveways between intersections.

Commissioners divided the county by fire districts. Wolfe has finished her naming in Bruceton, Fellowsville, Newburg, Rowlesburg and Tunnelton and held the public hearings required by law.

Cole and Price said they're working on it.

But Friday a new deadline approached, when the state contractor for the addressing installed software on the county's computer. The software allows the names of those roads to be entered. The state wants the names entered within 60 days.

“We're not going to be done in 60 days,” Cole said Monday.

“It can't be done in 60 days,” Price agreed.

They discussed hiring someone to input the information. Wolfe suggested using a current employee, splitting “his” time between the addressing project and 911 dispatching.

“The job's about 10 times as big as we thought it was going to be,” Wolfe said. “It's not that technical, but it's time consuming.”

Preston's 10 municipalities also must either provide road

and street names or tell the county to do it. Once the commission does it, the power to name roads in that town remains with it. Monday, commissioners agreed to write towns, but they didn't set a deadline for towns to respond.

“The problem I have is county government infringing on municipal government,” Cole said.

Also Monday, commissioners: ■ Referred the estate of Betty Sheets Titchnell to a fiduciary commissioner.

■ Appointed Sharon Mooney to replace Shirley Gainer, who resigned from the Preston County Board of Health.

■ Told the state that Preston does not have zoning that would affect issuing a liquor license to the Hot Spot Express, formerly Savannah's in Corinth.



Bob Gay/The Dominion Post

Not exactly walking on sunshine

After several days of sunny skies, the weather took a seasonal turn Tuesday with overcast skies and drizzling precipitation. Drivers and pedestrians dealt with the downpour as they went about their day. The sunshine will stay hidden for the next few days, and temperatures may dip closer to the normal February chill as the week progresses. Huddled under her umbrella, a visitor makes her way across the crosswalk into Ruby Memorial Hospital. For more weather, see Page 6-A.



Submitted Photo

Ferry boat captain identified

The lanky, shirtless lad on the Star City-Jimtown Ferry pictured in Sunday's "Our Town — Star City" has been identified. He is the late William "Billy" Chipps, the last captain of the ferry. Chipps was about 15 or 16 years old when the picture was taken in the late 1940s, according to his uncle, Arlie Chipps. Billy was the son of Charles Sr. and Julia Wolfe Chipps. The family lived in Chipps Hollow, behind where Shoney's is now located.

The Dominion Post

Governor to address the state

Gov. Joe Manchin III will give his first State of the State Address at 7 p.m. today, State Capitol, Charleston.

Where to read:
 ■ Thursday's *The Dominion Post*
 ■ Directly after the speech begins, visit: www.wv.gov.org

Where to watch:
 ■ Live streaming video during the speech: www.wv.gov.org
 ■ Live on West Virginia Public Television, WNPB-TV Morgantown

Where to Listen:
 ■ Live on West Virginia Public Radio, WVPM 90.9 FM, Morgantown
 ■ W-207-AA, at 107.3 FM, Clarksburg

For more public broadcasting information: www.wvpublic.org/aboutus/default.asp.

UMWA Pensioners meet Thursday in Clarksburg

The 1950 and 1974 Pensioners of the United Mine Workers of America will meet at 1 p.m. Thursday at the Harrison County Senior Citizens Center, 500 West

BRIEFS

Main St., Clarksburg. Representatives from the United Mine Workers Health and Welfare office and UMWA District 31 will attend.

Preston High child care program accepts children

The child care service program at Preston High School has opened its nursery school for this semester. Junior and senior students enrolled in the child development specialist program operate the nursery school Wednesday through Fridays.

Enrollment is open to preschool children from ages 3 to 5. The cost is \$3 for one session and \$5 for two sessions, and is first-come, first-served basis. Info: Debra Taylor, 329-0400.

Fairmont State hosts tsunami relief dance

A tsunami relief fund-raiser Cajun dance will be at 8 p.m. Thursday in the Turley Center Ballroom at Fairmont State University.

Live Cajun music will be provided along with free dance instruction, Cajun food and a costume contest. Beer and wine will be available to those who have proper ID. Admission will be by donation.

Suggested donations are \$5 for students, \$10 for seniors and \$15 for community members. All donations will benefit the American Red Cross Tsunami Relief Fund. Info: 367-4215.

OSHA safety classes start at MTEC this week

OSHA safety classes are being offered to the public by the adult education program at the Monongalia County Technical Education Center, or M-TEC. Bill Merritt will teach; all classes are from 6-9 p.m.

■ OSHA 10-Hour Outreach Construction Safety and Health Training, Feb. 10, 15, 17 and 22, \$95 fee.

■ OSHA Fall Protections Seminar, Feb. 24, \$50 fee.

■ OSHA 10-Hour Outreach General Industry Safety and Health Training, April 5, 7, 12, 14, \$95 fee.

■ OSHA Welding Safety, May 26, \$35 fee.

■ OSHA Working Safely with Ladders and Temporary Platforms, March 3, \$50 fee.

Pre-registration is required. Fees are due with registration. Register is from 1-7 p.m. Monday through Thursday at M-TEC. Info: Johnnie Hamilton after 1 p.m. at 291-9243.

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Dr. Gott
 Blood cells in urine may not mean infection.
See Page 7-D

BUDGET

FROM PAGE 1-B

tute salary pool, Hawkins said, because the school system only allocates state funds to the pool when it prepares its budget. He said that substitute spending in recent years has run about \$1.5 million.

Hawkins said the system makes up the difference at the end of the year by transferring funds into the substitute pool from other parts of the budget. For example, he said, if a teacher quits his or her

position during the year, the funds that would have paid their salary could be used to pay for substitutes.

South Middle School Principal Dennis Gallon, who was at the meeting, said schools would have to comply with the recommendation.

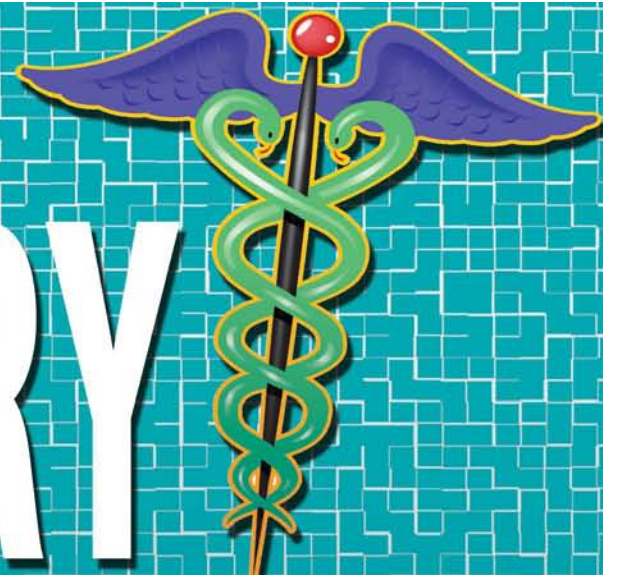
"We'll do what we have to do," Gallon said, adding that schools only have say about how they spend substitute funds used for discretionary activities, such as covering for field trips. He said his school still had some of its

substitute budget left but would count those funds out more carefully now.

Other budget tightening recommendations by Hawkins included: limiting travel expenditures when possible and imposing a freeze that will limit spending to no more than 50 percent of remaining line-item budget balances.

The board authorized Hawkins to have total budget oversight for the remainder of the year and institute whatever cutbacks he deems necessary.

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Bonding a composite to the tooth involves etching of the prepared surface with a mild acid solution. This procedure creates a rough tooth surface that the bonding resin penetrates for maximum adhesion. The adhesive attributes of bonded restorations help to regain nearly all the original strength of the natural tooth. Composite bonding technology is constantly evolving, thereby increasing its strength and ability to bond to tooth structure.

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When a tooth has a cavity, all of the decayed portions must be removed. Dental instruments or high-speed dental hand-pieces are used to remove decay. Vaporizing decay with a laser or blasting it away with air abrasion is becoming more common. Regardless in how the decay is removed, it leaves a cavity or space that must be filled to restore the tooth to its original form and function. The need for treatment and deciding how to restore a tooth is no rarity. In fact, this issue comes up about 170 million times a year!

In the case of posterior fillings, silver amalgam has proven to last for many years. However, the silver, bright metal appearance of amalgam fillings are quite visible, which patients often find objectionable. Depending on the depth of the decay, Dr. Raymond will prescribe either a direct composite or lab-made composite or ceramic restoration that can be bonded in place.

When you notice someone's perfect pearly-white smile it could be the result of composite resin bonding. These bonding procedures are also used to repair chipped front teeth, close spaces, and improve the appearance of uneven or discolored teeth. Most of the time Dr. Raymond can perform bonding in just one simple appointment. Ask Dr. Raymond if composite bonding can be used to improve your smile.

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THE MARKET IN REVIEW

NEW YORK STOCK EXCHANGE

Table with columns: Name, Div, Last, Chg, Cyclic, D-E-F, In/Pap, Int/Ret, Interpub. Lists various stocks like ACE Ltd, AEC, AFLAC, etc.

Table with columns: Name, Div, Last, Chg, Cyclic, D-E-F, In/Pap, Int/Ret, Interpub. Lists various stocks like AIG, Alliant, Allstate, etc.

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MARKET SUMMARY

Table with columns: NYSE, AMEX, NASDAQ. Most Active (\$1 or more), Last, Chg.

Table with columns: GAINERS (\$2 or more), Name, Last, Chg, %Chg.

Table with columns: LOSERS (\$2 or more), Name, Last, Chg, %Chg.

Table with columns: DIARY, Name, Last, Chg, %Chg.

Table with columns: INDEXES, High, Low, Name, Last, Net, Chg, % Chg, YTD, 52-wk % Chg.

STOCKS OF LOCAL INTEREST

Table with columns: Name, Div, PE, Last, Chg, YTD, %Chg.

HOW TO READ THE MARKET IN REVIEW

Here are the 525 most active stocks on the New York Stock Exchange, the 400 most active on the Nasdaq National Markets and 100 most active on American Stock Exchange.

Name: Stocks are listed alphabetically by the company's full name (not its abbreviation). Company names made up of initials appear at the beginning of each letter's list.

Div: Current annual dividend rate paid on stock, based on latest quarterly or semiannual declaration, unless otherwise footnoted.

Last: Price stock was trading at when exchanged closed by the day.

Chg: Loss or gain for the day. No change indicated by ... mark.

Fund Name: Name of mutual fund and family.

Sell: Net asset value, or price at which fund could be sold.

Chg: Daily net change in the NAV.

Stock Footnotes: cc - PE greater than 99, dd - Less than 12 last 12 mos, d - New 52-week low during trading day, q - Dividend in Canada & Stock price in U.S., n - New issue in past 52 wks, q - Closed-end mutual fund, no PE calculated, s - Split or stock dividend of 25 pct or more in last 52 wks, Div begins with date of split or stock dividend, u - New 52-wk low during trading day, v - Trading halted on primary market, Unless noted, dividend rates are annual distributions based on last declaration, pf - Preferred, pd - Holder owns installments of purchase price, r - Rights, un - Units, wd - When distributed, w - When issued, wll - Warrants, ww - With warrants, w - Without warrants.

Dividend Footnotes: a - Also extra or extras, b - Annual rate plus stock dividend, c - Liquidating dividend, e - Declared or paid in preceding 12 mos, f - Annual rate, increased on last declaration, i - Declared or paid after stock dividend or split, j - Paid this year, dividend omitted, deferred or no action taken at last meeting, k - Declared or paid this year, accumulative issue with dividends in arrears, m - Annual rate, reduced on last declaration, p - Int, div, annual rate unknown, r - Declared or paid in preceding 12 mos plus stock dividend, i - Paid in stock in last 12 mos, estimated cash value on exchange, x - Ex-dividend or ex-rights, y - Ex-dividend or ex-rights, y - Ex-dividend and sales in full, z - In bankruptcy or receivership or being reorganized under the Bankruptcy Act, or securities assumed by such companies.

Mutual Fund Footnotes: e - Ex-capital gains distribution, f - Previous day's quote, n - No-load fund, p - Fund assets used to pay distribution costs, r - Redemption fee or contingent deferred sales load may apply, s - Stock dividend or split, t - Both p and r, x - Ex-cash dividend.

Source: The Associated Press. Sales figures are unofficial.

NASDAQ NATIONAL MARKET

Table with columns: Name, Div, Last, Chg, Cyclic, D-E-F, In/Pap, Int/Ret, Interpub. Lists various stocks like AIG, Alliant, Allstate, etc.

Table with columns: GAINERS (\$2 or more), Name, Last, Chg, %Chg.

Table with columns: LOSERS (\$2 or more), Name, Last, Chg, %Chg.

Table with columns: DIARY, Name, Last, Chg, %Chg.

Table with columns: INDEXES, High, Low, Name, Last, Net, Chg, % Chg, YTD, 52-wk % Chg.

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Table with columns: Name, Div, PE, Last, Chg, YTD, %Chg.

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Source: The Associated Press. Sales figures are unofficial.

MUTUAL FUNDS

Smith Barney 1: DivSrt 17.41 +0.2	ForEqS 20.14 -0.2	CmsiStr 26.50 +0.1	EqlncC1 8.52 -0.1	TAMCap n56.19 +0.5	ITTray n 11.32 +0.1	Wellsby n 21.87 +0.2	Exltn n 30.96 +0.6	Waddell & Reed Adv: Aczm 6.14
Smith Barney Y: AggGroY 197.37 +2.9	Third Avenue Fds: RIEstV1 r 27.24 +1.1	Grwth 13.45 -0.3	Vanguard Admiral: BalAdm n 19.45 +0.2	TMMGr n n53.83 +0.4	LifeCon n 15.27 ...	Welln n 30.31 +0.2	Grwthlnt 25.97 +0.2	CoreInvA 5.62 +0.1
LgCpGRY 21.94 +0.7	SmlCap 22.69 +0.8	Inco 12.53 +0.1	CAITAdm n11.30 +0.1	VaiAdm n 21.43 +0.2	LifeGro n 19.93 -0.1	Winds n 17.86 +0.3	InsPn 110.01 +0.8	HiInc 7.68 +0.1
SoundSh 36.03 -0.8	Value 52.70 +0.4	IncoSik 16.68 ...	CPpAdm n69.18 +1.7	WellsAdm n52.99 +0.5	LifeMod n 17.29 ...	Windsll n 30.84 ...	MidCplst n15.61 +0.3	NCcpA p 8.90 +0.3
St FarmAssoc: Balan 50.67 +0.3	Thompson Plumb: Growth 46.20 -0.8	S&P ldx n 18.03 +0.1	ExpAdm n88.92 +1.6	WellAdm n52.37 +0.4	LTGrade n 9.96 +0.3	Vanguard ldx Fds: 500 n 110.91 +0.7	Paclnst n 9.12 -1.0	ScTechA 10.41 +0.4
Gwth 48.79 +0.6	Thornburg Fds: LHMUA p 13.78 +0.1	TxElt 13.48 +0.1	ExtAdm n30.94 +0.5	Windsor n 60.27 +1.0	LTSry n 11.97 +0.4	Balanced n19.45 +0.2	STGrInst n10.63 ...	VangA 8.52 -0.3
Strategic Partners: EquityA 14.99 +0.1	ValueA 30.63 -0.1	TRESH 10.75 ...	500Adm n10.93 +0.8	WidAdm n54.75 ...	Morgn 16.04 +0.1	DeWlkt n 9.04 -0.5	SCInst n 26.54 +0.8	Wasatch: CoreGr 42.99 +2.1
Stratton Funds: Dividend 34.79 +1.1	Thrivent Fds A: LgCpSK 25.55 +0.2	Van Kamp Funds A: AggGrA p 13.96 +0.1	GNNMA Ad n10.51 ...	Vanguard Fds: AsselA n 24.51 +0.2	MuHyn 10.98 +0.1	Extnd n 30.94 +0.6	TSInst n 10.34 ...	SmlCpGr 38.88 +1.2
Strong Funds: CmsSk 22.35 +0.7	ValueA 30.63 -0.1	AggGrA p 13.96 +0.1	GrolncAd n50.21 +0.6	CAIT n 11.30 +0.1	MuLdn n 11.63 +0.1	Europe n 25.66 -0.9	Vantagepoint Fds: AggOpp 10.60 +0.2	Wells Fargo A: AsIAA 19.82 +0.3
GovSec 10.79 ...	Torray Funds: Fund 40.28 +0.3	AggGrA p 13.96 +0.1	InsdLTAd n13.03 +0.2	CALT n 12.00 +0.2	NJLT n 12.25 +0.2	Extnd n 30.94 +0.6	EqInc 8.94 ...	Wells Fargo Inst: DivEq 39.89 +0.3
GovSec 10.79 ...	Instl 114.44 +1.0	AggGrA p 13.96 +0.1	ITBAdm n10.75 ...	CapOpp n 29.95 +0.8	NVLT n 11.70 +0.2	Growth n 8.15 +0.2	Grwth 8.15 +0.2	GrBal 29.62 +0.2
GovSec 10.79 ...	TOUUSDG9.44 ...	AggGrA p 13.96 +0.1	ITsryAdm n11.92 +0.1	Convrt n 13.08 -0.1	PALTr n 11.73 +0.1	Grwth 8.15 +0.2	MPLGTC 20.93 +0.2	LgCoGr 44.50 +1.9
GovSec 10.79 ...	Turner Funds: MidCpGth n24.31 +0.8	AggGrA p 13.96 +0.1	IntGrAdm n58.82 -0.36	DvGr n 12.13 ...	PrecMls n16.63 +0.1	Grwth 8.15 +0.2	MPTncr 21.61 +0.1	Western Asset: CorePlus 10.71 +0.1
GovSec 10.79 ...	US MlgeA 13.97 ...	AggGrA p 13.96 +0.1	ITAdm n 13.69 +0.2	DvGr n 12.13 ...	Pmcp r n 60.89 +1.3	Grwth 8.15 +0.2	WmBlInst n15.78 ...	Core 11.52 ...
GovSec 10.79 ...	US MlgeA 13.97 ...	AggGrA p 13.96 +0.1	ITGrAdm n10.12 ...	DvGr n 12.13 ...	SelValu r n18.41 +0.2	Grwth 8.15 +0.2	WmBlInst n15.78 ...	Westport Funds: SmlCp n23.32 +0.6
GovSec 10.79 ...	US MlgeA 13.97 ...	AggGrA p 13.96 +0.1	ITGrAdm n10.12 ...	DvGr n 12.13 ...	STAR n 18.76 ...	Grwth 8.15 +0.2	WmBlInst n15.78 ...	William Blair N: IntlGth n 21.69 +0.1
GovSec 10.79 ...	US MlgeA 13.97 ...	AggGrA p 13.96 +0.1	ITGrAdm n10.12 ...	DvGr n 12.13 ...	STGr n 10.63 ...	Grwth 8.15 +0.2	WmBlInst n15.78 ...	

A few tips for helping out your credit score

SAN FRANCISCO (KRT)— Given that credit scoring is based on proprietary statistical models, there's little hope that consumers will ever fully understand why they've been allocated one score over another.

While light is increasingly being shed on how the system works, much of it remains a mystery. "It's far too complex and confusing for consumers. It's just

very, very difficult to know what you should do," said Gerri Detweiler, author of "The Ultimate Credit Handbook" and founder of Debt-ConsolidationRx.com.

"Part of the problem is there's just so much information being put into and coming out of credit reports. It's getting harder than ever to stay on top of it, but if you don't you end up really paying the price," she said.

A steep price: A consumer scoring 600 pays about \$300 more per month on a \$150,000 mortgage, or almost \$108,000 over the life of a 30-year fixed-rate mortgage vs. someone logging an 800, according to the MyFico.com calculator.

And people with high scores can be hit the hardest. "The irony is, the higher your score, the farther you can fall," said Craig Watts, spokesman at Fair Isaac, creator of the FICO score.

One late payment could push an 800 down to 640. When someone with an 800 "stumbles for the first time it puts them in such a different pool of consumers their credit risk increases hugely," Watts said.

That consumer is "much more likely to run into problems than they were before they encountered that single (late) payment. In order to reflect that change in their risk, the score drops precipitously," he said.

Given the degree to which scores affect your financial life, consider the following ways to push your score higher. Some may even surprise you:

1. Ensure lenders are reporting your credit-card limits.

A chunk of your score is based on revolving debt outstanding compared with the total amount of credit available, or your debt-to-credit-limit ratio. If your debt nudges up against your credit limit, your score will fall.

But some creditors withhold credit limits to tarnish customers' credit histories, making them less appealing to competitors.

"If a lender doesn't report your credit limit, you look a little bit worse to any other creditor, and you're less likely to get (competing) offers," said Brad Scriber, credit-scoring expert at the Consumer Federation of America.

"Credit-card companies benefit by protecting their customer base, and consumers are left to pay higher prices for a wide range of services," he said. "Complain to your credit-card company. Tell them you don't like their gaming the system to hurt your credit score."

2. Pay down a home-equity line of credit.

Home-equity lines of credit are considered revolving credit, Detweiler said. One client raised his credit score by 60 points by paying down his \$50,000 equity line. "It was having quite an impact," she said.

3. Request good credit history on your report.

Often, student loans and other debt aren't reported to all three agencies, potentially reducing your score.

"Ask your lender to report it, or you can write to the credit bureau directly. I have this account. Please add this to my credit file," said Lynnette Khalfani, author of "Zero Debt: The Ultimate Guide to Financial Freedom."

"The disputes don't always have to be removing information. The dispute can be 'I have this student loan and I paid it and I want that shown on my credit report.'"

4. Be wary about moving to a new "credit scorecard."

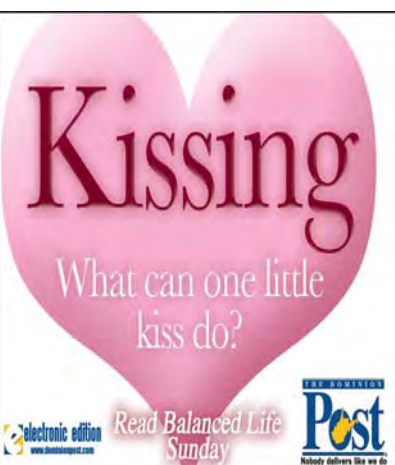
You'd think a bankruptcy filing dropping off your credit report after the requisite 10 years would push your score up.

That's what one of Detweiler's customers thought. Instead, she said, "it went down about 10 points."

Watts said, "This can happen. It can be a rather unpleasant bump."

Risk models put borrowers into different groups to compare them.

The FICO score model has 10 groups. With a bankruptcy filing on his report, Detweiler's client was grouped with others with similar filings, but his single negative entry made him look less risky than others in the group with worse credit histories.



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BOB HERTZEL

Morgantown just can't win with the NCAC spoilsports

MAYBE I MISSED something along the way, but I always thought the old saying was, "If you can't beat 'em, join 'em."

Apparently, it isn't that way in the NCAC. They've updated the saying to read, "If you can't beat 'em, run away from 'em," because that's just what the schools in the conference have done by dropping football as a conference sport.

Unhappy about being whipped by Morgantown High and unwilling to do what is necessary to compete with the Mohigans, the conference members took the low road, saying, "We're not going to play with you any more."

And, as they disbanded, they left the air filled with innuendos which hinted that Morgantown High was recruiting players both at the middle school level and at the high school level.

The rumors came in whispers, without anyone offering one iota of proof, without one player — or his parents — who was recruited but decided not to take up the Mohigans on the offer stepping forward to blow the whistle on them.

If they have been cheating and someone wants to step forward and go on the record with proof, the phone number here isn't unlisted.

Is it Morgantown's fault that North Marion wound up the season with fewer than 30 players on its roster and without a middle school program? Is it Morgantown's fault that East Fairmont hasn't made the playoffs since 1976?

Without that, we can only suspect that if people like Migel Lockett are jumping to Morgantown, it is because the Mohigans do things the right way, not the wrong way.

Dan Erenrich, the athletic director, bristles when people talk about how many athletes have come to Morgantown from other districts.

"How many is a lot?" he asked. "I don't feel it is that many."

True, some of them have been quite visible, such as Vito Minutelli or Lockett, adding to the perception that Morgantown is outreaching Rich Rodriguez.

"When someone moves that makes an impact, people take notice," Erenrich said. "But if you look at all sports, there haven't been that many and they were not recruited."

It's true that Morgantown — and University, to a lesser degree in recent years — has progressed to the point of being the New York Yankees of the NCAC, but isn't that what they were supposed to do?

You didn't hear those schools whining or calling for an investigation when North Marion was the powerhouse of the area or when Marion County was the football capital of north-central West Virginia.

What'd they do? They went out and got good coaches. They built weight rooms and convinced their players to use them.

Like the NCAC schools today, they tired of getting their fannies kicked.

Unlike them, they did something about it.

Is it Morgantown's fault that North Marion wound up the season with fewer than 30 players on its roster and without a middle school program? Is it Morgantown's fault that East Fairmont hasn't made the playoffs since 1976?

Don't blame the executioner when you are the criminal — and what some of these schools have

SEE **HERTZEL**, 7-B

BOB HERTZEL is sports editor of *The Dominion Post*. He can be reached at sports@dominionpost.com

Sowho and WVU surge past Storm

Dogged guard gets game in high gear

BY **TODD MURRAY**
The Dominion Post

West Virginia senior guard Sherell Sowho has occupied a prominent spot in Mike Carey's doghouse the past week and a half.

The Mountaineers' head coach called her out publicly — along with fellow senior Yolanda Paige — on Monday, asking for more scoring and better leadership in crucial minutes.

"I've been on her a little bit," Carey admitted.

Perhaps Carey can now ease up on Sowho — at least for a day or two.

Sowho scored 19 points, grabbed five rebounds, dished out five assists and made two steals Tuesday night to power the Mountaineers past Big East rival St. John's, 84-58, before 637, at the Coliseum.

"I'm a senior, and I was supposed to have been doing this all year," Sowho said. "I feel I haven't been stepping up like I should have. It's now or never if I don't step up for my team. It's over. That's it."

The victory snapped a two-game losing streak for WVU (13-8, 4-6 Big East), which improved to 9-1 at home. St. John's (16-6, 5-6), which is winless in the Coliseum, saw its modest two-game winning streak end.

"Sherell Sowho stepped up tonight and hit some big shots, especially early in the game, and played extremely hard," Carey said. "I've been on her. Let's give her credit and all the players. We've had some tough practices lately. It hasn't been real happy around here. Hopefully, this will get us going."

Sowho set the tone early for the Mountaineers, sinking her first three shots, two of which were 3-pointers. She was one of four starters to score in double figures, joining Meg Bulger (23), Olayinka Sanni (11) and Paige (11).

SEE **SURGE**, 8-B



Bob Gay/The Dominion Post photos

WVU's Meg Bulger works against St. John's Tara Walker. Bulger scored 23 points, 20 of them in the second half, to help the Mountaineers end a short losing streak.

West Virginia 84 St. John's 58

ST. JOHN'S (16-6, 5-6 BIG EAST)
Clark 3-5-0-2, Kurtosi 6-11-1-15, Wright 5-18-1-14, Walker 2-7-2-2, Barlow 3-14-0-8, Sten 0-1-0-0, Peterson 0-0-0-0, Thompson 1-2-0-2, Chambers 2-4-3-7, Jones 0-1-0-0, Dukes 0-1-0-0. Totals 22-64-6-10.

WEST VIRGINIA (13-8, 4-6)
Sanni 3-7-8-12, Paige 4-8-2-11, Sowho 7-12-1-2, Cole 2-6-5-9, Bulger 7-10-4-23, Owens 0-0-0-0, Glusko 1-3-0-2, Cline 0-0-0-0, Heminger 0-0-0-0, McGee 2-4-2-6, Lee 0-0-0-0, Brandon 1-2-0-2. Totals 27-52-20-26-84.

Halftime—WVU, 43-30.
3-point goals—St. John's 8-24 (Kurtosi 3-5, Wright 3-8, Walker 0-2, Barlow 2-8, Jones 0-1), WVU 10-19 (Paige 1-4, Sowho 4-7, Bulger 5-7, Glusko 0-1).

Rebounds—St. John's 37 (Walker 7, Thompson 6, Chambers 6, Clark 3, Wright 3, Barlow 3, Kurtosi 2, Dukes 1, team 6), WVU 37 (Sanni 8, Cole 8, McGee 6, Sowho 5, Paige 2, Owens 1, team 1).

Assists—St. John's 19 (Wright 5, Barlow 4, Peterson 1), WVU 19 (Paige 9, Sowho 5, Cole 2, Bulger 2, Sanni 1).

Steals—St. John's 4, WVU 15.

Total fouls—St. John's 20, WVU 15.

Att—637.



Chakhia Cole (left) and Olayinka Sanni contributed 21 points and 18 rebounds for WVU.



WVU concern: getting burned by the Friars

Mountaineers well aware 0-8 Providence can be dangerous

BY **MICHAEL CASAZZA**
The Dominion Post

There's a lot about Tyrone Sally's freshman season that he'd like to forget, but there's one thing he's happy to remember as WVU prepares to take on Providence tonight.

Back in 2001-'02, the Mountaineers were 1-15 in Big East play and the one victory was against Providence.

"I thought about that last night," Sally said following Tuesday's practice. "We were so hungry to get a win. Any win. We needed a spark to get some confidence."

WVU beat the Friars, 89-81, with then-head coach Gale Catlett on a medical leave. The Mountaineers didn't find that spark, though, and lost their final nine games to finish at 8-20 and 1-15 in conference play.

The relevance, of course, is that Providence enters tonight's 8 o'clock game 0-8 in the conference.

"They're coming in here to do whatever they can to try and get one," Sally said. "I remember we were like that. It seemed like everyone forgot about us and thought they'd get an easy win against us. But we always played our hearts out."

The Friars (10-12) give at least equal effort. They have played the nation's second most difficult schedule and have lost their conference games by a combined 39 points.

"Providence is in a tough situation now, but they are a very, very strong team," WVU coach John Beilein said. "They've been right there. We don't have any misunderstandings that this is going to be an easy game. We have to play a whale of a game."

SEE **WVU**, 7-B

Game on TV; time changed

The Dominion Post

The start time for tonight's game has been moved from 7 to 8 o'clock for ESPN USA Classic.

WVU and Providence will participate in the network's "retro" series, the second time the Mountaineers have been involved in the Wednesday night broadcast this season. WVU lost at Villanova, 84-46, on Jan. 5.

Fans are invited to wear clothing from the late 1970s and early '80s. The person with the best retro outfit will win an Atari. There will be additional contests and themed music throughout the game.

WVU will not wear retro uniforms.

Original ESPN broadcaster Jim Simpson and former Providence guard Ernie DiGregorio will call the game. Tickets are still available at the Mountaineer Ticket Office inside the Coliseum or by calling 1-800-WVU-GAME. This is also a Dairy Mart High Five promotion. Fans can stop by any Morgantown Dairy Mart to pick up a coupon for a \$5 admission.

Posluszny nixes Angels to bedevil Big East

Power hitter returns to West Virginia, and to first base

BY **TODD MURRAY**
The Dominion Post

They were two of the craziest, most stressful weeks of West Virginia first baseman Stan Posluszny's life.

It all came about because Posluszny found himself in the enviable position of deciding whether to sign with Major League Baseball's Anaheim Angels, who drafted him in the 21st round in June.

For most college baseball players, the decision to turn pro would be a no-brainer, but Posluszny's situation wasn't typical.

Because he redshirted his first season at WVU, in 2002, Posluszny was a draft-eligible sophomore, meaning he had two seasons of eligibility remaining and two more chances to be drafted.

"Anyone's goal when you grow up playing baseball your whole life is to get drafted and ... ultimately be a Major League Baseball player."

Stan Posluszny

Posluszny, who at the time of the draft was playing in a collegiate summer league in North Carolina, could elect to sign with the Angels or come back to school and try to improve his draft status for 2005.

"It was a real hard process," Posluszny said. "I was on the phone with my mom and dad. One minute it was, 'Mom, I'm signing.' The next

minute it was, 'Mom, I'm not signing.'

"It was difficult. Anyone's goal when you grew up playing baseball your whole life is to get drafted and work your way through a minor-league system and ultimately be a Major League Baseball player."

The decision came down to whether Posluszny wanted to begin his professional career this past summer or next summer.

He chose next summer.

"There's a good chance you might go higher," Posluszny said of himself. "I just tell myself if I work as hard as I do and keep a positive attitude on everything I do, I'll have an opportunity to sign this June."

Coming on the heels of a disappointing 23-29 season for the Mountaineers,

SEE **NIXES**, 7-B



Jason DeProspero/The Dominion Post

Stan Posluszny hit .322 with six homers and 33 RBIs in 2004 and was named third-team All-Big East.



Providence Friars

LOCATION: Providence, R.I.

ENROLLMENT: 3,700

COACH: Tim Welsh
RECORD: 111-94 (seventh year), 181-117 (10 years)

SERIES RECORD: Providence leads, 10-6

TEAM RECORD: 10-12, 0-8 Big East

ROAD RECORD: 2-4, 0-4 Big East

FACTS: Today's game will be televised by ESPN Classic. ... WVU is 13-18 all-time on this date. ... WVU owns a 6-5 advantage in regular-season games in this series, but Providence is 5-0 in the Big East Tournament, the NIT and the NCAA Tournament.

... The Mountaineers are 4-1 at home against the Friars. ... WVU is 12-0 when scoring 70 or more points and 9-1 when making 10 or more 3-pointers. ... With their victory against Pittsburgh, the Mountaineers jumped to No. 63 in the latest RPI and the strength of schedule rose to the 67th most difficult.

When these two teams played Jan. 29, WVU was No. 88 and had the 144th most difficult schedule. WVU also received 12 votes in the ESPN/USA Today coaches' poll. Providence is No. 79 in the RPI and has played the second-hardest schedule. ... Friars point guard Donnie McGrath tied the NCAA record for 3-point shooting with a 9-for-9 effort against Virginia, then went 2-for-2 against Villanova. He needs to make his next four 3s to tie the NCAA record of 15 straight, set by Northwestern's Todd Leslie, in 1990. ... WVU coach John Beilein is two victories shy of moving into 100th place on the list of the NCAA's all-time winningest coaches and nine shy of 500 for his career.

McNabb 'could hardly call plays' near end of Super Bowl

Philadelphia Eagles quarterback Donovan McNabb was so ill in the fourth quarter of the Super Bowl that a teammate had to call a play in the huddle, center Hank Fraley said. "He fought to the end. He gave it his all," Fraley told Comcast SportsNet this week. "He could hardly call the plays, that's how exhausted he was trying to give it his all. If you remember back when we played Jacksonville two years ago and he ended up puking, it was close to that scene. He exhausted everything he had. He didn't get a play call in one time. He mumbled and (wideout) Freddie Mitchell yelled out the play we were trying to bring in. He was puking at the same time trying to hold it in." McNabb was shaky in Philadelphia's 24-21 loss to the New England Patriots on Sunday, throwing for 357 yards and three touchdowns, but also getting picked off three times. An Eagles spokesman said Tuesday that McNabb wasn't injured. How-

ever, he said McNabb could have been feeling sick — he had been fighting a cold earlier in the week.

College football
Offensive coordinator Roger Waialae has been named head coach at West Liberty State College. Waialae replaces Bob Eaton, who was fired in November. The Hilltoppers went 2-8 and finished last in the West Virginia Conference.

Baseball
■ Arizona hired former Mets scout Bill Singer, who was fired 15 months ago for racially insensitive conduct. Singer reportedly made fun of the Chinese language, after asking Los Angeles assistant general manager Kim Ng questions about her background during a general managers meeting in Phoenix in November 2003.
■ Detroit catcher Ivan Rodriguez denied accusations by Jose Canseco that he used steroids while playing for Texas.

BRIEFS



Donovan McNabb



Anna Kournikova

Canseco says in his upcoming book he introduced Rodriguez, Rafael Palmeiro and Juan Gonzalez to steroids, after being traded to Texas in 1992, the *Daily News* of New York reported Sunday. "I'm in shock," Rodriguez told local *El Nuevo Dia* newspaper.

Pro basketball
Phoenix traded for forward Walter McCarty, giving the Boston Celtics a

2005 draft pick in exchange for the nine-year NBA veteran. McCarty averaged 3.7 points and 1.8 rebounds in 44 games this season.

Tennis
Althea Gibson's barrier-breaking 1950 appearance at the U.S. championships was voted the most influential moment in black tennis history by a panel organized by the U.S. Tennis Association. Gibson was the first black man or woman allowed to play in the tournament that became the U.S. Open. She won the event in 1957 and 1958. Gibson died in 2003, at 76.

Soccer
A German goalkeeper said he was threatened if he went public about attempts to bribe him into throwing a game. The revelation by Georg Koch, of second-division Duisburg, is the latest development in a scandal that has shak-

en German soccer a little more than a year before it hosts the World Cup.

Miscellany
Mid-American Conference presidents have approved the return of Bowling Green to the league's East Division in all sports effective this fall. The Falcons competed in the East from the time divisional play began, in 1997, until 2002. Bowling Green voted to the West to accommodate MAC football member Central Florida, which is leaving to join Conference USA this fall.

Law enforcement
A homeless man who swam nude across Biscayne Bay in search of tennis star Anna Kournikova's waterfront Miami Beach residence and got caught near her neighbor's home was charged with stalking and burglary. Police said William Lepeska screamed, "Anna! Save me!" as he was taken away Jan. 30. He faced a court appearance Friday.

TODAY'S CALENDAR

WEDNESDAY, FEB. 9
MEN'S COLLEGE BASKETBALL
Providence at WVU, 8 p.m.
HIGH SCHOOL GIRLS' BASKETBALL
Morgantown at Fairmont Senior, 7:30 p.m.
Trinity at South Harrison, 7 p.m.
Preston at Buckhannon-Upshur, 7:30 p.m.
John Marshall at University, 7:30 p.m.
HIGH SCHOOL WRESTLING
University at Washington, Pa., 7 p.m.

TV SPORTSWATCH

MEN'S COLLEGE BASKETBALL
7 p.m.: ESPN — Memphis at Louisville
8 p.m.: ESPN CLASSIC — Providence at West Virginia
ESPN2 — N. Iowa vs. Creighton
9 p.m.: ESPN — North Carolina at Duke
NBA
7:30 p.m.: NBA TV — Miami at New York
SOCCER
2:30 p.m.: ESPN2 — World Cup qualifier, U.S. vs. Trinidad/Tobago

NOTICES

BASEBALL
YOUTH CAMP, for ages 9-14, 6:30-8:30 p.m. Mondays and Thursdays, Feb. 28-March 3, Pro Performance. Info: J.P. Queen, director of baseball operations, 599-1PRO, 599-2PRO.
METALWOLF INVITATIONAL TOURNAMENT, for high school teams, March 29-April 2, Buffalo High. Info: Jimmy Tribble, 595-1174.
ALEXIS BASIL SCHOOL OF BASKETBALL, skills and drills clinic. Grades K-3, 1:30-3 p.m. Feb. 13, 20. Kelsie Moore Gym, Brookhaven. Info: 216-1345 or alexisbasil@aol.com.
TRIPLE S HARLEY-ARDISON 2ND GRADE SHOOTOUT, double elimination. Feb. 25-27, Fair Play gym. Info: Zip Sherer, 599-7474.
7TH GRADE BOYS' TOURNAMENT, Feb. 26-27, West Preston Middle School, featuring 12 teams and double elimination format. Info: Dave Boggs, 864-4847.
FEBRUARY BLAST BOYS AND GIRLS' TOURNAMENT for grades K-3, Feb. 24-26, Kelsie Moore Rec Center. Info: Alexis Basil, 216-1345.
7th ANNUAL HERMAN REIDS MARCH MADNESS, eight games ending April 3. Coed, grades K-6. Registration closes Feb. 28. Register whole teams by calling 685-5566 from 7-10 p.m.
VALLEY ROUNDBALL CLASSIC, weekends in March. Deadline Feb. 20, eight-team limits. Divisions: grades 3-6. Info: Steve Galusky, 864-4161; Rick Maczko, 864-6978.
BRIDGEPORT PARKS AND RECREATION DEPARTMENT leagues, grades K-1 (Tuesday/Thursday), 2-3 (Monday/Wednesday), March 7-April 14. Players, volunteer coaches needed. Forms available Benedum Civic Center. Deadline Feb. 28. Info: 842-8420.
MARCH WINTER WIPEOUT LEAGUE, for girls grades 6-8, starts March 4, Kelsie Moore Rec Center. Info: Alexis Basil, 216-1345.
SILVER HOOP CLASSIC, March 13-April 10. Cumberland, Md., games nightly Monday-Friday, all day Saturday and Sunday; 390 trophies presented. Double elimination, 13 divisions for boys, girls, men and women. Info: Doug Shoek, (301) 722-9896, or 40 Utah Ave., Cumberland, MD 21502. Entry deadline March 4.
KELSIE MOORE APRIL CLASSIC, for boys and girls grades 4-6, April 7-10, Kelsie Moore Rec Center. Guaranteed three games. Info: Alexis Basil, 216-1345.
4th ANNUAL GENE RANDOLPH BASKETBALL TOURNAMENT, April 19, at Bridgeport middle and high schools. Boys and girls, grades 5-10. Three-game guarantee. Deadline, March 15. Info: Jerry Powers 304-836-2618.
YES! I CAN SHOOTING CLINIC, 10 a.m.-Noon, April 16, Clay-Battle Middle/Senior High School, run by Frank Skubis. Boys/girls, grades 4-12. Info: FSYesi@CAN@juno.com or 304-363-3022.
GIRLS' BASKETBALL ASSOCIATION STATE CHAMPIONSHIP, May 6-8, WVU Rec Center, girls 9-17. Three games guaranteed. Info: www.gbabasketball.com or (740) 685-2468.
2005 MOUNTAINEER BOYS' SHOOTOUT April 23, grades 5-7; April 9-10, grades 8-8; April 16-17, high school. Games at Morgantown High. Registration forms online at www.mohiagobasketball.com. Info: Gordon Shilling, 292-6865, or gshilling@boacorp.com.
SOFTBALL
BOPARC SNOWBALL TOURNEY, Feb. 19-20, 12-team limit. Info: Gordon Shilling, 292-6865 or 865-4519.
SUNCREST MIDDLE SCHOOL FASTPITCH organizing for spring season. Info: Chris Freeman, suncrest1@yahoo.com or 379-6045.
SATURDAY SOFTBALL CLINIC, 8:30 a.m.-12:30 p.m. Feb. 12 and 19, Pro Performance, 215 Everhart off Baker's Ridge Road. Info: 599-1776.
MORGANTOWN HOWAKS U16 AND U14 GIRLS' TRAVELING TEAMS organizational meeting, 3 p.m. Feb. 13, Pro Performance Baseball and Softball Training Facility off Baker's Ridge Road. Info: 599-9236 or rcolebank@phoac.com.
WRESTLING
MOUNTAINEER WRESTLING CLUB, winter session boys and girls ages 5-8, 5:45-6:30 p.m. Sundays, 6:30-7:30 p.m. Tuesdays. WVU wrestling room in Shell Building. Info: Ernest Gillum, 296-3477 or 685-8451.
BRUCETON BANDITTS YOUTH WRESTLING, boys and girls ages 4-15, practice 6:30-7:30 p.m. five nights a week at Bruceton Elementary School. No registration fee or cutoff date for joining. Info: Marvin Winaker, 379-2028; Tony Hooks, 379-3423.
SOCCER
WVU WINTER SHOOT-OUT indoor tournament, Feb. 25-27, Caperton Facility next to WVU football stadium. U10/U12/U14/U16 boys and girls. Info: Mike Kelleher, 376-7008 or wvushootout@hotmail.com
INDIANA (PA.) AREA BOOSTER CLUB 8th Annual Indoor Tournament, U10, U12, and U14 boys and girls, Feb. 12-13, Indiana Ice and Expo Center. Boys play Saturday, girls Sunday. The playing surface is 90x200 with carpet and boards. Info: Jim Myers, (724) 398-2283 or jrmymys@iup.edu
ADULT OPEN SOCCER NIGHTS, 9 p.m. Mondays, at Pro Performance, 215 Everhart off Baker's Ridge Road. Info: Lindsey Blum, 599-1776.
PROFESSIONAL PERFORMANCE SOCCER OPEN HOUSE, 6:30-9:30 p.m. Feb. 19, Pro Performance, 215 Everhart off Baker's Ridge Road. Info: 599-1776.
2nd ANNUAL SPRING KICKOFF INDOOR TOURNAMENT, Feb. 26-27, Rawlings, Md. Saturday: boys U10, U14, U19, U26, girls U8, U12, U16; Sunday: boys U8, U12, U16 and girls U10, U14, U19. Info: (301) 729-9675. Entry deadline: Feb. 12.
SPRING BREAK TRAINING, for grades 5-8, 9 a.m.-noon, March 21-25, Pro Performance, 215 Everhart off Baker's Ridge Road. Former NCAA Division 1 players and coaches. Info: Lindsey Blum, 599-1776.
TRACK AND FIELD
CLINIC OF CHAMPIONS, March 5, Bridgeport Middle School. Open to coaches and athletes. Info: www.BridgeportTrack.com or Jon Griffith, 367-9788.
BOWLING
64-MAN SHOOTOUT, all ABC-sanctioned bowlers, handicap tournament with \$1,500 in cash prizes. Feb. 19-20, H&L Lanes, Reedsville. Info: John, 282-1566 or 864-3077.
SEMI-PRO FOOTBALL
WEST VIRGINIA WHAMI is looking for new players and coaches for the 2005 season. Info: Tony Thibodeau, 685-6431, or www.whamifootball.com
WEST VIRGINIA WHAMI SEMI-PRO FOOTBALL CHEERLEADING sign-up, 4-6 p.m., March 19 and 6-8 p.m., March 20, WVU Shell Building. Register in advance or for info: 685-6431 or 594-4161 or www.whamifootball.com
DODGEBALL
ADULT DODGEBALL NIGHT, 9 p.m. Tuesdays, Pro Performance, 215 Everhart off Baker's Ridge Road.
GOLF
13th ANNUAL GIANT EAGLE/FAIRMONT STATE TOURNAMENT, May 26, Bridgeport Country Club. Info: 367-4220.
BOXING
BUDWEISER PROFESSIONAL CARD, 8 p.m. Feb. 18, Westchester Village, featuring Tom Witt, Jac Kuhn and Steve Borrelli. Ticket info: 299-4291 or email simonsprom@hotmail.com

COLLEGE BASKETBALL

Men's scores
3-8 0-2, Williams 59 0-0 13, Marshall 4-9 1-19, Watson 4-9 0-11, Hinnant 0-0 0-0, Carter 0-0 0-0, Totals 25-62 6-10 65.
NOTRE DAME (14-6)
Cornette 0-1 0-1 0, Francis 2-9 2-4 6, Thomas 6-10 4-4 19, Quinn 4-7 1-10, Falls 8-14 0-23, Cornett 0-0 0-0, Latimore 5-8 0-0 10, Carter 0-0 0-0, Totals 25-49 7-12 68.
Halftime—Notre Dame, 37-32, 3-point goals—B.C. 9-22 (Watson 3-5, Hinnant 3-4, Dudley 2-7, Doornkamp 1-2, Marshall 0-2), Notre Dame 11-20 (Falls 7-12, Thomas 3-5, Quinn 1-2, Cornette 0-1). Rebounds—B.C. 38 (Dudley 11), Notre Dame 30 (Francis 8), Assists—B.C. 18 (Dudley 6), Notre Dame 19 (Thomas 9).
(18) PITTSBURGH 55, ST. JOHN'S 44
ST. JOHN'S (8-12)
Jackson 0-2 0-2 0, D.Gray 2-5 0-4, Hamilton 1-5 0-22, Hill 6-18 4-18, Lawrence 1-10 7-8 10, Jones 0-1 0-2, Missere 1-4 0-2, Williams 4-9 0-8, Totals 15-54 11-20 44.
PITTSBURGH (14-4)
Trautman 7-8 5-19, Kendall 2-5 0-25, Tofft 6-11 0-112, Krauser 2-7 8-12, Graves 1-3 2-5, DeGroat 0-0 0-0, Ramon 1-3 0-0 2, Benjamin 0-0 0-2, McCarroll 0-1 0-0 4, Gray 0-1 0-0 0, Totals 19-39 14-21 55.
Halftime—Pitt, 17-15, 3-point goals—St. John's 3-10 (Hill 2-3, Lawrence 1-4, Williams 0-1), Pitt 3-10 (Rebounds—1, Kendall 1-3, Krauser 1-5, Ramon 0-1). Grievous—St. John's 33 (D. Gray 7), Pitt 37 (Tofft 8). Assists—St. John's 9 (Hill 3), Pitt 10 (Graves 3).
Women's scores
EAST
Albany, N.Y. 50, Binghamton 49
Maine 59, New Hampshire 50
West Virginia 84, St. John's 58
SE MIDWEST
Bowling Green 69, Ball State 49
SE Missouri 71, E. Illinois 56
Toledo 65, Cent. Michigan 51
SOUTHWEST
Texas A&M 88, Texas A&M-Corpus Christi 64
Texas Tech 89, Iowa State 62

HIGH SCHOOL BASKETBALL

Girls' scores
Berkeley Springs 45, Waynesboro, Pa. 25
Crest 58, Ripley 36
Big Creek 42, Pocahontas, Va. 30
Cross Lanes Christian 48, Grace Christian 42
Fair Haven 57, Parkersburg Christian 31
Gilbert 45, Matewan 39
Greenbrier East 60, St. Albans 39
Guyan Valley 54, Sherman 33
Hammill 65, Tus Valley 51
Huntington 52, George Washington 49
James Monroe 69, Pikeville 57
Midland Trail 54, Fayetteville 38
Montcalm 59, Liberty Raleigh 32
Nairo-Dome, Va. 85, Jefferson 31
Oak Hill 88, Shady Spring 51
Ohio Valley Christian 53, Calvary Baptist 51
Paden City 49, Clay-Battelle 43
Parkersburg South 63, Parkersburg 54
Poca 65, Point Pleasant 47
Richie County 47, Ravenswood 29
Roane County 66, Clay County 59
Sissonville 46, Scott 42
South Charleston 63, Princeton 61
Spring Valley 55, Riverside 12
Summers County 62, Bluefield 39
Tyler Consolidated 55, Doddridge 29
Wahama 50, Wood County Christian 42
Wheeling Central 72, Linsley 42
Wheeling Park 71, Masalia 50
Woodrow Wilson 72, Hurricane 49

Boys' scores
Allegheny, Md. 70, Hampshire 67
Beldaire, Ohio 81, Tyler Consolidated 59
Berkeley Springs 69, Frankfort 63
Bridgeport 52, Grant 46
Brooke 74, John Marshall 65, OT

TRANSACTIONS

BASEBALL
American League
BOSTON RED SOX—Agreed to terms with 1B Roberto Petagine on a minor league contract.
DETROIT TIGERS—Named Jovair Gillett strength and conditioning coordinator.
MINNESOTA TWINS—Agreed to terms with RHP Carlos Silva on a two-year contract.
TAMPA BAY DEVIL RAYS—Agreed to terms with INF Jorge Cantu on a one-year contract and OF Tom Goodwin on a minor league contract.
National League
ARIZONA DIAMONDBACKS—Named Bill Singer, Bill Weaver and Chris Banda scouts.
COLORADO ROCKIES—Agreed to terms with INF Clint Barmes, C.J.D. Closser, LHP Jeff Francis, OF Chao Freeman and RHP Chin-hui Tsao on one-year contracts.
MILWAUKEE BREWERS—Agreed to terms with RHP Jose Capellan, RHP Justin Lehr, RHP Luis Pena, LHP Jorge De La Rosa and OF Corey Hart on one-year contracts.
PITTSBURGH PIRATES—Agreed to terms with OF Rajai Davis, INF Brad Eldred, RHP Matt Peterson and LHP Cory Stewart on one-year contracts.
BASKETBALL
National Basketball Association
BOSTON CELTICS—Traded F Walter McCarty to Phoenix for a 2005 second-round draft pick.
CHARLOTTE BOXCATS—Waived F Jamal Sampson.
SAN ANTONIO SPURS—Placed Mike Wilks on the injured list. Activated C Rashed Nesterovic from the injured list.
SEATTLE SUPERSONICS—Placed G Mateen Cleaves on the injured list. Activated C Robert Swift from the injured list.
FOOTBALL
National Football League
CHICAGO BEARS—Claimed TE Darnell Sanders off waivers from the Atlanta Falcons.
CLEVELAND BROWNS—Named Romeo Crenel coach and agreed to terms with him on a five-year contract.
GREEN BAY PACKERS—Named Bob Sanders and Robert Nunn defensive assistant coaches.
NEW YORK JETS—Named Jeremy Bates quarterbacks coach and Pep Hamilton wide receivers coach.
COLLEGE
MID-AMERICAN CONFERENCE—Approved the return of Bowling Green to the league's East Division in all sports effective this fall.
BRIGHAM YOUNG—Named Patrick Higgins receivers and special teams coach.
CONNECTICUT—Named Holly Strauss volleyball coach.
DUKE—Named Marshall Ray men's assistant soccer coach.
EAST CAROLINA—Named Rick Smith defensive backs coach.
NORFOLK STATE—Announced the resignation of Marty Miller, baseball coach, to concentrate on his duties as acting athletic director. Named Cloude Clark interim baseball coach.
SOUTHERN MISSISSIPPI—Named Fred Tate defensive tackles coach. Randy Buller fired ends coach. Ron McCrone defensive ends coach. Lyrel Polard linebackers coach and Derrick Nick running backs coach.
VALPARAISO—Named Stan Rettew football defensive coordinator.

PRO BASKETBALL

NBA

EASTERN CONFERENCE

Atlantic Division

Team	W	L	Pct	GB
Boston	24	25	.490	—
Philadelphia	23	25	.479	1/2
New Jersey	21	27	.438	2 1/2
Toronto	20	29	.408	4
New York	19	29	.396	4 1/2

Southeast Division

Team	W	L	Pct	GB
Miami	36	14	.720	—
Washington	28	19	.596	6 1/2
Orlando	25	23	.521	10
Charlotte	10	35	.222	23 1/2
Atlanta	10	37	.213	24 1/2

Central Division

Team	W	L	Pct	GB
Cleveland	28	19	.596	—
Detroit	28	19	.596	—
Chicago	22	22	.500	4 1/2
Indiana	22	25	.468	6
Milwaukee	18	28	.391	9 1/2

WESTERN CONFERENCE

Southwest Division

Team	W	L	Pct	GB
San Antonio	39	10	.796	—
Dallas	31	15	.674	6 1/2
Houston	28	21	.571	11
Memphis	28	21	.571	11
New Orleans	8	39	.170	30

Northwest Division

Team	W	L	Pct	GB
Seattle	32	13	.711	—
Minnesota	24	25	.490	10
Denver	21	26	.447	12 1/2
Portland	20	26	.435	12 1/2
Utah	16	32	.333	17 1/2

Pacific Division

Team	W	L	Pct	GB
Phoenix	38	11	.776	—
Sacramento	32	15	.681	5
L.A. Lakers	24	22	.522	12 1/2
L.A. Clippers	23	25	.479	14 1/2
Golden State	14	35	.286	24

Tuesday's games
Cleveland 104, Toronto 91
Golden State 113, Orlando 109
San Antonio 134, Charlotte 85
Milwaukee 121, Boston 97
Memphis 108, Minnesota 96
Chicago at Dallas, night
Utah at Denver, night
Phoenix at Sacramento, night
New Orleans at Seattle, night
Today's games
Milwaukee at Toronto, 7 p.m.
L.A. Clippers at Toronto, 7 p.m.
Charlotte at Indiana, 7 p.m.
San Antonio at Washington, 7 p.m.
Memphis at Philadelphia, 7 p.m.
Miami at New York, 7:30 p.m.
L.A. Lakers at New Jersey, 7:30 p.m.
Denver at Minnesota, 8 p.m.
Chicago at Houston, 8:30 p.m.
New Orleans at Portland, 10 p.m.
Thursday's games
Atlanta at Orlando, 7 p.m.
L.A. Lakers at Detroit, 8 p.m.
Sacramento at Seattle, 10:30 p.m.

NBA All-Star rosters

To be played: Sunday, Feb. 20, in Denver (5-denotes starter)

EASTERN CONFERENCE

Starters

Player	Pos	Ht	Wt	A-S
Gilbert Arenas, Was	G	6-3	191	1
x-Vince Carter, Ori.	F	6-2	220	6
x-Grant Hill, Ind.	F	6-8	225	7
Zydrunas Ilgauskas, Cle	C	7-3	260	2
x-Allen Iverson, Phi	G	6-0	165	6
x-LeBron James, Cle	F	6-8	245	1
Antawn Jamison, Wash	F	6-9	230	1
Jermaine O'Neal, Ind	F	6-11	230	4
x-Shaquille O'Neal, Mia	F	7-1	325	12
Paul Pierce, Bos	F	6-6	230	4
Dwyane Wade, Mia	G	6-4	212	1
Ben Wallace, Det	F	6-9	240	3

WESTERN CONFERENCE

Starters

Player	Pos	Ht	Wt	A-S
Ray Allen, Sea	G	6-5	205	5
x-Kobe Bryant, LA Lakers	G	6-6	220	7
x-Tim Duncan, S.A.	F	7-0	260	7
x-Kevin Garnett, Minn	F	6-11	220	8
Manu Ginobili, S.A.	F	6-6	210	1
Rashard Lewis, Sea	F	6-10	215	1
Shawn Marion, Pho	F	6-7	228	2
Steve Nash, Pho	G	6-8	210	5
Steve Nash, Pho	G	6-3	180	3
Dirk Nowitzki, Dal	F	7-0	245	4
Amare Stoudemire, Pho	F	6-10	245	1
x-Yao Ming, Hou	C	7-6	310	3

TENNIS

WTA Open Gaz de France

Tuesday
At Stade Pierre de Coubertin, Paris
Surface: hard-indoor
Surfings
First round
Vera Douchevina, Russia, def. Iveta Benesova, Czech Republic, 6-4, 2-6, 6-3.
Selima Star, Tunisia, def. Flavia Pennetta, Italy, 7-6 (1), 6-2.
Magdalena Maleeva (8), Bulgaria, def. Claudine Schuul, Luxembourg, 7-6 (4), 7-6 (1).
Jelena Jankovic, Serbia-Montenegro, def. Emilie Loit, France, 6-4, 4-6, 6-3.
Tatiana Golovin, France, def. Severine Beltrame, France, 6-2, 7-6 (7).
Virginie Razzano, France, def. Anna Smashnova, Israel, 6-2, 6-3.

Feb. 9
1912 — The U.S. Tennis Association amends the rules for men's singles championship play. The defending champion is required to play through the tournament instead of waiting for the tournament to produce a challenger.
1988 — Marco Lemieux, of the Pittsburgh Penguins, scores a record three goals — three goals and three assists — to lead the Wales Collection to a 6-5 victory against the Campbell Conference in the NHL All-Star game.

SPORTLIGHT

BASEBALL
PHILADELPHIA EAGLES QB DONOVAN MCNABB WAS SO ILL IN THE FOURTH QUARTER OF THE SUPER BOWL THAT A TEAMMATE HAD TO CALL A PLAY IN THE HUDDLE, CENTER HANK FRALEY SAID. "HE FOUGHT TO THE END. HE GAVE IT HIS ALL," FRALEY TOLD COMCAST SPORTSNET THIS WEEK. "HE COULD HARDLY CALL THE PLAYS, THAT'S HOW EXHAUSTED HE WAS TRYING TO GIVE IT HIS ALL. IF YOU REMEMBER BACK WHEN WE PLAYED JACKSONVILLE TWO YEARS AGO AND HE ENDED UP PUKING, IT WAS CLOSE TO THAT SCENE. HE EXHAUSTED EVERYTHING HE HAD. HE DIDN'T GET A PLAY CALL IN ONE TIME. HE MUMBLED AND (WIDEOUT) FREDDIE MITCHELL YELLED OUT THE PLAY WE WERE TRYING TO BRING IN. HE WAS PUKING AT THE SAME TIME TRYING TO HOLD IT IN." MCNABB WAS SHAKY IN PHILADELPHIA'S 24-21 LOSS TO THE NEW ENGLAND PATRIOTS ON SUNDAY, THROWING FOR 357 YARDS AND THREE TOUCHDOWNS, BUT ALSO GETTING PICKED OFF THREE TIMES. AN EAGLES SPOKESMAN SAID TUESDAY THAT MCNABB WASN'T INJURED. HOW-

WVU

FROM PAGE 5-B

Not long ago, WVU (13-7, 3-6 Big East) was in Providence's position, but a win against the Friars on Jan. 29 snapped a five-game losing streak, and Saturday's victory against Pittsburgh without starting center D'or Fischer has restored confidence. Bellein said Fischer will play tonight.

Injuries have been part of Providence's problems this season. Starting point guard Donnie McGrath has missed games and backup guard Gerald Brown is out for the season. Starting shooting guard Dwight Brewington, who scored 19 points against WVU, is out for three weeks.

That, Sally said, doesn't take away from the threat the Friars pose. "Right now, their coach is probably telling them to play loose," Sally said. "They're going to do anything to find a spark. Those teams are dangerous because you don't know what they're going to do. You can't prepare for them."

The Friars do have two of the hottest scorers in the league. All-American Ryan Gomes scored a career-high 32 points against Villanova on Saturday and is averaging 20.6 points and 8.5 rebounds during his senior season.

McGrath, healthy again after spraining an ankle early against WVU, was 9-for-9 shooting 3-pointers against Virginia and then 2-for-2 against Villanova. He's made 22 of his past 29 and his 11 straight are five shy of setting a new NCAA record. McGrath made 3 of 3 against the Mountaineers before leaving the game.

"Incredible," Bellein said. "You'll see a guy have a good game and go 5-for-6. You don't see a guy with a stretch of games like he's had, like the 9-for-9 against Virginia. I've watched the films and they're not bunnies. They're 25-, 28-foot shots. We have to get on him and hope he has one of those nights and hope he is not unstoppable."

NIXES

FROM PAGE 5-B

Posluszny's decision to return to school was a huge victory for a relieved WVU coach Greg Van Zant.

"That's like the Giants keeping Barry Bonds," Van Zant said. "You keep your cleanup hitter."

The 6-foot-3, 225-pound Posluszny was a third-team all-Big East Conference selection this past season, hitting .322 with six home runs and 33 RBIs. *Baseball America* rated Posluszny — the 2003 Big East rookie of the year — as having the best raw power in the league.

While he's aware of the high expectations surrounding him, Posluszny is concentrating on not getting caught up in the hype.

"I just have to go out and play the way I can," he said. "I do the same routine. If I walk to the plate the same way and take good swings, that's all I have to worry about. I just have to stay focused and continue to work hard. I don't have to do anything special. That's when you get into trouble, thinking, 'I have to do this or that.'"

Posluszny said he can't wait for the season opener, Saturday, at Norfolk State. Posluszny is returning to first base — a position he played in high school, in Aliquippa, Pa. — this season, after the graduation of Kurtis Clinton.

Posluszny started six games at first for the Mountaineers in 2004, so he doesn't anticipate a rough adjustment period.

"Every day, the way Coach has practice structured, it's a game situation all the time," he said. "I was playing first base every day in practice and going through all the bunt-defense drills and going through all the first-and-third defensive drills.

"When you go into a real game, you've seen everything before and everything becomes second nature. I'm extremely excited to move in from the outfield. You're involved in more plays at first base, and you're more into the game."

Posluszny knows he and his teammates have something to prove this season. The Big East coaches picked the Mountaineers to finish next to last in the league.

"It's not going to happen," Posluszny said. "It's probably a blessing in disguise. Nobody's putting pressure on themselves. If we'd been picked to finish first, guys' attitudes would probably be different, thinking, 'Man, we're picked first. We can't mess up.' When you're picked ninth, you've got nowhere to move but up."

Englishwoman sets round-the-world sailing mark

Associated Press

FALMOUTH, England — For 71 days, Ellen MacArthur was alone at sea. On Tuesday, she sailed home in triumph, a royal title awaiting her while 8,000 exuberant fans packed the harbor and hundreds more lined the cliffs of this Cornwall town.

Returning to Britain's rocky coast after her record-setting around-

the-world voyage, the 28-year-old Englishwoman sprayed champagne, hugged her parents and touched land for the first time in two months. A colorful flotilla guided her 75-foot boat into port through a turquoise bay with small planes and helicopters darting overhead.

"There were some times out there that were excruciatingly dif-

ficult," MacArthur said, her voice cracking as she fought back tears. "I have never in my life had to dig as deep as I did in this trip, and not just once or twice, but over consecutive weeks."

For her efforts, she was bestowed a title: Dame Ellen. Queen Elizabeth II approved a damehood for MacArthur, the female equivalent

of knighthood. She's the youngest to receive the honor.

The Royal Navy said MacArthur would be made an honorary naval officer, holding the title of Lt. Commander in the Royal Navy Reserve.

MacArthur completed the 26,000-mile circumnavigation Monday night, crossing an imaginary finish line between Ushant, France, and the

Lizard peninsula on England's south-west coast.

The 5-foot-3 sailor completed her journey in 71 days, 14 hours, 18 minutes, 33 seconds, beating the existing record of Francis Joyon, of France by one day, 8:35:49.

MacArthur never slept for more than 15-30 minutes at a stretch, totaling only four hours a day.

Pats aide moves on to Browns

Crennel an assistant coach for 35 years

Associated Press

BEREA, Ohio — Romeo Crennel's long wait is over. An assistant coach for 35 years, he's finally in charge.

Fresh from winning a third Super Bowl title as New England's defensive coordinator, Crennel was introduced Tuesday as coach of the Cleveland Browns, a team with far more imperfections than the one he left.

"I've been somewhat successful as a position coach. Now being able to take the reins of a team and try to run a whole team, that's special," Crennel said at a news conference.

"I'm excited about it. I want to be successful, and I want to win and that's what I want to try to bring to Cleveland, a winning football team."

Crennel, 57, is the 11th full-time coach in Browns history and the team's first black coach. He's the NFL's sixth minority coach, but the only one with a Super Bowl ring for each finger of one hand.

Crennel received a five-year, \$11 million contract from the Browns, who are coming off a disastrous 4-12 season that was scuttled by major injuries and highlighted by the resignation of Butch Davis, on Nov. 30.

In hiring Crennel, the Browns, who are just 30-66 with one play-off appearance since returning to the league, in 1999, selected an older, more experienced coach instead of going for an up-and-coming college candidate, as they did in 2001, when they plucked Davis from the University of Miami.

Crennel joins Tony Dungy, of Indianapolis; Marvin Lewis, of Cincinnati; Dennis Green, of Arizona; Herman Edwards, of the New York Jets; and Lovie Smith, of Chicago, among the league's black head coaches.

As the Browns introduced Crennel, the Patriots celebrated in a parade through the streets of Boston. But Crennel knew he was in the right place.

"Considering the alternative, this is a good one to be at," said Crennel, who was joined at the news conference by his wife, Rosemary, and two of his three daughters.

Crennel, who began his pro coaching career with the New York Giants, in 1981, was passed over for head coaching jobs in the past.

In 2004, he interviewed with several teams, including Buffalo, Oakland and Chicago. The year before, he spoke with San Francisco about the job that eventually went to Dennis Erickson.



The Super Bowl champion New England Patriots ride World War II-style duck boats down the parade route in Boston, on Tuesday.

1 million fans greet champs

Throngs line Pats' parade route

Associated Press

BOSTON — Three silver Super Bowl trophies and the gray sweat shirt-wearing mastermind who won them all took a championship ride through the streets of Boston on Tuesday, passing nearly 1 million screaming fans.

Kids skipped school and grown-ups missed work. Confetti flew and players blew kisses to the crowd.

The New England Patriots took another victory ride through town — their third in four years — to give their sign-waving, slogan-chanting supporters a chance to share in Sunday's 24-21 win against the Philadelphia Eagles, in Jacksonville, Fla.

"It's incredible. It seems very surreal, *deja vu*, man," quarterback Tom Brady said. "You never get sick of the winning. You never get sick of the fans. I tell you, it's a great place to play."

It was a warm winter day, but coach Bill Belichick still wore his gray hooded sweat shirt, a symbol of his fashion sense and coaching focus: He's too busy making his team look good to bother about himself.

Coaches, players and their friends and family members rode

along the 1 1/2-mile route in World War II-style amphibious duck boats, usually used to take tourists to historic city sites. The Boston Red Sox used them in their championship "rolling rally" in October but, unlike the baseball team, the Patriots didn't go into the Charles River, which was frozen over.

Belichick was in the lead vehicle with team owner Robert Kraft, vice chairman Jonathan Kraft and player personnel director Scott Pioli. The executives each clutched a Vince Lombardi trophy, though they may need help doing it next year.

One fan held up a sign that read "Next Stop Detroit." That's where the next Super Bowl will be held on Feb. 5, 2006, when the Patriots can win their fourth trophy in five years.

"It took me nine years to get my first championship. Now they're coming every year. I could get used to this," said Troy Brown, who played wide receiver and defensive back and returned punts in the Super Bowl.

The crowd was mostly orderly, although several people were led away from the parade route in handcuffs and police said they made 38 arrests.

'Lefty' loves the long ball

GOLF

BY DOUG FERGUSON

Associated Press

PEBBLE BEACH, Calif. — Phil Mickelson keeps everyone guessing.

Three years ago, he defiantly said he would never change his risk-taking, jaw-dropping style on the golf course, even if that meant never winning a major.

In 2004, he was so determined to keep his tee shots in the short grass that he went to a controlled fade off the tee, although that meant giving up distance. He couldn't argue with the results. Mickelson won his first major at the Masters, and was five shots away from a chance to win the Grand Slam.

What will Phil do next? He won the FBR Open by a career-high five shots on Sunday, making birdies from the desert and saving par after hitting into the water. When it was over, someone asked him if hitting fairways was overrated.

"No, it's certainly important. Don't get me wrong," he said. "It's not overrated, but I think distance is underrated right now. I think that you've got to move the ball out there."

His short game was as phenomenal as ever, but what made Phoenix such a fun week for Mickelson was the long ball. "I drove the ball a lot longer than I think I have in years, and was able to have a lot of short irons in," he said.

Mickelson went with a 3-wood off the tee on the par-5 13th because he was belting his driver in the 340-yard range, and he needed something less to land in the fat part of the fairway. Never mind that he pulled it into the desert; he still had a shot to the green and wound up with a birdie.

Then on the 14th, he felt he needed to "chip a driver."

"I just want to take 40, 50 yards off of it and get it out there about 290," Mickelson said.

That sounds a lot like the Mickelson of old, like the time he talked about taking "8 yards off a stock driver" on the par-4 eighth hole at Bay Hill.

But that's one thing that makes Mickelson so fascinating — and at times so hard to figure out. A year ago, the focus was on fairways. "Because I've kept it in play, the course seems to be so much easier," Mickelson said when he was in contention every Sunday leading to his Masters victory. "I think after 33 years, I've figured it out."

How quickly he forgets. Mickelson was looking at the statistics from 2004 when he noticed he had a higher percentage of fairways hit than the three guys he was chasing — Vijay Singh, Tiger Woods and Ernie Els. But he trailed all of them in distance.

"When I had sacrificed 15 yards last year, I knew that I needed to make a change," Mickelson said

after winning in Phoenix. "Ultimately, you saw the change in September. But I knew that I had to do that if I wanted to get back to being able to play at this level."

In some respects, the statistics bear that out. Mickelson hit 63.6 percent of his fairways in 2004 through the PGA Championship, when he won twice and had a chance to win all four majors. By the end of the year, he had dipped to 59.9 percent. And from the PGA Championship in August through the FBR Open this past week, he has hit 58.5 percent of the fairways.

Mickelson has been testing his new Callaway equipment since September to find which driver-ball combination allows him to hit it straight without sacrificing distance. He believes he has figured it out, and his victory Sunday — after starting the year with two finishes out of the top 10 — gave him good vibes heading to Pebble Beach.

"I can't wait for next week," he said. "I can't wait to get out to the course and practice. I'm loving playing and ecstatic about the way things are set up in my bag."

If the emphasis has returned to distance, that wouldn't be such a bad thing.

Singh smashes driver off just about every tee, figuring that if he lands in the rough, he can still make par at worst by being that much closer to the green. Woods is longer off the tee than he has been the past several years; his swing coach, Hank Haney, said power is important for Woods to regain his dominance.

As for the go-for-broke style that Mickelson adores?

He's right. That will never change. Mickelson has such supreme confidence that he only sees possibilities, not consequences. Some people blame his bad shots on poor decisions. Mickelson attributes them to poor execution.

One such occasion was Pebble Beach four years ago.

Mickelson was one shot behind on the par-5 18th and 257 yards from the green. Instead of relying on his wedge game — the best on tour — he hit driver off the deck with hopes of making an eagle, or at least a simple birdie. Instead, he put it in the Pacific Ocean and made double bogey.

There are three things about Mickelson that fall into the category of death and taxes.

His wedge game is among the best. Even when he was missing fairways in Phoenix, Mickelson knew he only had to get it around the green to save par, or even make birdie.

Another constant is winning. Mickelson has gone only three years without a PGA Tour victory dating to his junior year at Arizona State. His 24 tour victories are second only to Woods (41) and Singh (25) among his peers.

And the third sure thing about Mickelson? He always makes the game entertaining.

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Chinese cooking in a jiffy

THERE IS A saying that Chinese culture is a food culture. To me, it sounds truer than it did before I left China. It sounds the truest during each of my visits back home. No matter where you go in the "Middle Kingdom," you are surrounded by people whose minds never wander far from food and whose ultimate delight is to treat you to a sumptuous meal.

Like many things Chinese, food culture boasts a tradition thousands of years old. So often an illustrious ancient name is linked to a certain dish that one wonders which of the two is more famous. According to record, Confucius himself was a food enthusiast, accepting cured meat as payment for tutoring and exhorting the virtue of savoring well-prepared food. Even sages must eat; and a Chinese sage must eat exquisitely.

Easy for someone to say who'd never done the sometimes-not-so-exquisite food-preparing. Even though Confucius was considered a heretic when alive and often chased out of cities like an older, bookish, Chinese version of Jesus, a small group of disciples followed him everywhere and managed to feed him. It just didn't befit a sage to cook. In fact, Mencius (ca 372—ca 289 B.C.), the most influential Confucian philosopher, advised that "Gentlemen should distance themselves from kitchen" and only show up at the dining table. I'm certain both Confucius and Mencius would have chosen to starve if they'd had to rinse rice or chop bok choy.

Nowadays Chinese sages are hard to find. I personally am yet to encounter one. Probably the existing sages are busy hiding from the persecuting crowd whose descendants may one day recognize their greatness. (Confucius had to wait 400 years to be recognized.) Meanwhile we non-sages enjoy free access to kitchens and no gentleman is in danger of losing his status because of daily contact with the wok. The downside is, for lack of disciples, we have to cook the delicacies ourselves.

Chinese cooking is notorious for time-consuming preparations. Yet many of my relatives and friends are so steeped in the food culture that they meet the challenge head-on. They positively love spending hours each day chopping and stir-frying. And I'm not just talking about my generation. The young ones are catching on. My 23-year-old niece devotes many weekends brewing a mouth-watering broth or creating a banquet fit for a king — or a sage.

But what about people like me and quite a few of my friends here in Morgantown who are either unwilling or unable to toil for a meal? Are Chinese restaurants the only solution? Eating out could be fun, but let's face it, the food there just doesn't possess this homey flavor. Fortunately, with a little creativity, you can turn an authentic Chinese dish into a satisfying meal in minutes. Never mind that my concoctions were met in China with "What? You call that a meal?" Remember that they are addicted to the food culture, and for them the simplest meal should be accompanied by one soup and two dishes — two meats and two vegetables. It could be worse. In his autobiography, the last emperor of China revealed that the Empress Dowager's dinner consisted of exactly 100 dishes.

RICE WITH TOMATOES AND EGGS
4 cups cooked rice
2 medium tomatoes or 1 large, cut into 1-inch chunks
2 eggs, well-beaten
1 tablespoon cooking oil
1 tablespoon onions, optional
Salt and pepper to taste

Heat cooking oil in skillet. Add eggs and onion, stir-fry till eggs are no longer runny. Add tomatoes, cook for one minute. Add rice, mix well. Stir in salt and pepper.

BAOQING XU is a member of *The Dominion Post* Food Panel. Contact her at food@dominionpost.com.

Pasta & plenty more Puglioni's



Seafood Pomodoro is served over pasta made fresh daily at Puglioni's Pasta & Pizza.

Ron Rittenhouse/The Dominion Post Photos

THIS IS ONE in a series of features on area restaurants that appears regularly. Readers who would like to see their favorite eateries on this page should call 291-9445.

BY CYNTHIA McCLOUD
The Dominion Post

Brian Kelly runs Puglioni's on these principles: consistency, quality and service.

Regular customers will see a couple of rare changes at the Suncrest eatery in the spring. "We're going to start closing for lunch," Kelly said. "Starting April 1 our hours will be 3-10 p.m. every day. We're going to take advantage of catering opportunities during the day."

The catering will be predominantly off-site, but groups will be able to reserve the dining room at lunch time.

The second change will bring more variety to the restaurant's sandwiches.

"Picking up Boar's Head meats — the premium meats and cheeses in the United States — we're going to offer more than pastas," Kelly said.

"The quality is so much better than anything else that's out there," he said. "We're going to be able to run more specials with them."

Puglioni's staff consistently makes everything from scratch: pasta, sauce, bread, salad dressings.

"Our bread and salad are what we're famous for," Kelly said. Every table after 4 p.m. gets a loaf of bread that's been drenched in garlic butter.

Kelly said his staff uses the best ingredients to make the "gargantuan portions" they serve at "reasonable prices."

A customer backs up his claim.

Jay Creamer, member of the 2004 *The Dominion Post* Food

Panel, said he and his wife can eat at Puglioni's for \$30, including wine, and have leftovers for lunch the next day.

When it comes to Italian food, "Pug's is the one place I will go and look forward to," Creamer said. "The food to me tastes like it has been cooked all day ... the flavors compounding and condensing."

It's always like that. The staff strives to keep it that way.

"One of my biggest beliefs in the cooking industry is consistency, having everything the same so the people who come in find it just like their last visit," said Kelly, who graduated from the Culinary Institute of America.

"They'll never come back and not get the same thing they got the first time," he said.

Creamer attests to that. "The food always tastes the same as it did the last time. They keep the menu simple and perfect it," he said.

The change in hours may give the kitchen more time and space to work on adding more desserts to the menu. Rarely is anything more than tiramisu offered now.

The restaurant's decor or location won't change anytime soon, Kelly said.

That's good for customers like Creamer who like it just the way it is.

"The atmosphere is cozy and congenial. Not convivial because you don't really visit back and forth between tables, except on rare occasion," he said.

"Pug's is not overwhelming. It is a small dining room. The crowd never really gets too big the longest I have ever had to wait is about 20 minutes. Even when the restaurant is full, it is never loud. Your dinner conversation can be carried on easily." Kelly said he's also fanatical about cleanliness. And it shows



Owner Brian Kelly drizzles butter over bread (left). Puglioni's is famous locally for its loaves. Cook Toby Vernon (right) dishes up a plate of Seafood Pomodoro.



to Creamer.

"I have always paid attention to the cleanliness of dining places," he said. "Not the overt stuff, but the small things: dust in the corners. If I can see them, are the tops of light fixtures and decorations clean? And of course the toilet areas. Pug's always passes the tests."

"The way I look at it, if they care enough to take care of these smallest details, they are going to take care of even the smallest details in the kitchen," Creamer said.

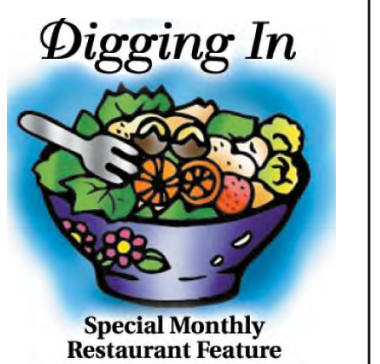
Kelly said the people taking care of those details are also taking care of him.

"I rely very heavily on my staff. They're incredible. They pretty much run the place," he

said, noting kitchen manager Caressa Trimble and cook Toby Vernon, who recently returned when Ron Utt left to work at WVU.

SEAFOOD POMODORO

Serves 1
Olive oil
Handful of mushrooms
4 artichoke hearts, cut in half
dash salt and pepper
4 scallops
4 shrimp
2 tablespoons of garlic
1/2 cup white wine
1 cup chopped tomatoes
1/4 cup vegetable stock
1 tablespoon parsley
Add olive oil to pan. Bring to medium heat but not smoking.



Puglioni's

■ **ADDRESS:** 1137 Van Voorhis Road (Chelsea Square)
■ **PHONE:** 599-7521
■ **HOURS:** 11 a.m.-10 p.m. Monday-Friday, 4-10 p.m. Saturday and Sunday; *New hours starting April 1, 3-10 p.m. every day
■ **VALENTINE'S DAY SPECIALS:** eggplant Parmesan, veal Marsala, fresh steamed mussels with a garlic shallot white wine sauce, cioppino — seafood stewed with tomatoes and served over angel hair pasta

Add mushrooms and artichoke hearts. Add salt and pepper. For about 2 minutes, toss the pan to mix around the mushrooms and artichoke hearts.

Add scallops. Let cook on one side for 2 minutes. Flip scallops and add 2 tablespoons garlic and 1/2 cup white wine.

Let the wine cook out. Then add chopped tomatoes, vegetable stock and parsley.

Simmer for 2-3 minutes. Add shrimp then just turn it off and flip the shrimp after about a minute and they'll be perfectly done. Don't cook the shrimp — let them rest on top of the food, making sure to flip them.

Short Tip

Cooking rice

Soak rice in water for 1-5 hours. (1 1/2 cups water to 1 cup white rice; 2 cups water to 1 cup brown rice.) Bring to a boil, simmer covered, 10 minutes for white rice; 20 minutes for brown rice. Remove from heat. Let stand 5 minutes.

—Baoqing Xu
Star City Food Panel

E-MAIL your Short Tip to food@dominionpost.com

Without mustard, cooking doesn't cut it

BY STEVE PETUSEVSKY
South Florida Sun-Sentinel (KRT)

There are some ingredients I couldn't cook without. Mustard is one of them. After peppercorns, mustard is the most popular condiment in the United States.

In fact, it has been one of the most widely grown and used spices in the world for many centuries. It is believed to have originated in ancient Egypt and been exported to Europe by the Romans, who used it for food and medicine. At first, mustard was considered a medicinal plant rather than a culi-

MEATLESS ON THE MENU

nary one. In the sixth century B.C., scientist Pythagoras used it as a remedy for scorpion stings and the bubonic plague. One hundred years later, Hippocrates used mustard in a variety of medicines and poultices. Mustard plasters are still used for backaches and headaches.

Mustard has its own folklore as well. The Germans, who are really

SEE MUSTARD, 2-C

Reader Recipe

BARBECUED CHICKEN PIZZA

1 14-ounce prebaked Italian bread shell crust
2/3 cup honey garlic barbecue sauce
1 small red onion, chopped
1 cup cooked chicken, chopped
2 cups (8 ounces) mozzarella or cheddar cheese, shredded
Place the crust on a pizza pan or round baking stone. Spread with barbecue sauce and evenly distribute all of the other ingredients. Bake at 350 degrees for about 10 minutes until bubbly.
Yield: 4 servings.

—Kaye Bartrug
Morgantown
2004 Food Panel

EVERY WEEK in Food, *The Dominion Post* will print a reader recipe in this space. Readers are encouraged to send their recipes to food@dominionpost.com.

Federal guidelines the new way to eat right

FOR A COPY of the guidelines, go to www.healthier.us.gov/dietaryguidelines/

BY SYLVIA RECTOR
Detroit Free Press (KRT)

The just-released Dietary Guidelines for Americans 2005 contain the most specific directions that federal officials have ever issued on what to eat and how much to exercise for good health. With two-thirds of Americans overweight or obese, it's a message we need to heed.

Among other recommendations, the guidelines call for big increases in the amounts of fruits and vegetables we eat, at least three daily servings of whole grains and three of nonfat or low-fat dairy products, and 60 minutes of moderate to vigorous exercise most days just to avoid gaining weight as we age.

Later this year, the report will be used to create a replacement for the outdated Food Guide Pyramid, but there's no reason to wait until then to begin a healthier diet or more effective exercise plan.

We know what to do. So let's get started.

TURKEY POTPIE WITH BABY VEGETABLES

Serves: 8 / Preparation time: 30 minutes / Total time: 1 hour 45 minutes

This old-fashioned potpie has just a top crust, made with cornmeal and a hint of honey. The easy filling can be made a day ahead. Then mix the batter while the oven heats and the pie is ready to assemble.

- 1 cup pearl onions
- 1/4 cup plus 2 tablespoons olive oil, divided
- 1 teaspoon dry mustard
- 3/4 cup all-purpose flour, divided

- 2 1/2 cups chicken stock or broth

- 1 clove garlic, peeled, minced
- 10 baby carrots, thinly sliced crosswise

- 2 pounds skinless, boneless, turkey breast, diced

- 1/3 pound fresh white mushrooms, cleaned, thinly sliced

- 1 1/4 cups frozen artichoke hearts, thawed, quartered
- 1 cup shelled edamame or English peas

- 1 tomato, washed, seeded and diced

- 1 tablespoon fresh chopped dill, or 1 teaspoon dried
- 1 tablespoon fresh chopped basil, or 1 teaspoon dried

- 1/4 cup low-fat sour cream
- 1 1/2 teaspoons salt, divided
- 1/2 teaspoon freshly ground pepper

- 1/2 cup cornmeal
- 1 1/2 teaspoons baking powder
- 3/4 cup plain soy milk

- 1 tablespoon dark honey

Immerse the onions in a saucepan of boiling water for about 2 minutes, then drain and plunge them into cold water. Cut off the root ends, slip off the skins and then cut a shallow "X" in the root end of each onion. Set them aside.

In a large, heavy, ovenproof saucepan or Dutch oven, heat 1/4 cup of the olive oil over low heat. Add the mustard and 1/4 cup of the flour and cook, whisking constantly, for 1 to 2 minutes.

Add the stock, still whisking constantly to avoid lumps; raise the heat to medium-high and bring the liquid to a boil.

Add the garlic, carrots and onions. Reduce the heat to a gentle simmer and cook until the vegeta-

The skinny on fats, salt & more

Here are some important highlights of the new dietary guidelines.

Fats

Some fats and oils are needed for good health; keep total fat intake between 20 and 35 percent of calories, with most fats coming from sources of polyunsaturated and monounsaturated fatty acids such as fish, nuts and vegetable oils. Limit saturated fats and cholesterol and avoid trans fats. On a 2,000-calorie diet, 24 grams of healthy fats per day are recommended; that's about 6 teaspoons of oil.

Salt

Consume less than 2,300 mg of sodium (about 1 teaspoon of salt) per day to help prevent high blood pressure, while increasing the intake of potassium, which helps offset the effects of too much sodium. Potassium-rich foods include leafy green vegetables, fruit from vines and root vegetables. However, African Americans and anyone who has high blood pressure or is middle-aged or older should limit sodium to 1,500 mg per day.

Nutrients

Although most Americans eat too much, most adults still need to increase their consumption of calcium, potassium, fiber, magnesium and vitamins A, C and E. Children need more calcium, potassium, fiber, magnesium and vitamin E. These nutrient needs can be met by following the dietary guidelines for fruits and vegetables, whole grains and low- or non-fat dairy products.

Size matters

How much is a serving? It depends on the food.

Here's what the new dietary guidelines consider a serving for each group of foods and different foods within groups:

Vegetables (5 servings daily)

1 serving — 1/2 cup raw or cooked vegetable, 1 cup raw leafy vegetable or 1/2 cup vegetable juice.

Fruits (4 servings daily)

1 serving — 1/2 cup fresh, frozen or canned fruit; 1 medium whole fruit; 1/4 cup dried fruit or 1/2 cup fruit juice.

Grains (6 servings daily, including 3 whole-grain)

black pepper, divided

- 1 1/4 cups fat-free milk
- 1/8 teaspoon ground nutmeg
- 1 slice whole wheat bread, torn into pieces

Preheat the oven to 425 degrees. Rub the cut sides of the garlic on the bottom and sides of a large gratin dish or shallow, 1 1/2-quart baking dish. Lightly coat the bottom and sides of the dish with 1 teaspoon of the olive oil.

Arrange half of the Yukon gold potato slices in a single layer in the bottom of the gratin dish; top with half of the sweet potato slices. Drizzle the melted butter over the potato mixture and sprinkle with 1/4 teaspoon of the salt and 1/8 teaspoon of the pepper.

Layer the remaining Yukon gold potato slices over the seasoned potato mixture. Top with the remaining sweet potato slices, 1/4 teaspoon salt and 1/8 teaspoon pepper. Set aside.

In a small saucepan over medium-low heat, combine the milk and the nutmeg. Bring the mixture to a boil. Remove it from the heat and pour it evenly over the potato mixture.

In a food processor, process the bread until small crumbs form. Add the remaining 2 1/2 teaspoons olive oil and pulse to blend.

Sprinkle the bread crumb mixture evenly over the potatoes. Bake until the potatoes are tender, 45 to 50 minutes. Let stand for 5 minutes before serving.

From "The New Mayo Clinic Cookbook: Eating Well for Better Health" (Oxmoor House, \$34.95).

Per serving: 174 calories (25 percent from fat), 5 grams fat (1 gram sat. fat), 28 grams carbohydrates, 5 grams protein, 272 mg sodium, 6 mg cholesterol, 71 mg calcium, 3 grams fiber.

MUESLI BREAKFAST BARS

Makes: 24 / Preparation time: 15 minutes / Total time: 55 minutes

The original breakfast cereal called muesli (a German word meaning "mixture") combined rolled oats with nuts and fruit. These bars are perfect for breakfast on the go or for a healthful

1 serving — 1 slice bread, 1 cup dry cereal or 1/2 cup cooked rice, pasta or cereal.

Meats and beans (5.5 ounces or equivalents daily)

1-ounce serving — 1 ounce lean meat, poultry or fish; one egg; 1/4 cup cooked dry beans or tofu; 1 tablespoon peanut butter or 1/2 ounce nuts or seeds.

Dairy (3 cups daily)

1 cup — 1 cup low-fat or fat-free milk, 1 cup low-fat or fat-free yogurt, 1.5 ounces low-fat or fat-free natural cheese, or 2 ounces low-fat or fat-free processed cheese.

Get moving!

If you are inactive, start moving—now.

The new federal dietary guidelines emphasize that physical activity, along with good eating, are vital to health.

Here's how much moderate-intensity exercise you need most days, in addition to usual activities:

- 30 minutes to avoid chronic diseases.
- 60 minutes to prevent weight gain as you age.
- 60-90 minutes to help lose weight and keep it off.



One cup dry cereal, 1/2 cup cooked brown rice, 1/2 cup cooked pasta, two slices whole wheat bread and 1/2 whole wheat bagel.



One-half cup each of baby carrots, red pepper slices, cooked sweet potato, green beans and cauliflower.



One medium apple and 1/2 cup each of strawberries, kiwi slices and blueberries.



Eight ounces low-fat yogurt, one cup nonfat milk and 1.5 ounces of low-fat natural cheese.



One-quarter cup of red kidney beans, one egg, one-half ounce walnut halves and 2.5 ounces cooked salmon filet.

Meal Ticket

TO HAVE YOUR nonprofit's fund-raising meal listed in this column, e-mail food@dominionpost.com.

The Dominion Post

TODAY

FISH FRY: 4-7 p.m., Knights of Columbus facilities, Star City, across from St. Mary's Catholic Church. Fried or baked fish dinner or sandwiches. Eat in or take out.

FRIDAY

ALL-YOU-CAN-EAT FISH: 5-7 p.m., Bruceton-Brandonville VFW Post 2523. Cost: \$5, adults; \$2, children. Menu: fish, fries, coleslaw, bread, dessert and drink.

FISH FRY: 4-7 p.m., Knights of Columbus facilities, Star City, across from St. Mary's Catholic Church. Fried or baked fish dinner or sandwiches. Eat in or take out.

SATURDAY

VALENTINE'S DAY PASTA DINNER: 5-7 p.m., Arthurdale Heritage Center Hall, W.Va. 92 South, in Arthurdale at corner of Q and A roads. Menu: all-you-can-eat spaghetti with meatballs, pasta alfredo, salad, bread and dessert. Drink included. Carry-out available. Cost: \$6, adults; \$3, ages 12 and under. Info: 864-3959.

SUNDAY

BAKED STEAK: 11:30 a.m.-3 p.m., Haymond Community Center of Taylor County, U.S. 119 North, Grafton. Cost: \$7. Carry-out available. Proceeds benefit upkeep of the center. Info: 265-1996.

FEB. 25

BEAN DINNER: 5-7 p.m., Kingwood Apostolic Church Fellowship Hall, 305 S. Price St., Kingwood. Menu: beans and corn bread, salad, dessert and drink. Cost: \$5, adults; \$3, ages 4-10; free for children age 3 and younger. Reservations: 329-2636.

Recipes wanted for Pa. cookbook

The Dominion Post

The Point Marion (Pa.) Progress Club is requesting original recipes for a quality keepsake community cookbook which they are compiling, to be published later this year. There is no obligation to purchase a cookbook if you submit a recipe. Proceeds from the sale of cookbooks will be put back into civic community projects. You don't have to be from Point Marion to submit a recipe.

Send a couple of your favorite recipes for this book before March 1 to Community Cookbook, P. O. Box 1999, Point Marion, PA 15474. They should be clearly printed or typed. You may also e-mail them to cocalis@verizon.net. They may be in any format. Your name and community will be published along with your recipe, unless otherwise requested.

Per serving: 131 calories, 52 percent calories from fat, 8 grams total fat, no cholesterol, 1 gram saturated fat, 13 grams protein, 6 grams carbohydrates, 1 gram total fiber, 94 milligrams sodium, 4 grams total sugars.

FANCY FRENCH DRESSING DIJONAISE

- 1 teaspoon Dijon mustard
- 2 tablespoons vinegar of your choice
- 1 tablespoons walnut or hazelnut oil
- 2 tablespoons extra-virgin olive oil
- 2 tablespoons chopped parsley
- Salt and fresh-ground black pepper, to taste

Whisk all ingredients together in a nonreactive mixing bowl until well combined. Makes 4 servings.

Per serving: 94 calories, 99 percent calories from fat, 10 grams total fat, no cholesterol, 1 gram saturated fat, .06 gram protein, .12 gram carbohydrates, .06 gram total fiber, 17 milligrams sodium, .02 gram total sugars.

MUSTARD

FROM PAGE 1-C

big on mustard, advise brides to sew mustard seeds into the hems of their wedding dresses to assure dominance in the household.

In India and Scandinavian countries, they sprinkle mustard seeds around the house to ward off evil spirits. The ancient Chinese considered mustard an aphrodisiac.

Culinary uses for prepared mustard date back thousands of years to the early Romans, who ground mustard seeds to mix with wine forming a paste like the prepared mustards of today. The word mustard is thought to come from a fermented drink called "must."

The French mixed spicy ground mustard seeds with the juice of wine grapes to create a walloping beverage better left to the French.

Actual prepared mustard got its

start in Dijon, France, in the 13th century. That's the mustard I like to use.

There are only a few mustards to consider when cooking. There is Dijon-style mustard that is dark brown and spicy with complex heated flavors and a hallmark aroma. The most popular brand is Grey Poupon.

Yellow mustard or ballpark mustard is used in lots of Southern-style marinades and sauces. In the South, much barbecue sauce is mustard-based rather than tomato-based.

Yellow mustard or ballpark mustard is used in lots of Southern-style marinades and sauces.

Stone-ground mustard is the one with bits of seeds in it. I like to use this in combination with Dijon mustard for dressings and marinades. Now, of course, there's honey mustard and dozens of other flavors available, but those I've listed are the mother mustards, you might say.

I also like to use mustard seeds in my cooking. They are an integral part of Indian and Pakistani cuisine.

And they are wonderful sauteed with green beans or broccoli. Here are a few favorite mustard recipes. Let's see if they "cut the mustard" with your family.

DOUBLE MUSTARD GLAZED TOFU STEAKS

You can marinate the tofu overnight in your refrigerator, time permitting. If you have a barbecue or gas grill, cook the tofu that way. The flavor is wonderful. You can use extra-firm tofu if you prefer.

- 1 pound firm tofu, sliced into 4 pieces lengthwise
- 1 tablespoon honey
- 1 tablespoon Dijon mustard
- 2 teaspoons stone-ground mustard
- 2 cloves garlic, minced

Line a baking pan with parchment paper or aluminum foil. Place tofu on baking pan. Preheat broiler.

Combine honey, mustards and garlic. Brush on both sides of tofu steaks. Broil 8 to 10 minutes per side until golden brown; serve. Makes 3 to 4 servings.

A radio program featuring WVU health experts.

HealthLine

Spine Problems

Beverly Epstein, MD, is the director of the Spine Center at West Virginia University. Her special interests include diagnosing and treating orthopaedic disorders of the neck and back and neuro-rehabilitation.



Call us with your questions at 296-0041

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West Virginia University

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LEBLANG AND WYMAN
SUPERMARKET SAMPLER

Bland soups don't match spicy image

CAMPBELL'S SOUTHWEST Style Condensed Soups. Creamy Chicken Verde, Creamy Ranchero Tomato and Southwest Style Pepper Jack. \$1.29 per 10.75-ounce can.

Bonnie: Americans are eating about four times more Mexican food these days than in the '80s, according to a recent NPJ Group study. These three new Southwest-style condensed soups from Campbell's were obviously designed to capitalize on this trend. They were created to make quesadillas, enchiladas, nachos and tacos. I did that and didn't enjoy the results. Too salty, too fatty, too gloppy and way too many additives for me. The Creamy Ranchero Tomato and the Creamy Chicken Verde also contain 2 to 3 more grams of fat, and the Creamy Ranchero Tomato has almost twice as many calories as Campbell's traditional condensed cream soups.

But people who use Campbell's Cream of Mushroom, Chicken, Celery or Broccoli as cooking sauces to make dinner — and who enjoy the results — might want to try these.

Carolyn: As a matter of fact, Bonnie, I am a fan of Campbell's soup casseroles, if not of the minimal cooking effort they require. (Tip to the similarly lazy: Stouffer's Roasted Chicken With Mushrooms is essentially a single serving of Campbell's classic Glorified Chicken recipe for Cream of Mushroom Soup.) Campbell's is smart to create some creamy cooking soups with America's growing Hispanic population in mind — or, more accurately, to acknowledge that population's growing influence on mainstream American cooking. These new Southwest Style soups are too bland to appeal to actual Hispanics. In fact, two are even too bland for Anglo me.

With the help of one of the easy recipes from inside the can labels, I used the Creamy Ranchero Tomato to create something a lot like Lipton Spanish Rice. The tacos I made with the Pepper Jack Soup tasted like Cheez Whiz. Only the poblano chile pepper-infused Creamy Chicken Verde is truly special and different, deserving of the title "Mexican Cream of Mushroom Soup."

FIBER ONE Honey Clusters. \$4.39 per 15-ounce box.

Bonnie: One serving of original Fiber One provides 14 grams of fiber per serving in only 60 calories. That's almost 60 percent of the daily recommended 25 grams of fiber, quite an impressive amount. Fiber One also contains a small amount of the artificial sweetener aspartame, although its sweetness is barely discernible.

The new Fiber One Honey Clusters also contains 14 grams of fiber, but this time in 170 calories because of added carbohydrates, including sugar. Unfortunately, it still doesn't taste great.

Carolyn: General Mills would need to put about twice as many honey clusters in each box to make this heart-healthy cereal taste good. Honey clusters notwithstanding, fiber is still the No. 1 thing about Fiber One.

BONNIE TANDY LEBLANG is a registered dietitian and professional speaker. **Carolyn Wyman** is a junk food fanatic and author of "Better Than Homemade: Amazing Foods That Changed the Way We Eat" (Quirk).

'Big-hearted' cookies suggest loving message

Associated Press

It's easy enough to do the baking. The message is in the effort the loving cook puts into a Valentine's Day offering, and in the thoughtful concept of the gift. Even if it's just one cookie, make it a memorable one.

A heart-shaped butter shortbread cookie could suggest true love, in the right circumstances, and this recipe comes from a new cookbook with generous connotations: "Big Fat Cookies" by Elinor Klivans (Chronicle Books, 2005, \$17.95 paperback).

Klivans, a food writer and former pastry chef, provides basic advice with plenty of practical tips, and features some 50 recipes for cookies that are sometimes large in size, always rich in taste. Many are shown in mouthwatering closeup in Antonis Achilleos' color photos. The cookies are variously stuffed with chocolate, nuts or raisins, glazed, lavished with jelly, or sandwiched with rich fillings.

The following cookie is made with a buttery shortbread dough with a glaze to complement its heart shape. The ingredients are simple, the dough is fast to mix and easy to roll. The cornstarch that replaces some of the flour in this recipe lowers the gluten content of the dough and



AP Photo

Big-Hearted Butter Shortbread is a recipe from a new cookbook with generous connotations: "Big Fat Cookies" by Elinor Klivans.

makes the cookie especially tender.

The recipe makes nine 4 1/2-inch-long hearts, or thirteen 3 1/2-inch-long cookies, depending on the cutter used, baked on one or two baking sheets as needed.

BIG-HEARTED BUTTER SHORTBREAD
Preparation: 20 minutes
Baking time: 20 minutes each baking sheet

For the cookies:
2 3/4 cups unbleached all-purpose flour
1/4 cup cornstarch
1/2 teaspoon baking powder
1/4 teaspoon salt
1 cup (2 sticks) cold unsalted butter
3/4 cup powdered sugar
2 teaspoons vanilla extract
For the powdered sugar glaze:
1 1/2 cups powdered sugar
1/2 teaspoon vanilla extract
5 to 6 tablespoons heavy (whipping) cream

Position a rack in the middle of the oven. Preheat the oven to 325 F. Line one baking sheet if making 9 cookies, or two baking sheets if making 13 cookies, with parchment paper.

To make the cookies: Sift the flour, cornstarch, baking powder and salt into a medium bowl and set aside. In a large bowl, using an electric mixer on medium speed, beat the butter, powdered sugar and vanilla until smooth and creamy, about 1 minute. Stop the mixer and scrape the sides of the bowl as needed during mixing. On low speed, add the flour mixture, mixing until it is incorporated and the dough holds

together in large clumps and comes away from the side of the bowl.

Form the dough into a smooth ball. Lightly flour the rolling surface and rolling pin. Roll the dough out to a 1/4-inch thickness. Using a 4 1/2- or 3 1/2-inch-long heart-shaped cutter, cut out the hearts. Use a thin metal spatula to transfer them to the prepared baking sheets, placing them about 1 inch apart. Gather together the dough scraps, roll them, and cut out additional hearts.

Bake one sheet at a time until the edges and bottoms of the cookies are lightly browned, about 20 minutes. Cool the cookies on the baking sheet for 5 minutes, then use a wide metal spatula to transfer them to a wire rack to cool completely.

To make the glaze: In a small bowl, stir the powdered sugar and vanilla together with enough cream to form a thick, spreadable glaze. Use a thin metal spatula to spread half of each cookie heart with glaze. Let the cookies sit until the glaze is firm.

The cookies can be layered between sheets of wax paper in a tightly covered container and stored at room temperature for up to 4 days.

Makes nine 4 1/2-inch-long hearts, or 13 3 1/2-inch-long cookies.

BRIEFS

Wire reports

Champagne for anytime

Looking for Champagne to impress your sweetheart? Start with one of America's favorite French bubblys, the 1996 Veuve Clicquot. It's a sumptuously elegant sparkler with soft undertones and a continuous stream of bubbles in the glass. For less money but still delivering extreme satisfaction, I like the non-vintage Taittinger Brut, a fresh-fruit-filled option, and the non-vintage Nicolas Feuillatte Brut, an easy-on-the-palate choice with a clean, crisp finish.

Of course, there are lots of other French champagnes. Look for bargains (after New Year's merchants offer sales) and ask for your wine merchant's recommendations.

SERVE as an aperitif or with foods including fish, roast chicken, country ham, nuts or popcorn. **AVAILABILITY/SUGGESTED RETAIL:** Most wine shops offer the Veuve Clicquot for about \$60-\$65, the Taittinger for \$36-\$38 and the Nicolas Feuillatte for \$29-\$30.

Writers focus fondly on chocolate

"Chocolate: A Bittersweet Saga of Dark and Light" (North Point Press, 2005, \$24) is by Mort Rosenblum, a former special correspondent for The Associated Press, and an award-winning food writer — but not of cookbooks.

"Like every other American kid, I grew up on Hershey bars," Rosenblum writes. An evening spent with a group of chocolate connoisseurs in Paris made him feel a chocolate ignoramus and helped to send him on a far-flung research journey that helped him understand "how much chocolate has flavored the past five centuries."

His vivid reporting, interviews and observations invite readers to share the wonders of that journey through history, geography, politics, local chocolate traditions and food business. He provides plenty of taste and flavor, short of actual recipes.

"The Book of Chocolate" (Flammarion, 2005, \$40) is an updated edition of a 1996 original, a large-format, illustrated review of chocolate's botany, history, the great names, the mystique. It has its practical side: There are a few classic recipes, and listings of chocolate stores (not all up-to-date).

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'FitzRoy' profiles first 'weatherman'

'FITZROY: The Remarkable Story of Darwin's Captain and the Invention of the Weather Forecast' by John and Mary Gribbin. Yale University Press; 336 pages; \$35.

BY RANDOLPH E. SCHMID
Associated Press

Robert FitzRoy was an extraordinary man in many ways. He rose to admiral in England's Royal Navy, earning respect from his men and fellow officers along the way. He circumnavigated the world in the age of exploration. He was governor of New Zealand. And he invented the modern weather forecast.

Yet today, those who know of him at all recall him merely as captain of the Beagle, the ship that carried Charles Darwin on the voyage that led him to develop his theory of natural selection as the means of evolution.

That's a shame that John and Mary Gribbin seek to put right in their biography "FitzRoy," a close look at this man who devoted himself to duty, suffered unwarranted criticism from others and — intensely religious — was dismayed at what he saw as Darwin's error.

FitzRoy made his reputation as a stickler for accuracy on a first trip in the Beagle, sent to survey the little-known coasts of southern South America in the 1830s — no easy task in an era before satellites and modern tools.

Having identified a bay as a potential safe haven for ships, he took bearings from two different mountaintops and, with his lieutenant, took the latitude eight times using four different sextants. "As they all agreed, within 15 seconds, I supposed their

mean to be nearly correct," he reported.

Considering such attention to detail, the Gribbins write, it's not surprising that FitzRoy's charts were still in use more than a century later during World War II.

It was FitzRoy who gave Darwin the opportunity for his groundbreaking research. Knowing he was inclined to depression, FitzRoy decided he needed someone to talk to on his next survey trip and invited the young naturalist along on the five-year voyage.

That trip is detailed in the book, which includes a mini-biography of Darwin, whose life became so entwined with that of FitzRoy.

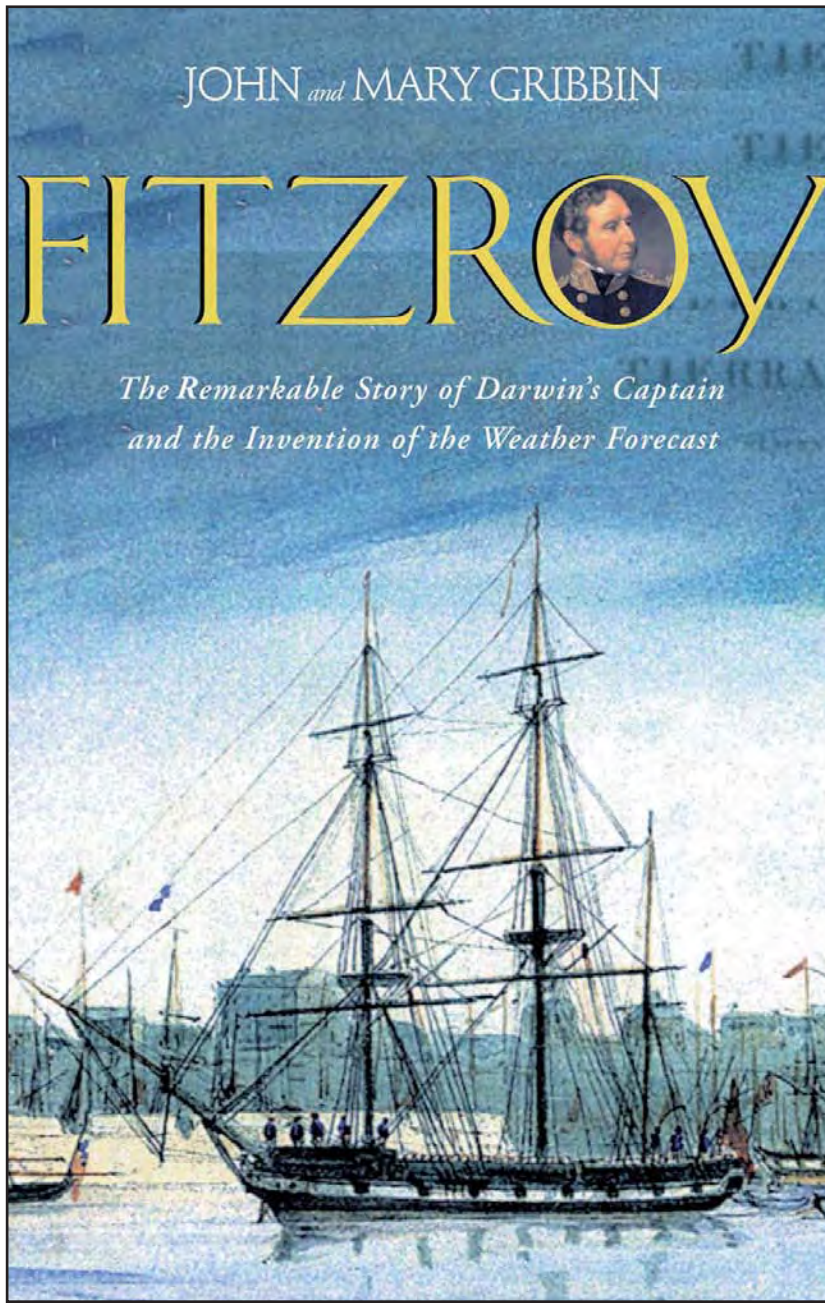
But there was more to the admiral, who later served as a member of Parliament and as governor of New Zealand, where he angered colonists by seeking fair treatment for the native Maoris.

And his attention to the weather on sailing voyages led to his final job, that of collecting weather data for the Navy and merchant marine and, eventually, issuing storm warnings that saved lives around the English coast.

Indeed, FitzRoy, in effect, invented the modern weather forecast, and was one of the first to feel the wrath of criticism on those occasions when predictions go wrong.

In the end, plagued by illness, depression and criticism from others, and distressed that he had played a vital part in what he saw as Darwin's undermining of religion, FitzRoy took his own life.

FitzRoy, in effect, invented the modern weather forecast.



AP Photo

BEST SELLERS

These are the *New York Times* best sellers as of Tuesday.

- Hardcover fiction**
1. "THE BROKER" by John Grisham
 2. "THE DA VINCI CODE" by Dan Brown
 3. "THE FIVE PEOPLE YOU MEET IN HEAVEN" by Mitch Albom
 4. "CONVICTION" by Richard North Patterson
 5. "STATE OF FEAR" by Michael Crichton

- Hardcover nonfiction**
1. "BLINK" by Malcolm Gladwell
 2. "COLLAPSE" by Jared Diamond
 3. "WITNESS" by Amber Frey
 4. "GOD'S POLITICS" by Jim Wallis
 5. "AMERICA (THE BOOK)" by Jon Stewart, Ben Karlin and David Javerbaum

- Hardcover advice**
1. "YOUR BEST LIFE NOW" by Joel Osteen
 2. "FRENCH WOMEN DON'T GET FAT" by Mireille Guiliano
 3. "THE PURPOSE-DRIVEN LIFE" by Rick Warren
 4. "HE'S JUST NOT THAT INTO YOU" by Greg Behrendt and Liz Tuccillo
 5. "THE SOUTH BEACH DIET" by Arthur Agatston

- Children's books**
1. "KITTEN'S FIRST FULL MOON," written and illustrated by Kevin Henkes
 2. "10 LITTLE RUBBER DUCKS," written and illustrated by Eric Carle
 3. "EGYPTOLOGY" by Emily

- Sands. Illustrated by Ian Andrew, Nick Harris and Helen Ward
4. "AMERICA THE BEAUTIFUL" by Robert Sabuda
 5. "THE POLAR EXPRESS," written and illustrated by Chris Van Allsburg

- Paperback fiction**
1. "THE LAST JUROR" by John Grisham
 2. "DEAN KOONTZ'S FRANKENSTEIN: PRODIGAL SON" by Dean Koontz and Kevin J. Anderson
 3. "3RD DEGREE" by James Patterson and Andrew Gross
 4. "THE KITE RUNNER" by Khaled Hosseini
 5. "RANSOM" by Danielle Steel

- Paperback nonfiction**
1. "DREAMS FROM MY FATHER" by Barack Obama
 2. "READING LOLITA IN TEHRAN" by Azar Nafisi
 3. "THE TIPPING POINT" by Malcolm Gladwell
 4. "GUNS, GERMS, AND STEEL" by Jared Diamond
 5. "THE DEVIL IN THE WHITE CITY" by Erik Larson

- Paperback advice**
1. "THE ULTIMATE WEIGHT SOLUTION" by Phil McGraw
 2. "SUPERNANNY" by Jo Frost
 3. "WHAT TO EXPECT WHEN YOU'RE EXPECTING" by Heidi Murkoff, Arlene Eisenberg and Sandee Hathaway
 4. "RICH DAD, POOR DAD" by Robert T. Kiyosaki with Sharon L. Lechter
 5. "THE WORLD ALMANAC AND BOOK OF FACTS 2005"

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WVU Press author selected for workshop

The Dominion Post

Lee Maynard, author of West Virginia University Press titles "Crum" and "Screaming with the Cannibals," has been chosen to teach at this summer's Appalachian Writers Workshop July 31-Aug. 5 in Kentucky.

The annual event features workshops in novel, short story, poetry, children's literature, memoirs and other areas of interest to writers. A book of both praise and contention, "Crum" will be one of the selected works in focus for the weeklong celebration of Appalachian literary heritage.

Set in 1950s West Virginia in the rural coal mining town of Crum, Maynard's novel recounts a stark, coming of age tale. Enchanted by the hopes of escaping his desolate sur-

roundings, the teenage protagonist embarks on the poignant journey from the realm of youth to adulthood. The novel is emotionally engaging with its humorous, emotional plotlines and vivid characters. Controversial for explicit sex references and profanity, "Crum" offers an unedited perspective of adolescent angst against the confines of living within an impoverished community.

The introduction, by Meredith Sue Willis, captures the feelings for this WVU Press best-selling title: "Each time I read Lee Maynard's 'Crum', I ask myself why this foul-mouthed, sexist, scatological, hill-billy-stereotyping novel is one of my all-time favorites."

Info: WVU Press, 293-8400 or www.wvupress.com.

Remember Your Loved Ones On **Valentine's Day** with *Valentine Love Lines*

Monday, February 14th in The Dominion Post

Send a heartfelt message of love, hope and inspiration to your sweetheart, family member, special friend, secret pal, care giver, mentor, etc.

Justin,

I love you, not for what you are, but for what I am when I am with you.

Happy Valentine's Day

Danielle

Shari,

Love is life. And...if you miss love, you miss life.

Please share the rest of your life with me.

Will you marry me?

This would make me the happiest man in the world.

You are beautiful and I love you with all of my heart.

Always & Forever, Ian

Terry,

Thanks for all you do for me. You're an angel! Have a great Valentine's Day.

Carol

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 Style C - \$15 (1x2 up to 30 words (no picture))

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Test your nutrition IQ

HERE ARE A FEW of the latest truths, myths and facts that I've uncovered in my continuing effort to decipher "what's what" in the world of nutrition.

See if you're a nutrition expert:

Do fats, carbohydrates, protein and alcohol all have the same number of calories per gram?

No. Fat is the most expensive calorically at nine calories per gram; next is alcohol at seven calories per gram. Carbohydrates and protein both have four calories per gram. Total calories are nothing more than a combination of the fats, carbohydrates and protein in a particular food. So, if a food has 1 gram of fat (nine calories), 2 grams of carbohydrate (eight calories), and 1 gram of protein (four calories), it should have about 21 total calories.

Is it true that whole milk has only about 3 percent fat?

Yes. The fat percentage figures refer to how much of the milk's total weight comes from fat. Whole milk is about 88 percent water, 3.25 percent protein and 5.25 percent lactose (milk sugar), according to Christine Bruhn, Ph.D., a professor of Food Science at the University of California — Davis. It's about 3.25 percent fat on average, and therefore about 96.75 percent fat free. However, that doesn't mean there aren't tremendous calorie differences among types of milk.

■ Whole milk (1 cup): 150 calories, 70 calories from fat.

■ Two-percent milk (1 cup): 120 to 130 calories, 45 calories from fat.

■ One percent (low-fat) milk (1 cup): 90 to 100 calories, 20 calories from fat.

■ Skim (non-fat) milk (1 cup): 80 calories, 0 calories from fat.

Which has more calories: unhealthy saturated fat or "heart-healthy" monounsaturated and polyunsaturated fats?

All fats, gram for gram, have virtually the same number of calories. "Fat (whether it's saturated or not) has nine calories per gram," says Alice H. Lichtenstein, D.Sc., a nutrition professor at Tufts University. Nevertheless, saturated fat, from animal sources, has been linked to high cholesterol and should be limited in your diet, whereas unsaturated fats have heart-healthy properties (but still have nine calories per gram).

What is the most common nutrient deficiency in America?

According to Mary Cushman, M.D., M.Sc., associate professor of medicine and pathology at the University of Vermont, iron deficiency is the most common. Those at highest risk include infants, teenage girls, pregnant women and the elderly. Iron is an essential mineral necessary for the formation of hemoglobin, which carries oxygen in the blood, and myoglobin, which carries oxygen in muscle tissue.

In general, dietary iron is absorbed poorly. Animal foods (poultry, red meat and fish) seem to be the best for iron absorption. Plant sources include dried fruits, leafy green vegetables, nuts, legumes and whole-grain products.

Which is the best oil?

They're all pretty much equal in terms of weight control — meaning that all oil has about 120 calories per tablespoon. Yes, regular vegetable oil has the same number of calories as olive oil. Just because an oil is heart healthy doesn't mean it's calorie free. The best oils? "While most of the vegetable oils are pretty low in saturated fat, technically canola and soybean are the best. They are both high in omega-3 fatty acids, and soybean oil is high in polyunsaturated fat while canola is high in monounsaturated fat — both of which are heart healthy," says Lichtenstein.

Does "No Added Sugars" mean that a food is low calorie or reduced calorie?

No. The words "no added sugars" and "without added sugars" only mean no sugar or sugar-containing ingredients (such as fruit juice, applesauce or dried fruit) are added during processing or packing. So don't be fooled — read the Nutrition Facts and check the calories per serving.

CHARLES STUART PLATKIN is a nutrition and public health advocate, best-selling author and founder of Integrated Wellness Solutions. E-mail info@thedietdetective.com.

Is much of gardening based on folklore?

RECOMMENDED READING:
"Garden Folklore That Works,"
By Charlie Ryrrie, Reader's Digest.
List Price \$24.95.

BY DEAN FOSDICK
Associated Press

Ofentimes, gardening is all in the telling. We do things the same way generations before us did them or the way people with flourishing flowerbeds tell us they do them. Using banana peels to fertilize roses, for example. Planting vegetables by a waxing moon. Both are folkways handed down from parent to child, neighbor to neighbor.

But are they validated science or myth? In many cases, they're a bit of both.

"My grandmother might be astonished to find that I make tea specially to water the geraniums once a week, but she and my mother always watered them with tea leaves as a bit of astringent helped them to thrive in pots," says Charlie Ryrrie, in her book, "Garden Folklore That Works."

"The only difference is that I have more geraniums and less tea so the habit of using the leaves has turned into something more proactive," Ryrrie says. "This is exactly what happens in folklore: an old habit or saying changes slightly through the ages until it is hard to see exactly where it came from. But there is still a reason for it."

Consider the accuracy of some other plant lore, like ants being necessary on peonies if the buds are to open.

That one is all myth, says Vernon Bryant, director of horticulture at the Florida Botanical Gardens at Largo, Fla.

"Generally, the ants are there to harvest the drops of sap exuded from the sepals of the flower buds, but their presence will neither hinder nor help the buds to open. Peony



AP Photo

If this is the Cyber Age, then why is it that much of our gardening is based on folklore? Vernon Bryant, director of horticulture at The Florida Botanical Gardens at Largo, debunks a lot of those tales as

flowers usually fail to open for reasons related to the overall health of the plant, because of disease problems or due to weather factors," Bryant says. "As a matter of fact, there has been some research to suggest that ants may even carry some of the disease that negatively affect the blooms."

Then there's the one about fall being the best time of year for prun-

ing. Only one-quarter true, Bryant says.

"Generally, pruning on most plants can be done whenever your pruning shears are sharp and in good repair," he says. "If you prune too early in the fall you may actually encourage new growth that fails to harden off before winter and will be more susceptible to damage. Many trees and shrubs set flower

buds in the fall and by pruning in the fall you may be pruning off the flower buds. A better rule is to prune after a plant flowers."

How about that old saw saying you should securely stake a tree after planting it? That's a "yes, but," according to the International Society of Arboriculture. Although it is sometimes necessary to stake trees to keep them upright and allow

establishment, there are some harmful effects related to staking, the society says on its Web site. Trees that haven't been staked actually develop more extensive root systems and better trunk taper than staked trees. Allowing a small amount of movement can help root and trunk development. Also, staking materials generally should be removed after about a year to avoid "girdling" the tree, the society says.

Using banana peels to add color to rose bushes? Actually, that one offers as much good science as horse sense. Bananas are a strong source of potassium, magnesium, phosphorus, calcium, iron and trace amounts of zinc, copper and manganese, among other things, so you would be passing some of those minerals along by slipping a few sliced banana peels under your rose bushes.

How about planting by lunar cycles? Some people swear by it, saying the moon impacts the movement of moisture in soil and plants, or helps bulk up root and leaf growth in vegetables. Others, however, aren't so sure.

"I don't discount the theory," says Tony Bratsch, an assistant professor and extension specialist vegetables and small fruits at Virginia Tech in Blacksburg, Va. "Look at what the gravitational pull of the moon can do to ocean tides," Bratsch says. "But I think your macro environment is more important, primarily soil temperature, how deep you plant, moisture and how much fertilizer you use."

Garden lore, then, apparently won't hurt anything and some of the tips could be helpful. It may depend more upon who is doing the telling.

ON THE NET: International Society of Arboriculture Web site: <http://www.isa-arbor.com/home.aspx>, and click on CAD planting, then shrub and tree transplanting.

BRIEFS

The Dominion Post

Career closet

to celebrate fifth year

The Women's Career Clothing Closet at Christian Help is celebrating its fifth anniversary from 10 a.m.-1 p.m. Feb. 19.

The celebration will feature a tour of the Career Closet, information and incentive for clients, opportunity for fellowship, and light refreshments. The event is free and open to the public. Sear's, Roebuck and Co., sponsors the event with help from the Volunteer Action Center through United Way.

Info: Lindsey at 296-0221 or wccc@adelphia.net.

Register young ones for Baby Crawl

The Baby Crawl co-sponsored by Monongalia General Hospital's Perinatal Education Program, Elder-Beerman Department Store and Ross Laboratories, will be held in conjunction with Mon Health System's HealthFair 2005 at 2 p.m. Feb. 26 at the Morgantown Mall, cospon-

sored by The Rachel C. Piribek Fund.

The Baby Crawl is limited to the first 50 participants to pre-register. To register, call Jeanne Zinn, coordinator of the Mon General Hospital Perinatal Education Program at 598-1484.

To enter, babies must be no older than 12 months, healthy and able to crawl. Any babies who walk during the event will be disqualified. The babies will crawl in several heats across a 20-foot carpet. The winners of those heats will then compete in a final "crawl off."

The winner of each heat will receive a \$10 gift card from Elder-Beerman. In the crawl off, the first place winner will receive a \$25 gift card from Elder-Beerman and a diaper bag filled with toys. Second- and third-place winners will also receive additional prizes. Every registrant will receive a gift from Ross Laboratories.

Babies need not have been born at Mon General Hospital to enter.
Info: 598-1484.

Wedding show coming to Lakeview resort

Lakeview Golf Resort & Spa will host "A Wedding for All Seasons" from 1-4 p.m. Feb. 27.

The bridal show will feature more than 40 vendors, a fashion show, prize drawings and more. Admission is free.

Anyone planning a wedding can take advantage of finding representatives from bridal boutiques, photography studios, bakeries, jewelry stores, florists, salons, event planners, limousine providers and more.

Oliverio's in Clarksburg will provide a fashion show, showcasing the latest bridal and social event fashions, as well as tuxedos and evening wear.

Registered attendees of the bridal show will be eligible to win a 6-day/5-night honeymoon at the Chateau Resort in the Pocono Mountains or a 3-day/2-night fantasy suite weekend for two, dinner and show tickets at Lilly Langtree's of Valley Forge.

Info: 594-1111 or at www.LakeviewResort.com.

Try these tips to help keep your car looking like new

(KRT)

"It looks like new! I would have never guessed that car was 8 years old."

That is what we owners want to hear, but keeping our cars looking like the latest models is tough, even with today's long-lasting finishes. Dents, dings and cracked glass are several items that age the appearance of a vehicle. Fortunately, technology has helped make the fixes for these problems quicker and less expensive. And, with mobile repair units, these items often can be repaired on site at your home or work.

Many types of door dents or small dings are fixed without sanding, filler or painting, preserving the integrity of the vehicle's original factory finish. Technicians use specially designed tools that allow them to access the problem and actually massage it out. If paint touch-ups are required, the tech-

nology is available to match your vehicle and repair scratches, minor chips and blemishes on most surfaces. There are a couple of factors that have an effect on the success of this process:

■ The location of the dent on the car is important. For example, a dent on the edge of a door, trunk or hood probably can't be fixed using this process.

■ If there is paint damage or scrapes across multiple panels, this may indicate that the damage is too severe, as the paint may crack as the

dent is removed.

Chipped cracked glass can also diminish a vehicle's value. However, this doesn't necessarily mean buying a new windshield. In fact, 70 percent of all glass damage is repairable. Now, technicians can fix your glass, and even make it stronger.

Be sure to choose the facility as carefully as you would choose your automotive repair shop, and get all estimates and warranties in writing. Ask for two or three references.

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HIDE AND SEEK R.....1:45-4:15-7:10-9:30

MEET THE FOCKERS PG13.....4:15-9:40

MILLION DOLLAR BABY PG13.....1:00-7:00

COACH CARTER PG13.....1:00-4:00-7:00-9:55

ALL SHOWTIMES INCLUDES PRE-FEATURE CONTENT

Valentine's Day
Alpine Lake Resort & Conference Center
Terra Alta, WV

Saturday, February 12th
Sweetheart Package ~ Dinner for Two
Choice of fresh-cut USDA Choice NY Strip Steak or Jumbo Lump Maryland-Style Crab Cakes
Served with two sides, salad, fresh bread & dessert

DJ, Dance, Room & Complimentary Rose
All for only \$99 per couple
tax and gratuity not included

Dinner Only:
Served 6:00-8:30 pm • \$31.95 per couple, \$16.95 per person

Dance Only:
8:00 pm - 1:00 am • \$5 per couple, \$3 per person
Tax & Gratuity Not Included

Reservations Requested
Call 304-789-2481 Ext. 221 or 100

The **Rosewood**
Theatre & Cafe

Thursday Feb. 10 | 9 pm | \$12 |
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Friday Feb. 11 | 9 pm | \$5 |
Guinness pre-Toast party with Stewed Mulligan
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Saturday Feb. 12 | 8 pm | \$15 |
John Hammond and Jim Truman
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The Rosewood is located at 218 Walnut Street -- info: www.rosewoodtheatre.com, 292-9999 |
presale tickets available at The Blue Moose Cafe and ticketweb.com

Killers creating 'Hot Fuss' with Grammy nods, hit album

BY CHELSEA J. CARTER
Associated Press

NEW YORK — The Killers' lead singer looks like he stepped out of a 1980s time warp with the eyeliner, the pressed suit and tie and the lipstick, er, lip gloss.

Even the band's debut album, "Hot Fuss," is a bit of a throwback, combining 1980s pop sensibilities with today's rock sound. And that's just the way the band intends it, says frontman Brandon Flowers.

"We see ourselves in the same vein as a lot of bands out there right now. But our goal ... right out of the chute, was to take it to a different level," he told The Associated Press recently. "I'm not saying we're going to do it. But that's what we've set out to do."

It's an effort that appears to have helped propel the band up the charts and garnered the quintet three Grammy nominations, including one for rock album and rock song for their danceable hit "Somebody Told Me."

Formed in 2002, the Killers took its name from the New Order video "Crystal," which featured a fake band named the Killers — a supposedly perfect band with a great song, good looks and youth on its side. Turns out, it may be a case of reality following in the footsteps of art with the Las Vegas quintet of Flowers, guitarist David Keuning, bassist Mark Stoermer and drummer Ronnie Vannucci.

A year later, the band had a deal with an independent English label and was touring nonstop. Within months, the Killers caught the attention of major labels, even-

tually signing with the Island Def Jam Music Group.

Since then, Flowers' face has been splashed across magazines and the band has appeared on NBC's "Tonight" show to Fox's "The O.C."

But Flowers, 23, seems to be taking it in stride, careful not to take anything for granted in an unpredictable business.

AP: You've only really been at it together a few years. Are you surprised by the quick success?

Flowers: We feel very lucky. There are a lot of talented bands out there. ... There is so much to do with luck. I feel like we're a good band. But there are a lot of good bands out there and bands that are similar to us. It's just kind of right places and right times kind of thing I think.

AP: You said earlier the Killers wanted to take it to a different level?

Flowers: Joy Division was a great band. But U2 and the Cure took that to another level and made it not only radio friendly but they kept their dignity intact. We want to be one of those bands that people are into but also has written some great songs. And radio is changing. The Strokes and the White Stripes have all done a very good job. But they haven't broken the doors open.

AP: Isn't that a tall order for a band?

Flowers: Yeah. Radio is changing and it's by no means just because of us. It's us and Franz



Music group The Killers are photographed on the streets in New York. From left is Dave Keuning, Ronnie Vannucci, Brandon Flowers and Mark Stoermer. Flowers says the band tries to be original.

Ferdinand and the Yeah Yeah Yeahs and a lot of other great bands. We're just happy to be part of the change that's happening.

AP: So what inspired "Somebody Told Me"?

Flowers: I love the play on words. I think of it as a great icebreaker. I think of it as the ultimate pickup line. If I was a girl I would think that it's very clever, if a boy came up to me and said that to

me.
AP: Have you used that line?
Flowers: No. But I hope somebody does. I think the girl would melt?
AP: Or freak out?



Hilary Swank (left), nominated for best actress for her role in "Million Dollar Baby," is introduced by Virginia Madsen (center), nominated for best supporting actress for her role in "Sideways," to Madsen's mother Elaine as they arrive at the Oscar nominees luncheon Monday. Winners of the 77th annual Academy Awards will be announced at the Oscar ceremony on Feb. 27.

Oscar nominees say camaraderie outshines their competition

BY DAVID GERMAIN
Associated Press

BEVERLY HILLS, Calif. — Some are old hands at Hollywood's big night, where they have come away triumphant. Some are veterans who have gone home empty-handed year after year. Others are brand-new to the party.

About 115 nominees came together Monday for a lunch honoring contenders at the 77th Academy Awards. All said breaking bread together brings a spirit of camaraderie rather than competition.

Four-time nominee Kate Winslet, a best-actress contender this year for the offbeat romance "Eternal Sunshine of the Spotless Mind," said the group met as friends, not Oscar rivals.

"It doesn't feel competitive. It really doesn't," Winslet said. "It's like you're all going through this thing together, and it's just so kind of exciting and mysterious and strange and glorious. And you're all sort of in the bubble together."

Dual nominee Jamie Foxx, the best-actor front-runner for the title role in the Ray Charles tale "Ray," said though he's been busy making acceptance speeches for the Golden Globes, Screen Actors Guild Awards and other film honors, he hasn't run out of steam.

"There are so many things that I want to say, I could never run out of things," said Foxx, also nominated as supporting actor for the hitman thriller "Collateral." "Like I've always said to my friends, even when we dream of what we want to be, we never dream this."

One of the big questions for Feb. 27 is whether Martin Scorsese finally will come away with the best-

director prize after four previous losses. The man who made such modern classics as "Raging Bull" and "GoodFellas" said maybe it was better to lose earlier in his career.

"It would be wonderful to win, I think," said Scorsese, nominated for the Howard Hughes epic "The Aviator," which leads the field with 11 nominations and is in a two-horse race for best picture with the boxing drama "Million Dollar Baby." "It probably is better I didn't win in the '70s or mid-'80s or something."

Winning then, Scorsese said, is something "maybe I was not able to handle at the time."

Scorsese is going against director Clint Eastwood, whose "Million Dollar Baby" star Hilary Swank also finds herself in a two-woman contest for best actress against Annette Bening, nominated for the theater farce "Being Julia."

Sophie Okonedo's supporting actress nomination for the genocide drama "Hotel Rwanda" has been an abrupt shift into Hollywood's limelight for 15-year British stage veteran who's relatively new to film.

"My life is unrecognizable to what it was before. I'm not well known at all here," Okonedo said. "I haven't had quite time to adjust. I'm not used to having so much attention, so that's quite shocking."

Virginia Madsen, nominated for supporting actress for the road-trip romance "Sideways," said she now has opportunities to work on big movies. Before her Oscar nomination, Madsen would periodically call her agent and meekly ask, "You got anything for me?"

"Everything's changed in my career," Madsen said.

CELEBRITY NEWS



Kelly and Lou Diamond Phillips

Associated Press

Wife seeks divorce from Lou Diamond Phillips

LOS ANGELES — The wife of actor Lou Diamond Phillips has filed for divorce, according to court papers.

Phillips, 42, and Kelly Phillips were married April 1994 and separated Jan. 27, according to a petition filed in Los Angeles County Superior Court.

Kelly Phillips is seeking joint legal custody of the couple's three daughters, but requesting they live with her. The two have 7-year-old twins and a 5-year-old.

A message left Tuesday with publicist Eddie Michaels, who has represented the actor, wasn't immediately returned.

Phillips has starred in dozens of TV shows and films, including "La Bamba," "Stand and Deliver" and "Young Guns."

Judge throws out art lawsuit

LOS ANGELES — A judge dismissed a lawsuit by four descendants of a German woman who

had sought to recover a valuable Vincent van Gogh painting from actress Elizabeth Taylor.

Taylor failed to review the ownership history of "View of the Asylum of Saint-Remy" before acquiring it more than 40 years ago, the descendants of the late Margarete Mauthner claimed in a lawsuit last July.

The family asked for restitution and the painting, which has been appraised between \$10 million and \$15 million, contending a sales brochure had warned it was likely confiscated by the Nazis.

A message left Tuesday with Thomas Hamilton, who has represented the plaintiffs, wasn't immediately returned. A message left with Sally Morrison, a publicist who has represented Taylor, also wasn't returned.

In a Feb. 2 order, U.S. District Judge Gary Klausner ruled that a state law only permitted the plaintiffs to sue in the three years after property was taken. Another state law that froze the statute of limitations until the property was located didn't apply, the judge said.

The plaintiffs are Andrew J. Orkin of Canada and three South African residents, F. Mark Orkin, Sarah-Rose Josepha Adler and A. Heinrich Zille.

The federal lawsuit followed one that Taylor filed in May requesting to be declared the rightful owner of the painting, which had hung in the living room of her Bel-Air estate.

In 1963, Taylor's father, Francis Taylor, bought the painting on his daughter's behalf for \$257,600 at a Sotheby's auction in London.

Hamilton has acknowledged that although the painting subsequently came under the ownership of art collector Alfred Wolf, the Holocaust Victims Redress Act guarantees that confiscated

artwork would be returned to victims of Nazi persecution.

Davis to join ABC's 'Soccer Moms'

NEW YORK — "Sex and the City" co-star Kristin Davis may return to TV not as a desperate housewife, but a highly curious one.

Davis will star in an ABC one-hour pilot tentatively titled, "Soccer Moms," reports *Hollywood Reporter*. The potential series centers on two suburban housewives who team up as private investigators.

A publicist for Davis confirmed the agreement Tuesday.

If picked up, the show would be ABC's second foray into the secret lives of seemingly domestic women. The network's "Desperate Housewives" has been one of the season's biggest hits.

Davis, 39, played Charlotte York on "Sex and the City." The HBO series ended last year.

Salsa star arrested for skipping concert

BOGOTA, Colombia — Venezuelan salsa star Oscar D'Leon was arrested and jailed when he tried to leave the country after failing to perform at a scheduled concert, officials said.

D'Leon, known as the "Devil of Salsa," was detained Monday at the airport in Barranquilla, 435 miles north of Bogota, as he prepared to return to Venezuela, policeman Emilio Vence said Tuesday in a phone interview.

Flowers: No, not freak out. It would be funny, and it would be a great way to break the ice. Oh, I don't know. It's our most light-hearted, most Las Vegas song. It's good, clean fun.

AP: Yet your band doesn't really give off that Las Vegas feel.

Flowers: A lot of people think we do and I don't get it. But then a lot of people also think we just rip off English bands. We just try to be us and write our songs.

AP: At some point, the band had to make a decision about its musical approach, right?

Flowers: Well, sort of. These are the songs that we did. We didn't really throw anything away because it didn't sound like us. We haven't had anything like that. We love different kinds of music, so our album is pretty diverse.

AP: Where do you go from here? What do you do next?

Flowers: We hit you harder with our next single ("Mr. Brightside") and then we hit you harder again with all these things that we've done. And then we win.

AP: No ego there, huh?

Flowers: You got me in a really good mood. I'm just happy with everything right now and I have a lot of confidence in our songs.

AP: I have to ask is it: the success — everything you thought it would be?

Flowers: Yes, and more. There's so much that you never think about when you're trying to get your music out there. You know, like doing interviews at 11 o'clock at night on a cell phone standing on the street in Cologne, Germany.

AP: You mean like right now? Flowers: Yeah.

Concert organizers had filed a complaint against D'Leon, saying his failure to appear at the concert Friday caused a disturbance as disappointed fans

destroyed chairs and other objects. It is illegal in Colombia for anyone with legal proceedings against him or her to leave the country.

"He wasn't locked up in a dungeon, but rather a room with air conditioning," said Vence, head of the Colombian secret police in Atlantico province. "We treated him the way someone of his stature deserves to be treated."

D'Leon, who was on the marquee to play in Barranquilla's carnival celebrations, told local Caracol radio Tuesday he backed out because organizers refused to pay an advance fee. He said he hoped "the people who have done this take time to reflect, and they should be worried because they stirred up this ballyhoo for which they are to blame, not me."

Concert organizer Gregorio Rico said an advance payment was made to the salsa star.

"We hope the city understands and knows that it's not our fault ... and that Oscar should apologize to the city," he said.

D'Leon, 61, has suffered several heart attacks in recent years, but has refused to retire. He began his career in 1973 with the group Dimension Latina. Four years later, he launched a solo career during which he recorded more than 50 albums and worked with artists including Celia Cruz, Tito Puente and Arturo Sandoval.

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General

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MONONGALIA ARTS CENTER Proudly Presents 32nd Annual Antiques Show & Sale 65 dealers-Lakeview Resort, Morgantown, WV. Feb. 11, 12, 13, 2005. Fri., 1-8pm, Sat. 11am-8pm, Sun. Noon-5pm. Appraisals, \$15 written, \$7 verbal; Antiques & Collectibles, Sat. Feb. 12, 14pm; Jewelry, Sun. Feb. 13, 1-3pm. Admission \$5. Good all 3 days.

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In Memory 04 IN LOVING MEMORY OF Charles E. Buchanan 1945-2004 O GENTLE Heart of Jesus ever present in the Blessed Sacrament, ever consumed with burning love for the poor souls in Purgatory, have mercy on the soul of Charlie your departed servant. Be not severe in your judgement, but let some drops of your precious Blood fall upon the devouring flames. O merciful Saviour, send Angels to guide our departed Charlie to a place of refreshment, light and peace. Amen. You will always remain in our hearts. Jo Ellen, Jackie, Paul, Charles Connor, Cahley Marie, Casey Joseph (The Wild Man), and Cynthia Jo

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Help Wanted 10

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OIL FIELD DRILLER Full time local work. Call 304-628-3111 leave message.

Help Wanted 10

CNA NEEDED IMMEDIATELY for an active & able minded lady! Evening & weekend position. Young, vibrant, female preferred. Must be pleasant, fun, & energetic. Lifting required. Must have reliable transportation for shopping, travel to day activities, etc. Must live in Morgantown. Send resume to: 678 Southview St, Morgantown, WV 26505.

HOUSEHOLD ASSISTANT needed for Pittsburgh family Flexible days & hours. Full time, live-in position available. Must be energetic, organized, drive, non-smoker and be "handy" around the house. Great pay. References required. 412-422-7939.

HOUSEKEEPERS needed full time, Front Desk Clerk & Maintenance Assistant needed part time. Apply in person: Hampton Inn, 1053 VanVoerhis Rd., Morgantown, WV 26505.

INDUSTRIAL ELECTRICIAN/MECHANIC An expanding manufacturing plant has a need for an Industrial Electrician. The successful candidate will be familiar with high voltage, PLC, EOT cranes, troubleshooting, and hydraulic experience. Electrical certification preferred. Company benefits include liberal vacation package, health & life insurance, prescription drug card, 401K retirement plan, short & long term disability, and 10 paid holidays per year. Send resume to Precision Coil, Inc., PO Box 2546, Clarksburg, WV 26302

INSIDE SALES Seeking energetic, team oriented individual to assist sales force. Must be self-starter with excellent organization, data entry and customer service skills. Bldg. supply experience helpful. Competitive pay and benefits offered. Send resume to: Sales, Box AB-1606, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505

LPN/RN NEEDED Steady 12 p.m. to 8p.m. shift with young male adult in Morgantown area. Experience with CP or the hearing-impaired helpful, but not mandatory. Other patients and hours available if this doesn't interest you. Call 598-8900 today. www.interimhealthcare.com

MANAGEMENT OPPORTUNITY Career opportunity with major company. Complete training program, excellent benefits. Call Mr. Watson for confidential interview. 304-296-3765

MARKETING ASSISTANTS Pays a whopping \$8. per hour. Must have good attitude & good communication skills. For: Tune 500 Co. 877-851-4968

MODEM INSTALLERS Needed. Must have good working knowledge of computers, coaxial wiring a plus. A valid drivers license is required. Apply at 52 VIP Way Fairmont, WV 26554. We are an equal opportunity employer.

Camp Dawson MWR Services Inc. Open Civilian Positions for Bar Manager, Bartender, and Front Desk Pick Up and Drop Off Applications at the Security Guard Shack.

We're Looking Forward to Expanded Growth in 2005! Current Openings for Inbound CSR's and Outbound TSR's! Stop-In for Complete Details ICT GROUP, INC. www.ictgroup.com 40 Commerce Dr., Westover, WV (304) 292-7580 EOE

TELEMARKETERS NEEDED Earn a potential of \$600+ per week for motivated individuals. Contact Nick or Greg, 284-0475

WAIT STAFF wanted. Experienced in fine dining. Full time evening shifts avail. Apply at Prime Thyme, next to Comfort Inn

BECOME A FOSTER PARENT Call WYVAF 800-836-9894. Visit our website at www.nyap.org

Help Wanted 10

Occupational Therapy. THERAPY SERVICES LLC, a dynamic, growing, healthcare organization has an immediate opening for a DIRECTOR OF OCCUPATIONAL THERAPY. To work 8am-5pm, Mon-Fri. Experience required. Wage is commensurate with experience, excellent benefit package. Please forward resume & cover letter to: Pat Ford, Therapy Services, LLC, 1085 Van Voorhis Rd., Ste. 200, Morgantown, WV 26505. Or fax 304-599-9254. Phone, 599-9250

OIL FIELD HAND Full time local work. Call 304-628-3111 leave message.

PERSONNEL * Administrative Assistants * Receptionists/Clerical Call 363-4724

PHYSICAL THERAPIST Come home to West Virginia! Outpatient physical therapist opportunities in established clinics in Beckley and Oceana. Marden offers stability and professional development with a growing therapy team, as well as SIGN ON INCENTIVES and IMMEDIATE BENEFITS. For this and other positions in WV, OH and PA, contact: Linda Manning lmanning@mardencompanies.com Phone: 800-223-9519 Fax: 800-937-2648 EOE

PLUMBER & Plumber Helper. Must pass drug test & have valid license. Drop resume or applications off at 240 Scott Ave.

PROFESSIONAL PAINTER needed or will train the right person. Work is commercial, residential, new construction and old. Mostly interior. Drywall experience and valid drivers license a plus. Call 319-1890.

REGISTERED NURSE CLINICAL CARE COORDINATOR 11P.M. - 7A.M. We are seeking a full-time RN for the 11p.m.-7a.m. shift to join our administrative team. Responsibilities include coordination of total resident care while providing support and overall management of the nursing staff. May choose to work a five day 8-hour or a four day 10-hour shift work week. May require occasional weekends. Position requirements; current WV RN License, strong communication, interpersonal, clinical and leadership skills a must. Long term care experience and knowledge of the MDS 2.0 process a plus. Sundale offers competitive wages. Full time benefits include: medical and life, 401(k), vacation, sick and holiday pay. Call us at (304) 599-0497 or mail/fax resume to: SUNDALE NURSING HOME ATTN: Sharon Jeffrey, RN, DON 800 J.D. Anderson Drive Morgantown, WV 26505 FAX: (304) 599-9083 EOE

SALES IMMEDIATE OPENINGS 50 new full time positions. In bound sales. No telemarketing. We are looking for people who would like to make up to \$8-50/hr. High school diploma mandatory. Must have telephone or one-on-one sales experience. Paid holidays and vacations. Paid training, advancement opportunity.

WELDERS/FABRICATORS needed. Paid vacation, insurance, & 401k. Send resumes to Welders, Box AB-1178, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505.

BODY SHOP in need of experienced body man. Paid vacation and holidays. Pay based on experience. Please fax resume to: 304-296-7908 or call 304-296-6031.

SALES PROFESSIONALS and PRODUCT DEMONSTRATORS wanted for local well-known, established home improvement company. Launching new product to area - get in on the ground floor. Send resume to: Sales, PO Box 266, Dellslow, WV 26531

TELEMARKETERS NEEDED Earn a potential of \$600+ per week for motivated individuals. Contact Nick or Greg, 284-0475

WAIT STAFF wanted. Experienced in fine dining. Full time evening shifts avail. Apply at Prime Thyme, next to Comfort Inn

BECOME A FOSTER PARENT Call WYVAF 800-836-9894. Visit our website at www.nyap.org

Help Wanted 10

REGISTERED NURSE ASSESSMENT COORDINATOR Seeking a Registered Nurse to be responsible for the resident assessment and care planning process. Administrative responsibility for completion of MDS's, RAPS, care plans, etc., and some supervisory duties required. Flexible scheduling is available. Computer skills and knowledge of the QuickCare Software are preferred, but not necessary. Will train the right person. Competitive salary and full benefit package. Call, mail or fax resume to: SUNDALE NURSING HOME ATTN: Theresa Palmer, ADON 800 J. D. Anderson Drive Morgantown, WV 26505 (304) 599-0497 FAX: (304) 599-9083 EOE

RODMAN/SURVEY HELPER Local company has immediate opening. High School diploma required. Outdoor work in all types of weather includes lifting, bending, carrying heavy loads, walking, hammering, cutting brush, and other field duties. Excellent benefit package. Salary commensurate with experience. Please submit resume to: Rodman Box SS-2279, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505 Equal Opportunity Employer

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Help Wanted 10

SURVEYOR needed for local company. Must be a WV Registered Professional Land Surveyor. Knowledge of surveying principles and electronic surveying equipment required - Auto-Cad experience helpful. Salary commensurate with experience - excellent benefit package includes company vehicle, 401k benefit. Please submit resume to: Surveyor Box SS-2240, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505 Equal Opportunity Employer

TILE SETTER Davis Kitchen & Tile has an opening for an experienced Tile Setter. Applicants should be able to lay out and run a job by themselves. Apply in person or send resume to: DK&T, 831 Venture Dr., Morgantown, WV 26508

WEB PROGRAMMER. Experience in HTML, PHP, JAVA, SQL. Please, only 2+ years experience apply. send resume and salary requirements to: WEB, Box AB-3449, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26508

WEEKEND RN SUPERVISOR We are currently seeking a WEEKEND RN SUPERVISOR. 12 hour shifts on Saturdays and Sundays. 2 weekends per month. Excellent wage rate. If interested, call now for details. SUNDALE NURSING HOME ATTN: Sharon Jeffrey, RN, DON 800 J.D. Anderson Drive Morgantown, WV 26505 (304) 599-0497 EOE

WELDERS/FABRICATORS needed. Paid vacation, insurance, & 401k. Send resumes to Welders, Box AB-1178, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26505.

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Help Wanted 10

BFI OF FAIRMONT is currently seeking qualified ROUTE DRIVERS to work in the Fairmont/Morgantown area. Route Driver applicants must possess a Class 'B' CDL license or higher. All candidates must be able to work various hours and in all weather conditions. Applications will be accepted starting Tuesday, February 8 through Friday, February 11, 2005, between the hours of 9:00 am and 4:00 pm. Apply in person at: #2 12th Street, Fairmont, WV. No phone calls please. EOE

COCA-COLA BOTTLING CO. Consolidated has opportunity for two Part-Time Morgantown, WV facility. The positions require excellent communication skills & basic math skill. The Applicant must be reliable, hardworking and willing to work days. GED or High School Diploma required. If interested, please visit our website: www.cokeconsolidated.com and select Warehouse Loader-Morgantown. EOE, M-F-D-V, A Drug Screening Employer

DOMINION POST MOTOR ROUTE AREA: Mt. Morris, PA & Shannon Run area CUSTOMERS: Mon.-Sat. 1:50 Sunday - 1:70 TIME FOR DELIVERY Mon.-Sat. - 3 hrs. Sunday - 6 hrs. PROFIT FOR 2 WEEKS: \$400 to \$425 every 2 weeks 291-9466, Chuck

ERVIN'S Auto Repair - now taking applications for auto mechanic and wrecker drivers (CDL license preferred for wrecker driver.) Apply in person at Ervin's Auto Repair, Rt. 19 N., Star City Exit.

EXPERIENCED Chef for fine dining restaurant. Cheat Lake area. Call 724-725-5455

FULL/PART Time Sales Reps needed. Paid training & commissions. For interview, call 284-0715

WANTED LABORERS. Must have own pickup truck. 599-1000

IMMEDIATE Part time Housekeeper needed. Must be willing to do all phases of housework & laundry. 599-6001

IMMEDIATE OPENINGS Waynesburg Area Flexible Hours All Shifts and Weekends Call 1-877-807-4990

Don't Forget Your Valentine Love Lines Call: 291-9416 Email: ddavis@dominionpost.com Toll Free: 1-800-654-4676 Ext. 416

SECURE YOUR FUTURE TODAY. Security, Protection, Safety. To you, these are far more than just words. They are values worth defending. With the Transportation Security Administration, you will proudly serve as a vital component of Homeland Security - protecting our airports and skies as you secure a better future for yourself. The TSA is now hiring Transportation Security Screeners at Washington-Dulles International Airport Full-Time: Starting at \$27,371 per year + benefits Part-Time: Starting at \$13.11 per hour + benefits (Pay rates INCLUDE a 15.98% Locality Pay for Washington-Dulles Airport ONLY) This is an exciting career opportunity that provides: Federal benefits, Paid, ongoing training, Parking allowance (currently for Washington-Dulles ONLY) No Previous Experience Required. Minimum requirements for these positions include: U.S. Citizenship or U.S. National; High school diploma, GED or equivalent, or one year of security or aviation screening experience; English proficiency; and ability to pass a background/credit check. Women, Senior Citizens and Minorities are urged to apply. To apply, go to http://tsacareers.recruitsoft.com or call 1-800-887-1895

Help Wanted **10**

LOCAL COMPANY hiring CDL drivers for local delivery positions in the Morgantown and Clarksburg areas. Competitive pay and benefits offered. Send resume to: Drivers, Box AB-1763, c/o The Dominion Post, 1251 Earl core Rd., Morgantown, WV 26505

DOMINION POST CARRIER ROUTE

AREA: First Ward
STREETS: Astor Ave., Globe Ave., Hayes St., Hite St., Hudson St., Southern Ave.
CUSTOMERS: Mon-Fri- 53
Saturday - 59
Sunday - 74

TIME FOR DELIVERY
Weekdays - 45 Mins.
Weekends - 60 Mins.
PROFIT FOR 2 WEEKS: \$100.34

AREA: Jerome Park
STREETS: Richmond Ave., Darst St., Carlisle Ave., Jersey St., Chalfant Ln., Milton Ave.
CUSTOMERS: Mon-Fri- 51
Saturday - 59
Sunday - 67

TIME FOR DELIVERY
Weekdays - 40 Mins.
Weekends - 50 Mins.
PROFIT FOR 2 WEEKS: \$90.74

AREA: First Ward
STREETS: Dorsey Ave., Elysian Ave (300 & 400 Block), Madigan Ave. (400 & 500 Block), W. Virginia Ave. (400 & 500 Block)
CUSTOMERS: Mon-Fri- 31
Saturday - 36
Sunday - 39

TIME FOR DELIVERY
Weekdays - 30 Mins.
Weekends - 40 Mins.
PROFIT FOR 2 WEEKS: \$56.35

292-6301

SPILMAN THOMAS & BATTLE, PLLC is seeking **ATTORNEYS**

for its Morgantown, West Virginia office with 15 years of litigation experience. The successful candidates will work on challenging matters in a dynamic and rewarding environment. Candidates must have superior academic and work credentials and a strong work ethic. The total compensation package - including salary, benefits and relocation expenses - will be extremely competitive and commensurate with the successful candidates' qualifications. Send your resume and cover letter by e-mail to dgraham@spilmanlaw.com or by regular mail to:
Delores R. Graham,
Spilman Thomas & Battle, PLLC
PO Box 4474
Morgantown, WV 26504-4474

LOCAL ORGANIZATION seeking Accountant with Public Sector experience. Minimum 3 years experience required. Working knowledge of GAP and GASB34 required. Send resume and references to: Accountant, Box AB-3449, c/o The Dominion Post, 1251 Earl Core Rd., Morgantown, WV 26508

WIDER VIEW CORP. a start up LLC is looking for candidates to hire for General Manager to establish its business with a salary of \$28,000/year. Send documents to: Hiring, PO Box 4068, Morgantown, WV 26504. Stamped by Feb. 15, 2005

Help Wanted **10**

NOW Hiring Child Care Teacher for Country Angels Daycare. 1 year experience required. Call Diana 879-5366 . EOE.

PART TIME and/or full time OCCUPATIONAL THERAPIST AND SPEECH LANGUAGE AND PATHOLOGIST

To work 8am-5pm, Mon-Fri. Bridgeport/ Grafton area. Pediatric & adult case load. Hospital/ skilled, outpatient, & in-home care. Wage commensurate with experience. Excellent benefit package. Please forward resume & cover letter to: Pat Ford, Therapy Services, LLC, 1085 Van Voorhis Rd., Ste. 200, Morgantown, WV 26505. Or fax 304-599-9254. Phone 599-9250

PART-TIME RN needed in the Morgantown thru Elkins areas to work for an agency that provides in-home care to the elderly/disabled. Duties include visits, assessments, care plans and are able to objectively oversee the day to day work and conduct of approx. 40 employees.

PHYSICIAN BILLING OFFICE is seeking qualified people with a good work ethic to fill the following positions:

PHYSICIAN CPT/ICD9 CODERS
Must be a Certified Coder or have formal on job training or schooling in CPT/ICD9 ER coding.

ASSISTANT MANAGER

Must have supervisory experience and be able to objectively oversee the day to day work and conduct of approx. 40 employees.

We offer a competitive benefit/wage package. Please email resume with salary requirements to: Employment June2004@yahoo.com

THE AREAS PREMIER Kitchen Showroom & design Center has a position available for a **KITCHEN DESIGN PROFESSIONAL**. The ideal candidate will have several years working experience in kitchen/bath sales & design, including design software, preferably 20/20. Excellent customer service and organizational skills are a necessity. Resume to DK&T, 831 Venture Dr., Morgantown, WV 26508

THERAPY SERVICES LLC. is currently looking to hire a full time individual to complete the insurance verification and authorization for therapy visits. Knowledge of insurance billing and use of the MISYS system a plus. Candidate should possess computer knowledge including Word and Excel. Please mail resume to: Therapy Services, LLC, 1085 Van Voorhis Road, Suite 200, Morgantown, WV 26505 or fax to 304-599-9254.

WEST VIRGINIA JUNIOR COLLEGE is seeking an energetic professional to represent programs and services to incoming students. Interested candidates should call Amanda, at 304-296-8282

INSTRUCTION **13**

UNDERGROUND MINING CLASS. 80 hr. In Morgantown. Starting Feb. 15. \$250. 292-1699

Business Opportunities **14**

NEED an extra \$18,000 a year? Candy vending route. 50 locations. Cost \$3000. 1-800-568-1392 or www.vendingthatworks.com

REQUEST FOR PROPOSALS

The Monongalia County Schools Foundation Inc., (DBA Mylan Park) is accepting sealed proposals to enter into a concession agreement to manage, operate and maintain a food and beverage concession at Mylan Park, a 300 acre recreational and educational park located in Morgantown, WV for the 2005 season. A mandatory pre-bid meeting and site visit will be held on Friday, Feb. 11, 2005 at the Mylan Park Admin. Offices, 500 Mylan Park Lane, Morgantown, WV, at 10:00 AM. Proposals will be accepted until 4:00 PM local time on Friday, Feb. 18, 2005 at the Mylan Park Admin. Offices. Proposals will be accepted until 4:00 PM local time on Friday, Feb. 18, 2005 at the Mylan Park Admin. Offices. Proposals will be accepted until 4:00 PM local time on Friday, Feb. 18, 2005 at the Mylan Park Admin. Offices. Proposals will be accepted until 4:00 PM local time on Friday, Feb. 18, 2005 at the Mylan Park Admin. Offices.

TURN KEY & Running Restaurant Business for sale. Equipment. Located in Suburban Plaza. Call Pat Stewart Real Estate, 304-599-9300 or 276-7890 .

Garage Sales **20**

SOLD OUT WVU vs. Pitt tickets. Feb. 5th, Coliseum. \$15 ea. Call Toby 304-437-2733

TANNING BED - \$100 As is. Call 685-1138 .

2 COMFORTERS Twin size. Cream colored. Excel. cond. \$100 takes both. 291-3598

6' SATELLITE DISH. 4D TV receiver, HD receiver. \$300. 301-245-4330 or 301-616-0169.

Misc. for Sale **22**

BAREWOOD Hoosier, Unfin. \$500. Magic Waterbed, Like new, \$500. 292-1133

BLACK/white folding screen. \$50. 3 dressers, \$80/set. 216-1124

CITY BUG Sharp Image (new), 3 wheel adult scooter. Incls. all options. Paid \$1,400. Asking \$1,000. 296-5276 eves.

COUCH, loveseat & chair. \$50. all. Call 296-3823.

DIRECTV FREE DVD player, FREE HBO & Cinemax, FREE professional installation in up to 4 rooms. Call 1-800-523-7556 for details.

ELECTRIC coffee pot, 2.5 cups. \$3. Steam iron \$3. May see both in use. 296-9729.

FURNITURE FOR SALE: Black armoire & cherry wall unit. Call 276-2184

GIRLS 3 pc. bedroom furniture. White. \$30. Call 598-9264

GRACO baby swing with mobile & toys. \$20. Call 278-7382

HARD COVER & soft cover books. Many literature classics. 50 @ \$1 each. 291-2584

HOBBART 60 qt. single phase mixer with attachments & dolly. \$4900; Sandwich prep refrigerator. \$325 Call 864-3798; 276-9197

NUMEROUS Office items. Would consider bulk price. Call 276-2184

Misc. for Sale **22**

PASTA machine. New. Made in Italy. \$8. Call 292-5415

RASCAL POWER Chair with hoist & ramps. Single or double front wheels. 291-6856

REFRIGERATOR, GE 27 cu. ft. side-by-side, all dispensers & refreshment door, \$350; **GOURMET** Stainless sink, 33x22 with Kitchenaide disposer and Moen Faucet, \$150; **MAYTAG** Dishwasher, black, jet clean action, 12 cycle, \$125. 594-1942

RESTAURANT Equipment; 10 burner range \$675, 1 dr. freezer, \$899; 60 Qt. mixer \$4,995. Euro-style dry bakery case, \$600. 304-657-4814

ROYAL CHINA Currier & Ives 'The Old Grist Mill' china; Hoover Sweeper; many boxes of odds & ends; twin bedspreads; full size comforter with drapes, shams, sheets, small upright freezer; Large roaster with cart; microwave and more. Downsizing!!! 292-2844.

SALVAGED OFFICE FURNITURE 50-60% OFF Manufacturers List. Over 3,000 furniture items. **OFFICE SHOPPERS PARADISE** 5994602, Main St. Granville

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HARD COVER & soft cover books. Many literature classics. 50 @ \$1 each. 291-2584

HOBBART 60 qt. single phase mixer with attachments & dolly. \$4900; Sandwich prep refrigerator. \$325 Call 864-3798; 276-9197

NUMEROUS Office items. Would consider bulk price. Call 276-2184

Pets & Animals **31**

AKC Cocker Spaniel Pups. Buff & White, Buff. Call 304-986-2725.

AKC Reg. Black Male Toy Poodle Puppy. \$350; Also AKC Reg. German Shepherds. \$350. (724) 324-5173 .

FREE TO GOOD HOME Landlord doesn't allow pets. 7 yr. old Boxer/Shepherd/Terrier Mix. Lovable and excellent with children. Crate trained. 599-7161 leave message.

GIVEAWAY: German Shepherd/Australian Shepherd mix puppies. Dewormed. 724-324-5173.

HELP, desperately need home for 2 beautiful 9 mo. old long haired cats. Neutered, spayed, shots. Free to good home. 599-4787

Sporting Goods **33**

HUNTS Starting At 10 Birds/Person at \$100. TNT. 724-677-2609

Misc. Wanted to Buy **36**

STANDING TIMBER Wanted. Full payment in advance. Free appraisal. Call (724) 238-9038

Garages & Storage **40**

AFFORDABLE, 1 & 2 BR, Mil-eground & 1st Ward. No pets. 282-2507 or 282-2508

ALL NEW 1 BR, CA/C, W/D hookups, patio, D/W, Mil-eground. 292-1605

ATTRACTIVE 1 BR Apt. Avail for rent in Westover. All utils incl. No pets. Section 8 approved. 599-6001

ATTRACTIVE 2 BR apt. For rent in S. Park, CA/C. DW. Off St. parking. Pets with deposit. Section 8 approved. 288-2200

AVAILABLE NOW 1 BR. Beechurst Ave. \$480. incls. utils. 3 BR. 6th St. \$840. + utils. 296-6806.

EFFICIENCIES Avail now. Good location. Furnished. Utils incl., even cable. \$425/mo. No pets please. Call 296-5682

EFFICIENCY Apt. Wharf District. \$350/mo. incls. utils. No pets. Call 594-1200

FURNISHED 1 BR Apt. \$450 + elect. Lease, deposit. No pets. Call 599-2751

LATUSEK RENTALS 296-0902

MODERN 1 & 2 BR. W/W, Mil-eground/Ruby. Parking available. 292-1605, 376-9527.

NEWLY Remodeled 2 BR. incl. gas heat, all utils, incl. except elect. \$585/mo. 292-5259 .

RACHEL RENTAL APARTMENTS 1, 2, & 3 BR, some with large decks, furnished, laundry facilities, pets. 304-599-1306

STUDIO TYPE Apt. Westover. Close to I-79 & Mall. Call 599-2141

1 BR. Gated community, Gas FP. Very private. W/D hookup. Call \$650/mo. all utils incl. 301-481-6003 or 594-0650

1 BR. \$550/mo. Also, Efficiency, \$400/mo. Both incls. utilities, garbage & cable. No pets. 296-3704

1, 2, & 3 BR Apts. & Houses. In S. Park, Avail. June 1 to May 31, 2006. 304-376-1056

OFFICE SPACE **41**

Pinewick Plaza 832-2500 sq. ft. some utilities included. **Riddle Court** 2800 sq. ft. Handicapped accessible. Marble fireplace, full kitchen, utils, includes. **1052 D Maple Dr.,** 1400 sq. ft. utils. incl. Presently incls. lab. Near both hospitals, NIOSH & Mylan. Experienced maintenance staff. Abundant Parking. 599-0829

PRIME OFFICE space avail. in Suncrest. Please call Jeff at Pat Stewart Realtors. 599-9300

PROFESSIONAL OFFICE 4,000-10,000 Sq. Ft. Available at \$9/sq. ft. Maple Dr. near Ruby Hospital. 599-4376 or 594-1203.

WES MON I, 2100 & 2500 sq. ft. Holland Ave. Westover. **WES MON IV,** 800 & 3200 WESTOVER, 1300 sq. ft. 1/2 mile from I-79. 292-5438 284-0783

6,000 SQ. FT. WILL DIVIDE OR MODIFY TO SUIT. CALL 594-3842 or 594-3840

800+ SQ. FT. OFFICE SPACE FOR LEASE ON PINEVIEW DR. CALL 598-0055.

COMMERCIAL/OFFICE 1500 sq. ft. Holland Ave. Westover. Next to Rite Aid. 296-3704

FOR LEASE: Formerly Hill's Furniture, 1867 Mil-eground. 1st floor, 6600 sq. ft. 2nd floor, 4000 sq. ft. 304-594-0689 or 304-290-0867.

GREENBAG ROAD 6000 sq ft across from the Mountaineer Mall 292-5438 or 284-0783

LAKEWOOD CENTER Approx. 2300 sq. ft. of finished retail space, formerly Howard Hanna. Ready to move in. Kitchen, 2 baths, phone system, beautiful doors & trim, etc. 594-3599

Commercial Property **42**

GLENMARK HOLDING LLC PROFESSIONAL OFFICE SPACES - **United Center Van Voorhis Road** 15,000 sq. ft. Third Floor. Can subdivide - Superior **Glenmark Centre Talbots Bldg.** 2000 Sq. Ft., 2nd Floor, Elevator **Small Office Bldg.** 816 Sq. Ft. - \$500/mo. + utils

MULTIPURPOSE BUILDINGS **Ridgeview Business Park** 8400 Sq. Ft. New Bldg. Can be customized - Flexible **West Run Rd. Warehouse** 10,800 SF, loading dock, 53/sf.

LAND FOR RETAIL SPACE 2.5 acres - Glenmark Centre 1.6 acres - Glenmark Centre 2.4 acres - Sabranton **Glenmark Holding LLC** 304-599-3369 1445 Stewartstown Road Morgantown, WV 26505 www.glenmarkholding.com

WAREHOUSE/Manufacturing space, 20,000 sq. ft. will subdivide. Loading dock. Quality bldg. on Greenbag Rd. 304-692-7801, for info.

Apartments, Furnished **46**

ABOUT A MILE from Cheat Lake. Modern 1 BR, no pets. Available today! Call 296-2903.

AVAILABLE NOW 1 BR. Mil-eground & 1st Ward. No pets. 282-2507 or 282-2508

ALL NEW 1 BR, CA/C, W/D hookups, patio, D/W, Mil-eground. 292-1605

ATTRACTIVE 1 BR Apt. Avail for rent in Westover. All utils incl. No pets. Section 8 approved. 599-6001

ATTRACTIVE 2 BR apt. For rent in S. Park, CA/C. DW. Off St. parking. Pets with deposit. Section 8 approved. 288-2200

AVAILABLE NOW 1 BR. Beechurst Ave. \$480. incls. utils. 3 BR. 6th St. \$840. + utils. 296-6806.

EFFICIENCIES Avail now. Good location. Furnished. Utils incl., even cable. \$425/mo. No pets please. Call 296-5682

EFFICIENCY Apt. Wharf District. \$350/mo. incls. utils. No pets. Call 594-1200

FURNISHED 1 BR Apt. \$450 + elect. Lease, deposit. No pets. Call 599-2751

LATUSEK RENTALS 296-0902

MODERN 1 & 2 BR. W/W, Mil-eground/Ruby. Parking available. 292-1605, 376-9527.

NEWLY Remodeled 2 BR. incl. gas heat, all utils, incl. except elect. \$585/mo. 292-5259 .

RACHEL RENTAL APARTMENTS 1, 2, & 3 BR, some with large decks, furnished, laundry facilities, pets. 304-599-1306

STUDIO TYPE Apt. Westover. Close to I-79 & Mall. Call 599-2141

1 BR. Gated community, Gas FP. Very private. W/D hookup. Call \$650/mo. all utils incl. 301-481-6003 or 594-0650

1 BR. \$550/mo. Also, Efficiency, \$400/mo. Both incls. utilities, garbage & cable. No pets. 296-3704

1, 2, & 3 BR Apts. & Houses. In S. Park, Avail. June 1 to May 31, 2006. 304-376-1056

Apartments, Unfurn. **47**

A D RENTALS. New 1 BR Apts. Hospital/coliseum area. Short term leases. No pets. 322-1533 or 594-1533

ABSOLUTELY clean & quiet 1 BR near hospitals. Avail. March 1. \$450. incls. utils. 288-8510.

ABSOLUTELY THE BEST Chestnut Hill **Walk to Ruby/NIOSH** Rent starts \$440/mo. **+1 BR, apts./townhomes** **+9 acre private community** **+Lots of trees & grass** **+Separate storage units** **+Recreation facilities** Call 599-8333 www.goldcrestproperties.com

AFFORDABLE LUXURY BRAND NEW Bigger, Better Villas at Bon Vista 1 & 2 BR, 2 Bath APTS. **+Washer/Dryer** **+Walk-in Closets/Jacuzzi** **+Garage/Storage Units** **+Elevators/Balconies** **+Sparkling Heated Pool** **THE VILLAS** 2 mins. to hospitals and downtown. 599-1884 www.morgantownapartments.com

ALL Elect. 3 BR. Section 8 approved. \$730 incls. utils. Lease. Deposit. No pets. 296-0093

PRETE RENTAL Now Renting - Efficiencies, 1 & 2 BR Apts. Call 599-4407.

SunValley Townhomes 2-3 Bedrooms Starting at \$650 + utils 292-5232

SMITH RENTALS, LLC Now leasing for May 2005 1, 2

Mobile Homes/Sale

54

SPECIAL Financing for those trying to reestablish their credit. Dealer. Call today (868)472-8904

1977 2 BR Mobile home. Good cond. Near hospitals. \$3000. 599-5868

1991 Commodore Park Hill. 14x70. 2 BR. 2 bath. Newer appliances. CA/C. Lg. shed. On rented lot. \$17,500. 594-1761

1992 OAKWOOD. 14x70. 2 BR. 2 bath. W/D. new heating system. Lg. storage shed. Fairfield Manor. Good cond. \$14,500. 284-9944

Lots & Acreage

55

BEAUTIFUL bldg lots with utils. On **US 119.** 10 mi. S. **\$10,000/acre & Up. 265-3725; 304-612-8484**

DEVELOPMENT acreage. 33+ acres. Dupont Rd. 13+ acres. Dog Hill Rd. Serious inquiries only. No agents. Send replies to PO Box 2129, Westover, WV 26502.

Large Building Sites in Hazelton, WV
* Utilities Easy Access
1.5 Acre...\$9,900
4 Acre...\$25,900
8 Acre...\$35,900
A.L.S., Inc. Owner/Broker
800-898-6139
www.landservice.com

PRESTON Co. 16 acres with 14x70 trailer. Rd. frontage. All utils., well water. 20 min. to I68. Rt. 92. \$55,000. 304-864-5331

Cemetery Lots

57

2 CEMETERY spaces Beverly Hills Mem. Gardens. Garden of Last Supper. 363-7407.

Automobiles

60

ACURA RL. 00. Auto, sunroof, V6, CD, leather, heated seats. 69K
John Howard Motors
Mileground 296-3205

ACURA RL. '96. 3.5 premium. Leather. Heated seats. 200hp. 90kmiles. \$10,500. 296-6696, days or 594-2268 eves.

CAMPUS FORD LINCOLN MERCURY

Rt. 7 SABRATON, WV 296-4477

2002 Ford Focus SE. PW, PL, CD, cruise, 20K

2003 Mercury Mountaineer. AWD, V6, loaded, 25K

2001 Ford Taurus SE3. 41K, low price!

2002 Ford Explorer Eddie Bauer. loaded, 4x4, great SUV!

2002 Ford F-150. crew cab, Lariat, 4x4, DVD, leather

2001 Chevy Blazer LT. 19K, 5 spd, PW, PL, economy!

2001 Olds Aurora. leather, auto, loaded

2002 Ford Windstar SEL. leather, family car!

2001 Chevy Blazer LT. leather, 4x4, all power

2005 Ford Escape XLT. 4x4, PW, PL, CD, awesome SUV

2004 Mercury Sable LS. auto, power, low miles

2004 Ford Ranger XL SST. 5 spd, 7K, one owner

2004 Ford Mustang. V6, PW, PL, Snow Savings

2003 GMC Sierra. 4x4, ext. cab, auto, PW, SE, 37K, SE, PW, PL, SAVE!

2004 Dodge Dakota SXT. auto, 4x4, reg. cab, 16K

2001 Subaru Forester. AWD, PW, PL, Snow ride!

2001 Jeep Cherokee Limited. 4 dr, 4x4, leather & more

2003 Ford F-150. supercab, 4x4, FX4, all power, nice truck

1999 Chevy Blazer. 4x4, LS, rare 4x4

2004 Lincoln LS. loaded, low miles SAVINGS!

2004 Ford F-250 XLT. crew cab, diesel, only 7K

2003 Lincoln Navigator. 21K, DVD, sunroof, one owner

2001 Lincoln Towncar Executive. leather, all power

2001 Toyota Corolla S. 60K, auto, low price

2003 Chevrolet Impala. PW, PL, CD

2002 Buick Century Custom. power, chrome wheels

2004 Nissan Maxima SE. only 6K, one owner

2001 Mercury Cougar. V6, 5 spd, sunroof, one owner

CASH PAID We Buy Cars and Trucks. Call 292-5515

CHEVY SSR. 04. Power, V8, convertible, leather, CD, 5K
John Howard Motors
Mileground 296-3205

DODGE Dynasty LE, 1993. 200k+. Needs some body work. Runs OK. \$800 neg. 304-685-9630

DODGE Stratus, 2001. 2 dr. V6. 40,000 miles. Pearl color. CD. \$8,000 or best offer. 284-9944

EAGLE Talon, 1993. 5 spd. red. A/C. FWD. New brakes, good sticker. Nice car in and out. \$1500 neg. 304-278-7641

FORD ESCORT. 1997. 4 DR., 28K Very nice auto. \$3500. **Burnside's Auto.** 724-324-5126, Mt. Morris, PA.

JOE'S CARS 325 Mileground Road (304) 225-8482

2004 Hyundai Sante Fe. 19k miles. Auto. Factory warranty

2003 Mazda Tribute. auto, A/C, leather, 4x4

2001 Ford Escort 58K miles, auto, runs great, \$6,500

2001 Saturn. auto, sunroof, 30,000 miles

2000 VW Beetle. 5 spd, A/C, low miles

1999 Toyota Corolla. auto/A/C. \$6,995

1996 Chevy S-10. 4WD, \$4,995

1996 GMC Jimmy SLT. auto, 4 dr, \$5,500

1996 Chevy S-10. 5 spd. 4WD. Camper top, \$4,995

1993 Honda Mustang GT. red, 5.0L 5 spd. \$5,995

1993 Honda Del Sol. Hard top, 5 spd., \$4,995

Automobiles

60

LINCOLN Town Car. 1988. V8. Loaded. Excel. cond. Garage kept. 292-3505

MAZDA RX7. 1987-119K, manual, runs great. Minor door damage. Must sell. \$700. Call 376-5387

MERCEDES Benz, 1999. C-230 Kompressor. LOADED! Burgundy ext. beige leather, 88k, very good cond. \$9500. 301-707-7845 or 301-707-9277.

NISSAN Altima SD SE. 01. Auto, PW, PL, alloys. 47K
John Howard Motors
Mileground 296-3205

NISSAN Sentra, 1988, runs good. \$500. Call 304-685-5476.

NISSAN Sentra, '98. Approx. 100,000 miles. Runs great. great cond. Manual. CC. PL. PW. Dual air bags. A/C. CD. \$3,200 neg. 698-6195

OLDS Cutlass Cierra, 1988-V6, new sticker & tires. \$895 or best offer. 291-6622

PLYMOUTH FURY. 1966. VIP. 4 dr., black sedan. True hard top. No posts. Excel. cond. Must see. \$5,500 neg. 319-6277

PONTIAC Grand Prix GT, 2000. 2 dr. coupe. Original owner. Sharp. Loaded. Leather. Power moon roof. Power seat. High mileage (all highway). Excel shape in & out. New inspection sticker. Kelly Blue Book Retail value, \$8485; Private party value, \$5645; First \$5000 takes it. 304-594-1984

PONTIAC SAFARI. 1989. Station wagon, 1 owner, V8, auto, excel. cond. \$1500 or best offer. Will take trade. Call 288-8126; 983-2508

SABRATON CHRYSLER, DODGE PT. SAVATON
296-2533 or 1-800-258-6111

SATURN SC1, 2001. 3 dr. Au-t. 34,000 miles. Black. A/C. Sunroof. CD. Excel. cond. 1 owner. \$8,000. Call 594-3214

SATURN SL1. 2001. Auto, 4 cyl, 4 door, 60K miles, A/C, AWD, CRV, \$5200 neg. 304-278-5236 leave message.

SCOTT FORD/MERCURY PHONE: 329-3673 Rt. 7 Kingwood, WV

2004 Ford F-250, supercab, XLT, diesel, 4x4

2003 Ford F-150, super crew cab, 4x4

2003 GMC Sierra SLE, extended cab, 4x4

2003 Ford Ranger, supercab, Edge, 4x4

2003 Ford Expedition Eddie Bauer, 4x4

2003 Ford Escape XLT, 4x4

2003 Ford F-150, supercab, 4x4

2003 Chevy Tracker, 4x4

2002 Ford F-150, super crew, LT, 4x4

2002 Dodge Ram 3500, supercab, dually, 4x4, diesel

SUBARU Legacy L, 1996. Wagon, dark green, AWD, auto, A/C, PW, PL, AM/FM, cassette, new tires, excel. cond. \$6000. Call 288-8617 days; 296-2574 evenings.

SUBARU Legacy Outback Wagon on Lid 1997. AWD, Auto, PW, PL, leather, aluminum wheels & much more. Perfect inside & out. \$6700, neg. 276-0110.

SUZUKI Aerio SX, 04. AWD, auto, PW, PL, CD, 24K
John Howard Motors
Mileground 296-3205

UNIVERSITY MOTORS 60 Don Knotts Blvd (304) 296-4401

02 HONDA CRV, auto, 4x4, low miles, \$18995

03 MITSUBISHI Eclipse GTS, auto, leather, loaded, \$16,995

03 HONDA Accord LX, 2 dr, PW, PL, \$16,995

04 CHEVY Silverado, xtra cab, LS, 4x4, 2-tone paint, \$25,995

04 NISSAN Xterra, auto, 4x4, PW, PL, \$19,995

03 VW Passat, Wagon, AWD, leather, loaded, \$24,995

02 HONDA Civic EX, 2 dr, moonroof, auto, low miles, \$14,995

00 MERCEDES MC 320, leather, 4x4, moonroof, \$20,995

02 DODGE Ram, 4 dr, 4x4, auto, V8, \$19,995

02 FORD Mustang, V6, PW, PL, low miles, \$10,995

03 NISSAN Murano, auto, alloys, AWD, \$24,995

04 NISSAN Maxima, leather, moonroof, alloys, \$25,995

Trucks, Vans & SUVs

61

CHEVY Astro Van LS. 01. AWD, auto, A/C, PW, PL, cruise, 56K
John Howard Motors
Mileground 296-3205

CHEVY Blazer, LS, 1999, white, 63k miles, 4 Dr., 4wd, loaded, \$9000. Call 292-3513.

CHEVY Blazer LS. 02. 4x4, V6, auto, PW, PL, cruise, CD, 28K
John Howard Motors
Mileground 296-3205

CHEVY Blazer. 04. 4 dr, 4x4, V6, auto, PW, PL, cruise, CD, 18K
John Howard Motors
Mileground 296-3205

CHEVY S10. 03. Xcab, 4x4, V6, auto, CD, 19K, 15K
John Howard Motors
Mileground 296-3205

CHEVY Tracker. 02. 4 dr, 4x4, LT, leather, CD, 46, 33K
John Howard Motors
Mileground 296-3205

CHEVY Trailblazer LT. 04. 4x4, V6, auto, leather, CD, P/seat, 48K
John Howard Motors
Mileground 296-3205

CHEVY 1500 LT. 02. Xcab, 4x4, 5.3 V8, auto, leather, CD, 14K
John Howard Motors
Mileground 296-3205

CHEVY 1500 LX. 02. Xcab, 4x4, 5.3 V8, auto, PW, PL, cruise, 30K
John Howard Motors
Mileground 296-3205

Trucks, Vans & SUVs

61

CHEVY. 1986. 1 ton dump. 350 4 spd. Hydraulic dump bed. Interior re-done. New paint. \$2600. 292-0927, 276-1929

CHRYSLER Town & Country, Limited, AWD, 2002. Loaded with options. Like new cond. Call 599-2328 days, 291-2372 eves.

DODGE Dakota SXT, 02. RC, 4x4, V6, auto, A/C, 36K
John Howard Motors
Mileground 296-3205

DODGE Dakota, 1992. 4WD. Good cond. Auto. A/C. Fiber-glass camper top. \$2900. 692-6641 or 278-7641

DODGE Grand Caravan Sport 2001. 24,000 miles. Excel. cond. \$15,000. Call 363-8879

DODGE Ram Van. 03. Cargo, V8, auto, PW, PL, A/C, 45K
John Howard Motors
Mileground 296-3205

DODGE Ram 2500. 02. Quad cab, 4x4, 5.9 V8, auto, A/C, 35K
John Howard Motors
Mileground 296-3205

DODGE Ram 3500. 01. Dump truck, 4x4, diesel with plow, 12K
John Howard Motors
Mileground 296-3205

FORD Explorer XLT. 03. 4x4, V6, auto, sunroof, 3rd seat, 33K
John Howard Motors
Mileground 296-3205

FORD Explorer XLT. 1996. 4x4, 70K. Extremely clean, sharp! Great in the snow. \$6500. Call 376-4977

FORD F-150, 2001. Super Crew, 4 Dr., 4x4, 4.5k miles, loaded. \$17,900. 284-0951.

FORD L7000, 1995 Box truck, 19' box, lift gate, dual wheels, good tires, new sticker. \$9,950. Call 864-3798; 276-9197

GMC Yukon XL SLT. 03. 4x4, V8, auto, rev DVD, leather, 40K
John Howard Motors
Mileground 296-3205

HONDA CR-V EX. 1998. AWD. Excel. cond. Only 69k miles. New tires & brakes. Reduced to \$8,900. 292-1832

JEOP Cherokee SE, 1995, blue, 4 Dr. 4wd. \$2995. Call 292-3513.

JEOP Grand Cherokee Ltd, 04. V8, 4x4, auto, sunroof, CD, 10K
John Howard Motors
Mileground 296-3205

JEOP Grand Cherokee Laredo, 04. 6 cyl, 4x4, auto, cruise, 15K
John Howard Motors
Mileground 296-3205

NISSAN Frontier XE. 02. Quad cab, 4x4, V6, alloys, 22K
John Howard Motors
Mileground 296-3205

SUZUKI Grand Vitara LTD. 00. 4x4, V6, auto, sunroof, CD, 35K
John Howard Motors
Mileground 296-3205

SUZUKI XL7. 02. Ltd, 7 passenger, 4x4, V6, leather, CD, 42K
John Howard Motors
Mileground 296-3205

SUZUKI XL7. 03. Touring, 4x4, V6, auto, PW, PL, cruise, 29K
John Howard Motors
Mileground 296-3205

SUZUKI XL7. 04. 4x4, auto, PW, PL, cruise, CD, 22K
John Howard Motors
Mileground 296-3205

TOYOTA Tundra. 03. Access Cab, limited, 4x4, V8, auto, leather, 22K
John Howard Motors
Mileground 296-3205

The project consists of removing 743 S.Y. of concrete sidewalk, removing 45 S.Y. of brick sidewalk, and removing 116 L.F. of concrete curb followed by the replacement of 856 S.Y. of concrete sidewalk with handicap access ramps and integral curb, 109 S.Y. of concrete sidewalk adjoining to existing curb, 55 L.F. of concrete wall and the removal and replacement of 40 L.F. of concrete curb along Main Street.

Construction time limit is 90 calendar days, with liquidated damages of \$250.00/day.

Contract Documents for the sidewalk replacement can be examined at the following locations:

Greenhorne & O'Mara, Inc. Town of Fairview
12 Moran Circle 407 Main Street
Fairmont WV 26554

Dodge Reports Contractor's Assoc. of WV
2330 Main/Corkle Avenue SW 2114 Kanawha Boulevard East
Suite 203 Charleston, WV 25311
St. Albans, WV 25177

Contract Documents, Plans and Specifications may be obtained at Greenhorne & O'Mara, Inc., 12 Moran Circle, Fairmont, West Virginia 26554, upon a non-refundable payment of (TWENTY FIVE) (\$25.00) DOLLARS beginning on Wednesday, February 2, 2005 at 8:00 a.m. Check or money order only made payable to Greenhorne & O'Mara, Inc. Contract Documents will be mailed upon receipt of payment.

A pre-bid meeting will be held on Wednesday, February 16, 2005, at 1:00 p.m., at the Town of Fairview, City Hall, 407 Main Street, Fairview, WV 26570. Bidders are required to attend the meeting.

A two-envelope system will be used. Each Bid must be submitted in a sealed envelope. Envelope No. 1 must contain the Receipt of Addenda, Bid bond, Power of Attorney, EEO Certification of Compliance, and all other necessary documents as required on the Bid Opening Checklist. Envelope No. 2 must be a separate sealed envelope marked "Bid Proposal" and must contain the completed and signed "Bid Proposal Form". Both envelopes must have the following information in the lower left hand corner:

Name and address of Bidder, Bidder's WV Contractor's License Number, "Bid on Sidewalk Replacement for the Town of Fairview", Town of Fairview, Marion County, West Virginia, 407 Main Street, Fairview, WV 26570. To Be Opened at 10:00 a.m. Wednesday, March 2, 2005.

The main envelope, "Envelope No. 1", will be opened first and the Receipt of Addenda, Bid bond, Power of Attorney, EEO Certification of Compliance and all other pertinent and required documents listed on the Bid Opening Checklist will be checked to ensure that all documents are in order. If the documents are found to be in order, then "Envelope No. 2" containing the "Bid Proposal Form" will be opened and publicly read aloud. If the documents are not in order, the envelope containing the "Bid Proposal Form" will not be opened and the bid will be considered non-responsive and will be returned to the Bidder.

A bidder may not withdraw his/her Bid for a period of ninety (90) days after the date set for the opening of bids.

Bids shall be accompanied by a certified check or bid bond payable to the Town of Fairview, in an amount equal to five percent (5%) of the base bid.

Bidders must comply with the requirements for Affirmative Action and Minority Business Enterprise participation as described in the Federal Specifications insert to the Contract Documents. Special provisions must be made by the Bidder to show what portions of the bid within each Division are supported by Minority Business Enterprise work. In addition, Project Director will supply each Bidder, upon request, with information concerning local MBE firms.

Bidders must comply with the Title VI of the Civil Rights Act of 1964, the Davis-Bacon Act, the Copeland Anti-Kickback Act, the Contract Work Hours Safety Standards Act, and the WV Act on Wages for Public Improvements.

Disadvantage Business Enterprises - Each bidder must fully comply with the Disadvantaged Business Enterprise, and Affirmative Action requirements, as identified in the Contract Documents. The Bidder agrees that he/she shall make "positive efforts" to subcontract at least eight (8) percent DBE of the total value of the contract. The fair share shall be obtained in conformance with the six (6) affirmative steps as outlined in 40 CFR. Failure to obtain the fair share or demonstrate positive efforts to do so may lead to rejection of bids. For the purpose of this program, the term "subcontract" includes all construction, modification, and service work contracted for by the bidder in the execution of the work under this contract.

Bids received after the scheduled closing time for the reception of bids will be returned unopened to the bidders.

The Town of Fairview, reserves the right to reject any and all bids and to waive any informalities.

THE TOWN OF FAIRVIEW
By: Pauline Campbell
TITLE: Mayor
DATE: January 31, 2005

Campers & RV's

62

Don't Shop In The Cold!

Large selection of Travel Trailers, 5th Wheels, Motor Homes & Tent Campers in our indoor heated showroom.

Open 7 Days a Week!

YONAK'S
740-686-2999
yonaksv.com

2004 24' Coachman Spirit of America. Sleeps 6. Lg. storage area built in. Excel. cond. \$14,000. 304-692-1440, 692-1445

Motorcycles & ATVs

63

2002 HARLEY DAVIDSON ROAD KING CLASSIC. Only 2300 miles, Pearl White, wire wheels, leather bags, security system, many extras. Must see. \$18,000. Call 594-2522.

2002 SUZUKI Katana, 600cc, yellow, runs good, minor repairs needed. \$3500, or best offer. 304-283-6601

Auctions

75

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724-324-9000 886-875-1599

MOORE'S AUCTION BARN Ken Kyle WV 1246, Gerry White, Manager. 366-1432 / 798-3005

Legal Advertisements

009375 February 2, 9

SECTION 00100

ADVERTISEMNT FOR BIDS

SIDEWALK REPLACEMENT FOR THE TOWN OF FAIRVIEW MARION COUNTY, WEST VIRGINIA

Sealed bids will be received by the Town of Fairview for a sidewalk replacement project along Main Street in the Town of Fairview, Marion County, WV until 10:00 a.m. prevailing time on Wednesday, March 2, 2005 at the Town of Fairview, City Hall, 407 Main Street, Fairview, WV 26570, at which time bids will be publicly opened and read aloud.

The project consists of removing 743 S.Y. of concrete sidewalk, removing 45 S.Y. of brick sidewalk, and removing 116 L.F. of concrete curb followed by the replacement of 856 S.Y. of concrete sidewalk with handicap access ramps and integral curb, 109 S.Y. of concrete sidewalk adjoining to existing curb, 55 L.F. of concrete wall and the removal and replacement of 40 L.F. of concrete curb along Main Street.

Construction time limit is 90 calendar days, with liquidated damages of \$250.00/day.

Contract Documents for the sidewalk replacement can be examined at the following locations:

Greenhorne & O'Mara, Inc. Town of Fairview
12 Moran Circle 407 Main Street
Fairmont WV 26554

Dodge Reports Contractor's Assoc. of WV
2330 Main/Corkle Avenue SW 2114 Kanawha Boulevard East
Suite 203 Charleston, WV 25311
St. Albans, WV 25177

Contract Documents, Plans and Specifications may be obtained at Greenhorne & O'Mara, Inc., 12 Moran Circle, Fairmont, West Virginia 26554, upon a non-refundable payment of (TWENTY FIVE) (\$25.00) DOLLARS beginning on Wednesday, February 2, 2005 at 8:00 a.m. Check or money order only made payable to Greenhorne & O'Mara, Inc. Contract Documents will be mailed upon receipt of payment.

A pre-bid meeting will be held on Wednesday, February 16, 2005, at 1:00 p.m., at the Town of Fairview, City Hall, 407 Main Street, Fairview, WV 26570. Bidders are required to attend the meeting.

A two-envelope system will be used. Each Bid must be submitted in a sealed envelope. Envelope No. 1 must contain the Receipt of Addenda, Bid bond, Power of Attorney, EEO Certification of Compliance, and all other necessary documents as required on the Bid Opening Checklist. Envelope No. 2 must be a separate sealed envelope marked "Bid Proposal" and must contain the completed and signed "Bid Proposal Form". Both envelopes must have the following information in the lower left hand corner:

Name and address of Bidder, Bidder's WV Contractor's License Number, "Bid on Sidewalk Replacement for the Town of Fairview", Town of Fairview, Marion County, West Virginia, 407 Main Street, Fairview, WV 26570. To Be Opened at 10:00 a.m. Wednesday, March 2, 2005.

The main envelope, "Envelope No. 1", will be opened first and the Receipt of Addenda, Bid bond, Power of Attorney, EEO Certification of Compliance and all other pertinent and required documents listed on the Bid Opening Checklist will be checked to ensure that all documents are in order. If the documents are found to be in order, then "Envelope No. 2" containing the "Bid Proposal Form" will be opened and publicly read aloud. If the documents are not in order, the envelope containing the "Bid Proposal Form" will not be opened and the bid will be considered non-responsive and will be returned to the Bidder.

A bidder may not withdraw his/her Bid for a period of ninety (90) days after the date set for the opening of bids.

Bids shall be accompanied by a certified check or bid bond payable to the Town of Fairview, in an amount equal to five percent (5%) of the base bid.

Bidders must comply with the requirements for Affirmative Action and Minority Business Enterprise participation as described in the Federal Specifications insert to the Contract Documents. Special provisions must be made by the Bidder to show what portions of the bid within each Division are supported by Minority Business Enterprise work. In addition, Project Director will supply each Bidder, upon request, with information concerning local MBE firms.

Bidders must comply with the Title VI of the Civil Rights Act of 1964, the Davis-Bacon Act, the Copeland Anti-Kickback Act, the Contract Work Hours Safety Standards Act, and the WV Act on Wages for Public Improvements.

Disadvantage Business Enterprises - Each bidder must fully comply with the Disadvantaged Business Enterprise, and Affirmative Action requirements, as identified in the Contract Documents. The Bidder agrees that he/she shall make "positive efforts" to subcontract at least eight (8) percent DBE of the total value of the contract. The fair share shall be

Iran wants to resolve problems with America

TEHRAN, Iran (AP) — Iran's top nuclear negotiator said Tuesday that Tehran wanted to resolve decades of differences with the United States and warned that a U.S. military strike wouldn't destroy all of Iran's nuclear facilities.

Iran's top leaders have tried in recent days to ease increasing tensions with Washington amid a war of words. President Bush last week accused Iran of being "the world's primary state sponsor of terror."

"We are not seeking tension with the United States," negotiator Hasan Rowhani told the state-run television. "We are seeking to resolve our problems with America but it's the Americans who don't want problems to be resolved."

"There is no problem in today's world that can't be resolved," said Rowhani, who is secretary of Iran's powerful Supreme National Security Council.

Washington believes Iran is secretly using its civilian nuclear program to build a nuclear bomb. Iran denies the allegation, saying its nuclear activities are geared solely toward generating electricity.

Secretary of State Condoleezza Rice on Friday said that a military strike against Iran was "simply not on the agenda at this point," but Bush has not ruled out a military strike as an option.

But Rowhani said that a U.S. military strike against Iran's nuclear facilities would fail.

"Iran's nuclear technology is in the hands of its scientists and workshops throughout the country. All of them have the ability to produce centrifuges. Therefore, America will not be able to destroy our nuclear facilities and mines through a military strike," he said.

Israel has warned that it may consider a pre-emptive strike against Iranian nuclear installations along the lines of its 1981 bombing of an unfinished Iraqi nuclear reactor at Osirak near Baghdad but Iranian officials have said any possible attack would fail.

Iran's nuclear facilities are spread throughout the country and partly built under the ground making an aerial attack a possible failure.

The broadcast said Iran began a new round of nuclear talks with the Europeans in Geneva on Monday.

China is on a steady march to becoming an aged society

BELJING (KRT) — A recent wintry day found hundreds of retirees at one of Beijing's principal parks. Some sang Chinese folksongs in impromptu choruses. Others kicked a little foot shuttlecock back and forth. One large group practiced outdoor ballroom dancing.

If the parks and plazas of major cities such as Beijing and Shanghai seem to contain more elderly people than youngsters these days, it's because city populations are aging. China's two largest cities have crossed a threshold: Both have more retirees 60 and older than children under age 15.

The trend is only beginning. China soon will face a rapid increase in its elderly population. Experts describe the forecasts as staggering. China now has 134 million people 60 and older. By 2020, projections foresee 240 million. By the middle of the century, China will cap out at 400 million to 450 million people 60 and older.

The elderly boom will bring political and economic stresses. Already, vast changes in social patterns are hitting the elderly as tens of millions of migrant workers abandon rural areas to find jobs in cities, leaving children in the hands of grandparents. Some elderly, with no pensions, face uncertain futures. Others



Two elderly women ballroom dance with other early morning friends in Beijing's Jingshan Park, in November 2004. China now has 134 million people aged 60 and older. By 2020, projections foresee 240 million retirees.

are demanding that authorities enforce laws requiring grown children to provide for them.

China's social-security umbrella is small. At least three out of four Chinese workers don't have

pension plans. That means that more than 70 percent of seniors are financially supported and tended to

by family members. China has some time before a big demographic leap in the numbers of elderly in the next decade, but experts already are alarmed at the looming pressures.

"We only have 15 years ahead of us to prepare," said Du Peng, the director of the Institute of Gerontology at the People's University of China. "For a social-security system, you need 20 years to maturity so you can contribute, then begin to withdraw money. We don't have a lot of time."

A series of factors have combined to speed China's transition toward an aged society. When Mao Zedong and his communist forces took over China in 1949, the nation held 450 million people. Average life expectancy was barely 41 years.

For nearly three decades, Mao encouraged population growth, seeing it as an asset to development. In the late 1970s, amid a runaway population boom, Mao slapped on a "one-child" policy to limit the offspring of couples. Since then, the policy has halted an estimated 300 million births, the state says, leaving China's population at 1.3 billion today.

Meanwhile, Chinese life expectancy has risen to 70 years. In major cities, it's even higher; Beijing residents' life expectancy is 79.6 years.

Baby with 'mermaid syndrome' set for rare surgery

LIMA, Peru (AP) — Milagros Cerron smiles, babbles and fidgets in the arms of her mother like any healthy nine-month-old, but she is no ordinary baby. Milagros was born with her legs fused in a tight coating of skin — giving her the appearance of a mermaid.

"When I saw her for the first time, I felt pain," said Milagros' mother, 19-year-old Sara Arauco. "In that moment I thought, 'What will she do with her life? Was God going to take her away or not? Was she was going to live or not?'"

A team of Peruvian doctors believe Milagros is the perfect candidate for surgery to separate her legs — something that has never been tried before in Peru.

They plan to attempt the operation Feb. 24 and hope that after a few years of treatment, Milagros will be able to live a normal life.

"Our dream is for Milagros to be

able to run, walk and play like every normal child," said Dr. Luis Rubio, the leader of the medical team.

Milagros, who looks months younger than her actual age, was born with a rare congenital defect known as sirenomelia, or "mermaid syndrome." The condition occurs in one out of every 70,000 births and there are only three known cases of children with the affliction alive in the world today.

The deformity is almost always fatal within days of delivery due to serious defects to the vital organs. But Milagros — whose name means "miracles" in Spanish — has survived.

Although most of Milagros' internal organs, including her heart and lungs, are in perfect condition, she was born with serious internal defects, including a deformed left kidney and a very small right one located very low in her body.

In addition, her digestive and urinary tracts and her genitals share a single tube.

Sirenomelia is usually fatal because of complications associated with abnormal kidney and bladder development and function.

Milagros' doctors have managed to stave off kidney and bladder infections, allowing her to continue to gain weight and grow, Rubio said.

His medical team has been studying the case of Tiffany Yorks, a 16-year-old American girl born with sirenomelia whose legs were successfully separated when she was a baby. Rubio said Yorks' surgeon, Mutaz Habal, has provided invaluable advice to the Peruvian doctors.

"There is not a great amount of experience with this in the world," Rubio said. "It is also unique in our country."



Peruvian doctor Luis Rubio plays with nine-month-old Milagros Cerron, in a public hospital in Lima, Peru on Friday.

Togolese, African Union protest intervention

LOME, Togo (AP) — A strike shut down the main market and other businesses in the capital Tuesday, a day after the son of Togo's longtime leader was sworn in as his successor in a move criticized by other nations as unconstitutional.

The strike was called by opposition parties. On Monday, security forces turned back hundreds of protesting students who had tried to disrupt the swearing-in ceremony of Faure Gnassingbe.

Gnassingbe's father, President Gnassingbe Eyadema, died of a heart attack Saturday. Hours later, the military installed Gnassingbe, although the constitution stipulates the parliament speaker was next in line for the presidency.

Authorities say all passengers dead on crashed Afghan plane

KABUL, Afghanistan (AP) — All 104 people aboard an Afghan airliner that hit a snow-covered mountain last week are dead, authorities said Tuesday, confirming the country's worst air disaster.

NATO and Afghan soldiers managed to inspect the crash site, 20 miles east of the capital, Monday, finding human remains among the scattered wreckage and deep snow, but no signs of life.

"The troops found that no one was left alive from the crash," said a statement from an Afghan government commission investigating the disaster, offering condolences to the victims' families. "Now the search and rescue operation is complete, the recovery operation has started to investigate the cause of the crash."

The Boeing 737 operated by Kam Air, Afghanistan's first post-Taliban private airline, vanished from radar screens Thursday after it approached Kabul airport in a blizzard from the western city of Herat. There were 96 passengers and eight crew on board, most of them Afghans, but also including nine Turks, six Americans, four Russians and three Italians.

Afghan authorities say the cause



Local people walk through snow in Chaperi area near the place where an Afghan airliner crashed in the mountains east of Kabul, early morning Tuesday. Fresh snow dimmed hopes that troops could retrieve the bodies from the wreckage of an Afghan jetliner.

of the crash remains a mystery and they are calling in U.S. experts to help investigate. The aircraft's flight recorder has yet to be found.

NATO helicopters spotted part of the wreckage on Saturday, but freezing fog, low clouds and up to 8 feet of snow have limited their visits to the scene to just a few hours so far.

The commission said Tuesday

that the plane hit near an old military lookout dating back to the Soviet occupation of the 1980s and that the site was mined.

Relentless snowfall kept government troops from scaling the 11,000-foot Chaperi Mountain anew Tuesday, and it grounded NATO helicopters poised to ferry medics and investigators from Kabul airport.

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Electronic edition
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Read Balanced Life Sunday

ChalleNGe Academy gains support at the state Capitol

Legislative study committee members OK resolution

BY JANET L. METZNER
The Dominion Post

CHARLESTON — The movement to dub Mountaineer ChalleNGe Academy an official alternate education site for West Virginia public schools is gaining momentum at the state Capitol. On Monday, 25 legislators, members of a legislative study committee, unanimously approved a resolution announcing

the committee's support of the idea, said Delegate Larry Williams, D-Preston. "This shows added support for the issue and hopefully it is sending a message that the Legislature and administration is considerably united on seeing this come to reality," said Williams, who is vice chairman of the House Education Committee. Williams and committee members, and staff, are spearheading the effort to allow public school systems to refer their at-risk students to the military-style education program. At the academy, students can earn a GED, learn discipline and gain a

sense of purpose, academy administrators say. The resolution, proposed by Delegate Kelli Sobonya, R-Cabell, after Williams updated the committee on his effort, now goes directly to the West Virginia Board of Education whose members give the final OK on the arrangement, Williams explained. With this rate of support, Williams said, the process could be approved within a few weeks, in time to recruit a larger class this spring. The current class began with 113 students. By last week, the third week, 100 students were left, said

academy Director Hugh Dopson. Administrators would like to graduate at least 100 students per class, and could accommodate classes that begin at 150 to 160 students, Dopson said. The program has graduated 1,387 students since it began in 1993, but has had slots to graduate 900 more. Under the plan, the school system keeps the student on their roster, and the public school system keeps the state funding for that student. The academy benefits from higher enrollment, and the program is used to its full potential, Dopson said.

Currently, most students are referred to the academy by word of mouth — by family members of former students. Jack Wiseman, who works with Secretary Kay Goodwin in the Department of Education and the Arts, said department administrators support the arrangement. "We're all for this," he said. The former principal at Ripley High School in Jackson County replaces first lady Gayle Manchin as special projects coordinator. That position is known as the WVU PASS coordinator. "A kid comes in for 'at risk,' and right now he has to be count-

ed as a dropout," to attend the academy, Wiseman said. But with the proposed arrangement, "We can send a kid up there, we don't count a dropout, and the county still gets the money for the state because they are still enrolled." Williams said he is trying to get the arrangement made without legislation, by talking with officials at the state board of education and legislators. If that doesn't work, legislation could be proposed, Williams said. Sixty percent of the academy's funding comes from the Army National Guard, and the state matches 40 percent.

Independence Air adds destinations, hopes to fill seats

Airline cut flights from Charleston to D.C. in half

MCLEAN, Va. (AP) — Fledgling low-fare airline Independence Air announced a major expansion of its route network Monday, adding a series of West Coast destinations that they hope will help them fill their half-empty planes. The expansion comes despite unanswered questions about the airline's financial health. The airline's parent company, Flyi, Inc., had previously warned that airplane lease payments due in January might force a bankruptcy filing. The low-cost airline is also cutting its daily flights between Charleston, W.Va., and its hub at Washington Dulles Airport from six to three. January has come and gone, and the airline never filed for bankruptcy, but airline officials will not comment on the status of those lease payments, except to say that restructuring efforts are ongoing. Beginning in April and May, the airline will add service to San Diego, San Francisco, Los Angeles, Seattle and San Jose, using a fleet of 12 brand new Airbus planes seating 132 passengers. The airline previ-



AP Photo
Employees of Independence Air gather to watch the airline's inaugural flight curbing ceremonies at Washington Dulles International Airport in Chantilly, Va. The beleaguered low-fare airline announced a major expansion of its route network Monday.

ously announced service to Las Vegas beginning next month. Flyi expects the Airbus planes to complement its fleet of 50-seat regional jets, which fly to a variety of Eastern cities from the company's hub at Dulles International Airport, near Washington, D.C. Company spokesman Rick DeLisi said the Airbus planes and the West

Coast destinations should help the airline generate increased traffic throughout its network. "This has always been part of our original plan," DeLisi said of the West Coast expansion, though the company has had to scale back its Airbus acquisitions because of its financial woes. He said the company already has

seen a lift from its Las Vegas addition. "It's not only a generator of business, it generates interest," DeLisi said. "And it gives people a great opportunity and attractive destinations to redeem" frequent-flyer miles. The airline badly needs to attract more passengers. Its load factor in January was about 46 percent, meaning that planes are flying at about 46 percent capacity. The industry average is about 70 percent. The company is projecting a load factor in March above 60 percent, thanks in part to its new Las Vegas service as well as a recent fare sale. Anthony Cristello, a Richmond-based analyst for BB&T Capital Markets who follows Flyi, said it remains to be seen whether the new destinations will generate enough traffic and enough revenues to keep the airline afloat. The airline continues to offer deep fare sales to draw passengers, Cristello noted. "They are still in a 'Let's gain some passenger traction' mode," Cristello said. The problem is, nobody knows exactly how the company stands on a cash flow basis, so it's difficult to gauge how long it can continue to offer massive fare sales just to build its passenger base, he said.

Suspect in fatal domestic shooting found dead

KENOVA (AP) — The body of a Wayne County man accused of killing his wife in their home last month has been found. Through dental records, the state medical examiner's office has identified the body as Richard "Rick" Pennington Jr. Two men reported finding the body Monday near the water towers where U.S. Route 52 and state Route 75 intersect, said State Police Trooper Todd Berry. No identification was found on the body, but Berry said the clothing matched what Pennington was wearing Jan. 12, the day Andrea Pennington was killed and the last time anyone had contact with Rick Pennington. "It looks like it was a self-inflicted gunshot wound," Berry said Monday. "And it appears that the body had been there a while. We're still waiting on the coroner's report to learn more." Police had been in contact with Rick Pennington via cell phone the day his wife was killed. Cabell County 911 administrators contacted the cellular provider Ntelos to get Pennington's location, but the company

would not immediately provide the information without a subpoena due to legal concerns, Huntington television stations reported Tuesday. Andrea's father, Glenn Jividen, said he had mixed emotions about the discovery of Pennington's body. "It's bittersweet at the best," he said Monday night. "None of this should have ever happened." Jividen said he believes the system failed his family. "We need some laws changed to better protect the innocent victims of domestic violence," he said. State Police confirmed that Rick Pennington had violated a domestic violence protective order by visiting Andrea Pennington that night. Wayne County Magistrate Court records show that warrants for his arrest were issued Dec. 26 and Jan. 11 regarding unlawful physical contact with his estranged wife and causing her physical harm. The Pennington's had two children, a 14-year-old girl and a 12-year-old boy. "I just want what's best for the children," Jividen said.

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Sun causes 2 accidents on Interstate 68 in Preston County

The Dominion Post
In an odd switch for February in Preston County, it was the sun, not the snow, that caused two accidents on Interstate 68 Monday morning. "Motorists are urged to use caution when driving eastbound on I-68 during the early morning hours,"

investigating officer State Police Trooper I.M. Harmon said. Harmon said two accidents about 10 minutes before 8 a.m. Monday were caused when the lead car in each slowed "due to being blinded by the sun on the crest of a hill, leading to a rear-end collision."

Sharing some love

Dr. Scott Meit (from left), director of Behavioral Sciences Education at WVU, Susan Fox of Stepping-Stones, Ryan Murphy, resident at WVU and Brandi Potock, of Family Resource Network for Monongalia County, package Valentine's bags for elderly clients of In Touch and Concerned. The effort was coordinated by the Corporate Volunteer Council of Morgantown, which plans monthly volunteer projects for its members.

Pullout map added to state travel guide

CHARLESTON (AP) — A new feature has been added to the 2005 edition of the state travel guide to help visitors find the places they want to visit: a pullout map. The 250-page "Wild and Wonderful" travel guide also has an expanded calendar of events, along with articles and photographs, the Division of Tourism said Monday. And there is a new travel region, the "Hatfield-McCoy Mountains," which highlights attractions in Logan, Wayne, Boone, Lincoln and Mingo counties. The region formerly was part of the "Metro Valley," which also includes Kanawha, Putnam, Cabell and Mason counties. "This is the state's primary vacation planning guide," said Steven Keith, advertising manager for the division.

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Rice tells Europe it's time to abandon past disagreements. Page 8-D

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Blood cells in urine may not mean infection



DR. PETER GOTT

DEAR DR. GOTT: I'm an 80-year-old woman who has been plagued by urinary tract infections (UTIs) for the past five years. My family doctor treats each bout with antibiotics but I continue to have white blood cells in my urine. When I asked him what I should do, he replied: "I don't know." Can you help me?

DEAR READER: I'll try. I'd first like to make sure that you are, in fact, having repeated UTIs. Therefore, I recommend that you have a urine culture when and if you have symptoms, such as burning and frequency. Many older women will show white blood cells in the urine. This is harmless and may simply reflect that the urine sample was improperly obtained. A urine culture, during which the laboratory attempts to grow and identify any bacteria, will tell the tale. If infection is present, the lab will test the bacterial sensitivity and inform the physician which antibiotic would be the most effective antidote. If, on the other hand, the urine is sterile (as it should be), no therapy is necessary.

I also recommend that you check with your gynecologist because, due to the lack of estrogen, post-menopausal women are more susceptible to UTIs. If this is

a factor in your case, the use of an estrogen ring or cream may solve the problem.

In summary, I urge you to have urine cultures and a consultation with a gynecologist. The specialist should be able to assist you, or send you to a urologist for a second opinion.

To give you related information, I am sending you a copy of my Health Report "Bladder and Urinary Tract Infections." Other readers who would like a copy should send a long, self-addressed, stamped envelope and \$2 to Newsletter, P.O. Box 167, Wickliffe, OH 44092. Be sure to mention the title.

DEAR DR. GOTT: After two weeks of nonstop nightly leg cramps, I decided to try your sheet/soap treatment. It worked! I haven't had a cramp since. You may be interested to learn that I used Dial soap, a product that you originally indicated was ineffective.

When I relate this treatment to other people, I wonder if they believe they should call the nearest therapist and get me into treatment.

DEAR READER: I, too, sometimes get that feeling.

But it passes.

Thanks for sharing your experience and getting Dial off the do-not-use list.

Wednesday, Feb. 9, 2005



BERNICE BEDE OSOL

Someone who has considerable clout in your chosen field of endeavor may take a special interest in you in the year ahead. Cultivate his or her attention to you because the results of this alliance will prove very beneficial.

AQUARIUS (Jan. 20-Feb. 19) — Although you probably have your normal ways of making money, today you will envision new ones to add to your resources.

PISCES (Feb. 20-March 20) — Leave your day open for spontaneous activities that pop up, because they'll be the ones that will hold the greatest promise.

ARIES (March 21-April 19) — Although unexpected circumstances may develop in a way that would enable you to tie something down, you'll be the one who starts the ball rolling.

TAURUS (April 20-May 20) — Bumping into friends you haven't seen in a long time may be the order of the day today.

GEMINI (May 21-June 20) — Be watchful today for two career opportunities. One will pertain to a current goal, and the other with an ascendancy of status.

CANCER (June 21-July 22) — You have the happy faculty

today for saying all the right things at the right time to companions, which will result in uplifting their spirits.

LEO (July 23-Aug. 22) — Something of significance to you, but also to several others, may undergo a favorable change today.

VIRGO (Aug. 23-Sept. 22) — Get involved in activities today that could provide you with the opportunity to meet new people.

LIBRA (Sept. 23-Oct. 23) — Matters that could have an immediate but pertinent effect on your work should be taken care of ahead of all other jobs today.

SCORPIO (Oct. 24-Nov. 22) — Enterprises that may be a bit daring, but innovative, are the ones that are likely to work out the most successfully for you today.

SAGITTARIUS (Nov. 23-Dec. 21) — If you are anxious to get the consent of the entire family regarding a change you would like to make, do so today.

CAPRICORN (Dec. 22-Jan. 19) — What makes you such a successful producer today is that you'll be a fast thinker with profound judgment about how to implement that which you conceive.

CROSSWORD

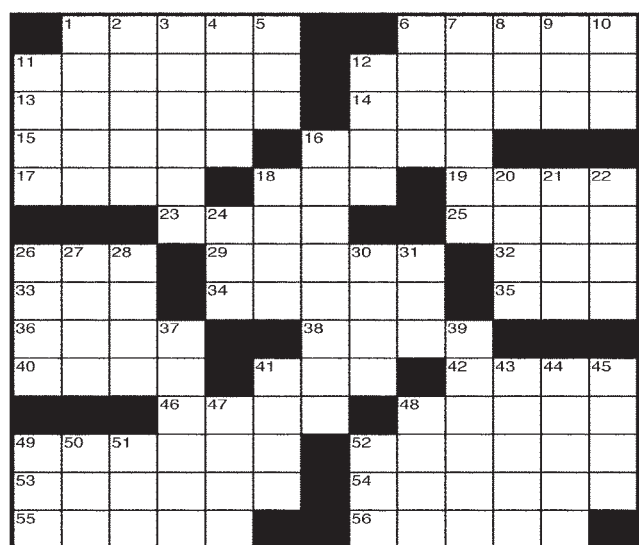
- ACROSS**
- Form a gully
 - List parts
 - Set a market value
 - Paying guest
 - Makes a speech
 - Wrenches
 - Generator part
 - Not bogus
 - Sink part
 - Legal matter
 - Nervous
 - Have a rash
 - Lox locale
 - Short haired
 - Dazzle
 - Broom companion
 - Lilly or Wallach
 - Surprise win
 - Mantra chants
 - Ice Follies venue
 - Tints
 - Vincent van
 - Craven or Unsel

Answer to Previous Puzzle



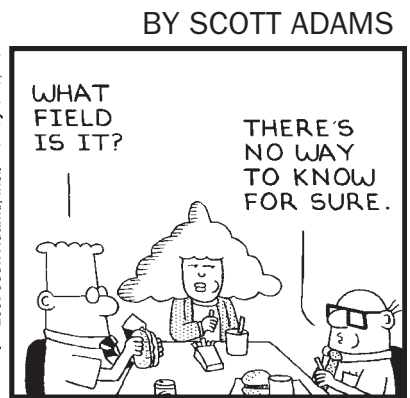
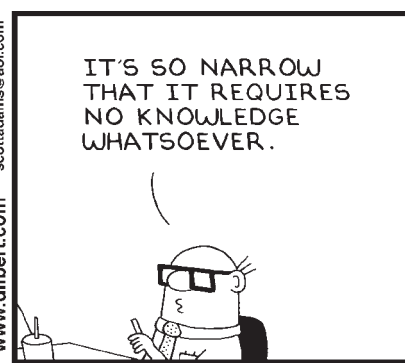
- DOWN**
- Slip-up
 - Lasso
 - Many-armed animals
 - Forest ruminant
 - Journal VIPs
 - Des Moines locale
 - Plugged away
 - 911 responder
 - Got acquainted
 - Almost grads
 - Wharf locale
 - Hwys.

- Goes over again
- Mounties
- Promo tape
- Latch onto
- Wharf locale
- Small barks
- Frat letter
- Ice mass
- Potpourri
- Sweet cherry
- Europe's lover
- Riviera summer
- Tan slacks
- Everest guide
- Had a turn
- Crocks
- Rock musician
- Cooper
- Lucy Lawless role
- Carpenter's jaws
- Hay bundle
- Mountain pass
- Lawyer's org.
- Go one better
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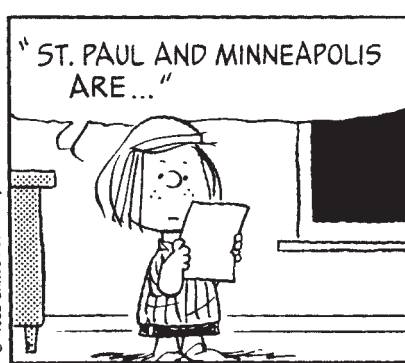
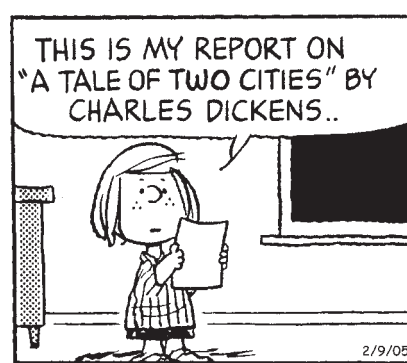


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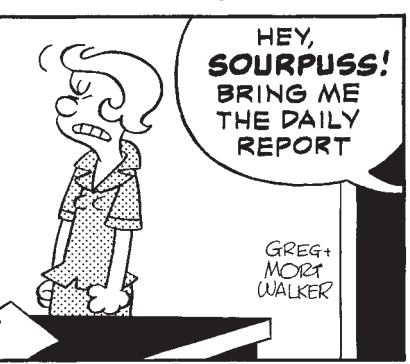
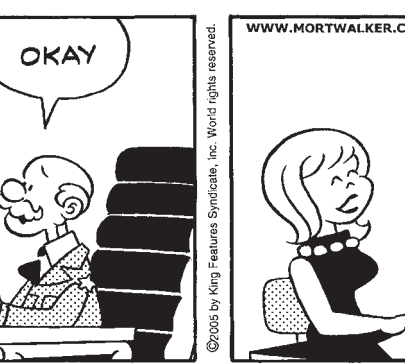
PEANUTS



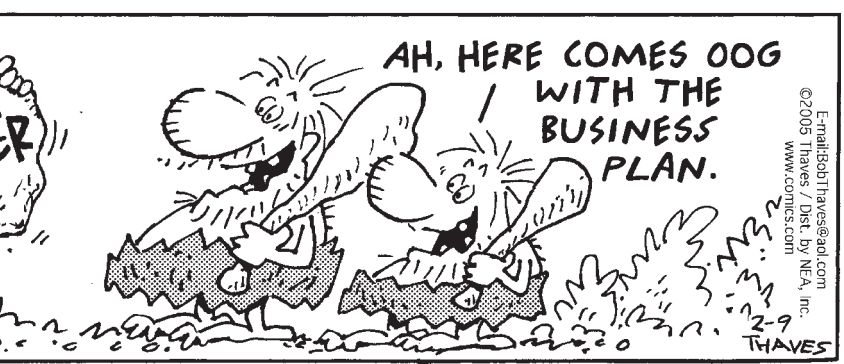
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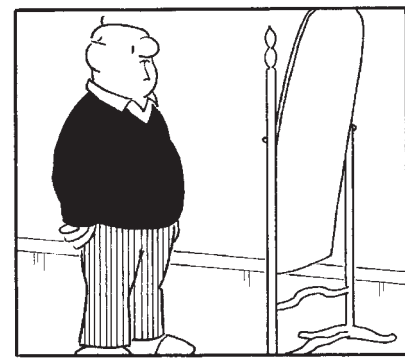
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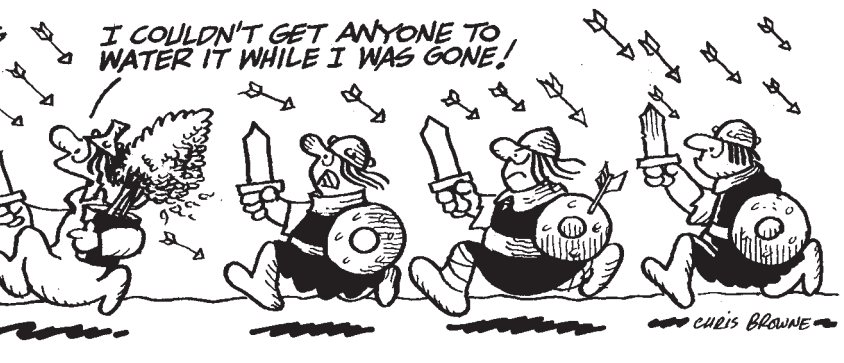
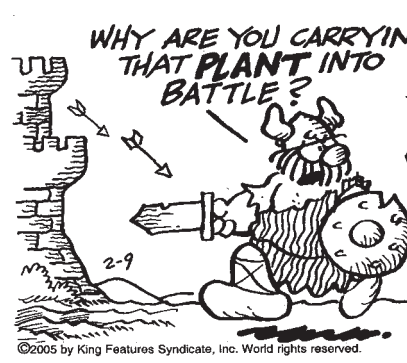
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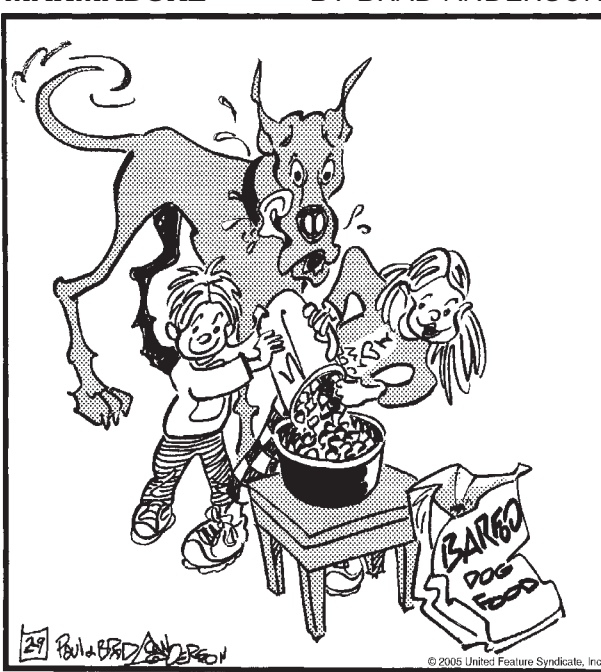
BORN LOSER



HAGAR THE HORRIBLE



MARMADUKE



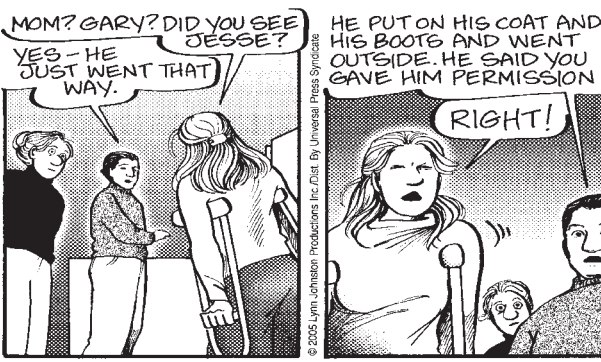
CATHY



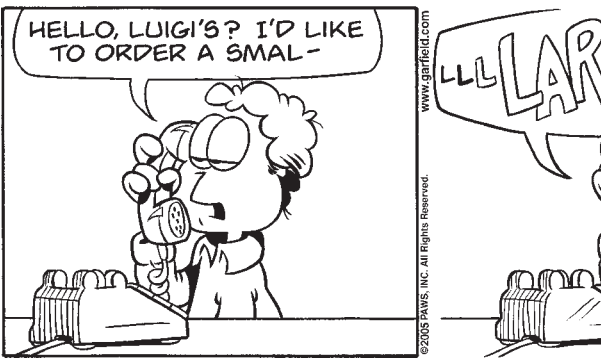
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A₁ A₁ E₁ I₁ D₂ N₁ G₂

E₁ E₁ L₁ N₁ V₄ T₁ V₄

PAR SCORE 110-120
BEST SCORE 163

FOUR RACK TOTAL
TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 3rd Edition.

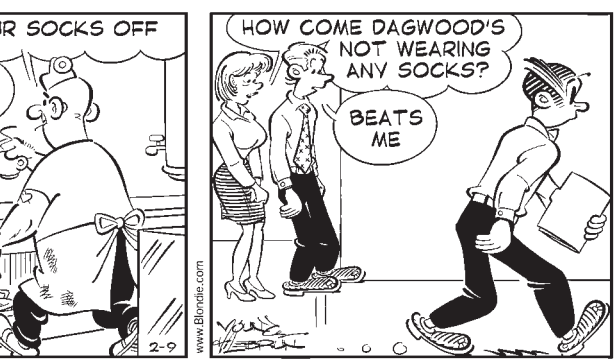
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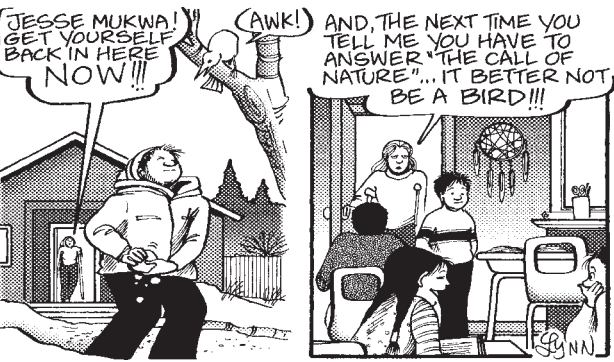
FAMILY CIRCUS BY BIL KEANE



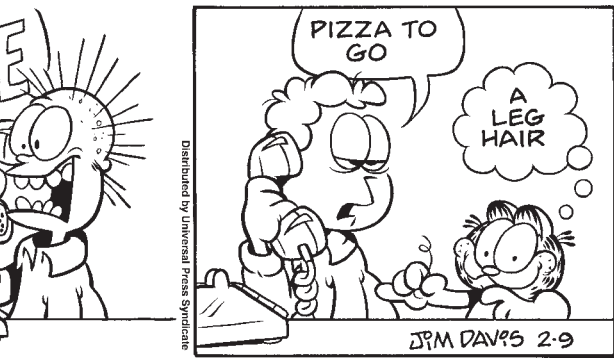
BY DEAN YOUNG & STAN DRAKE



BY LYNN JOHNSTON



BY JIM DAVIS



Phone service restored as life returns to normal in Nepal

King seized control of nation last week

Associated Press

KATMANDU, Nepal — International telephone service in Nepal was restored Tuesday, one week after King Gyanendra seized control of this Himalayan nation — imposing emergency rule and ordering a communications blackout.

Meanwhile, a group of nine U.N. human rights officials criticized the king about the government ouster, calling it a setback for democracy. But some Nepalese say it may bring stability and revive the vital tourist trade, which has been flagging due to the conflict.

Nepalese authorities must "reaffirm the basic principles of the rule of law, democracy, and supremacy of the constitution, as well as to guarantee basic human rights for all its citizens," the officials said in a joint statement.

The king's takeover followed allegations that the government failed to control an escalating Maoist insurgency or conduct parliamentary elections. Dozens of opposition politicians have been detained or put under house arrest, press freedom has been curtailed and anti-government activities banned.

Hundreds of thousands of Nepalese living overseas had been unable to contact relatives since Gyanendra's crackdown, which followed the ouster of the country's



AP Photo

Armed police officers stand guard near the Royal Palace in Katmandu, Nepal on Sunday. The Nepali government said Sunday that security has been heightened as the army cleared several highways of bombs and continued operations against the Maoist rebels.

previous government led by former Prime Minister Sher Bahadur Deuba.

"It was a relief to talk to my son in America ... he was so worried hearing about the news from Nepal and not being able to find out how we were doing," said Shanta Tuladhar, a housewife who made the call from an Internet cafe in Katmandu. Like many Nepalese, she does not have a telephone at home.

Rice tells Europe it is time to abandon past disagreements

Overture meant to mend fences with U.S. allies

Associated Press

PARIS — Trying to mend fences with Europe, Secretary of State Condoleezza Rice said Tuesday "it is time to turn away from the disagreements of the past" that alienated longtime allies over the U.S. invasion of Iraq.

France was the most vocal opponent of President Bush's handling of the war with Iraq, and the new secretary of state deliberately chose Paris for the major address of her first official tour of Europe.

But Rice did not back down from Bush's pledge to spread freedom across the globe and added a challenge to Europeans.

"America stands ready to work

with Europe on our common agenda and Europe must stand ready to work with America," she said in a speech at Paris's Science Politique.

"After all, history will surely judge us not by our old disagreements, but by our new achievements," she said.

Science Politique, known in France as Science Po, is a school of political science that has been at the center of recent debate about America's reach. Some 500 students and intellectuals were attending and Rice was to take questions from the audience.

Following her speech, Rice answered a series of questions, ranging from Iraq's effort to establish a democracy to the development of biological weapons. She told the students that the Iraqis would now engage in a process to form a government that was not at odds with religion.

Suicide bomber kills 21 Iraqis at recruiting center

Two Kurdish politicians gunned down

Associated Press

BAGHDAD, Iraq — A suicide bomber blew himself up in a crowd of Iraqis outside an army recruitment center Tuesday, killing 21 other people and injuring 27 more, the U.S. military said. It was the deadliest attack in the Iraqi capital since last week's election.

There were conflicting reports about the attack, which occurred at an Iraqi National Guard headquarters at the Muthana airfield. Iraqi officials blamed the explosion on mortar fire and officials at Baghdad's Yarmouk Hospital said they had received 16 bodies from the scene, all of them army recruits.

But witnesses reported only one explosion, and the U.S. military said the blast was caused by a suicide bomber.

The al-Qaida in Iraq terror group, led by Jordanian militant Abu Musab al-Zarqawi, claimed respon-

sibility for the attack in an Internet statement.

"This is the beginning of the escalation we promised you," said the statement posted on an Islamic Web site. The claim's authenticity couldn't be verified.

Elsewhere, three police officers were killed in clashes in Baghdad's western Ghazaliya neighborhood, scene of numerous clashes and assassinations during the past six months.

Also Tuesday, assailants sprayed a politician's car with gunfire, killing two of the man's sons, an Interior Ministry official said. The politician, Mithal al-Alusi, who heads the Nation party, escaped unhurt.

He gained notoriety last year after he was expelled from the Iraqi National Congress party for attending a terrorism conference in Israel. Al-Alusi is one of the candidates who ran in Iraq's landmark Jan. 30 elections.



AP Photo

The Iraqi coast guard cruises the Shatt al-Arab River near the southern city of Basra, Iraq, checking boats for petroleum export licenses and protecting oil installations Tuesday.

On Monday, gunmen killed an Iraqi chef employed by U.S. forces at Baghdad International Airport, hospital officials said Tuesday. In

Mosul, two Kurdish politicians also were gunned down Monday, said an official from the Kurdistan Democratic Party.

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